

## **How to Recognize Your Guru**

### **By Sri Sadguru Sivapremanandaji**

Video Link: <https://youtu.be/7y23c5JCRn0?si=VBn5FB85jWlCdU77>

How I know who is my Guru? How to find who is my Guru? This is very challenging. It's very, very challenging to the people that who is really my Guru? How I should find? You see that if you start finding with your own consciousness whom you are going to get? A similar person with a similar consciousness. If you are believing that on the spiritual path Brahmacharya is very important. I should take a bath regularly. I should do the Sri Chakra Puja regularly. If I am not going to do Divine Maithra, he is going to get anger and I will not. If you have this belief you go to the one master. He is telling the same thing. You should maintain the Brahmacharya. You should be careful. You should maintain all the rules and regulations. Then you see that. He is my Guru. It is said, Yad Bhavam Tad Bhavati. Even it works in choosing the Guru. You got this point? So, this is very important. if you see your friend circle . who is going to be your friend who has the same mentality . So, Guru is also, if you choose a Guru, you will choose a master of a same vibration. If the master is also vibrating with the same thing, how he can lift you to the higher level? That is the question. Yes sir? If he is at the same thing, he cannot lift you. With the same consciousness, same he cannot lift you. He should be somewhere above you, at the energy level, at the conscious level. Then he can raise your soul, raise your vibration. So, Sadguru Thirumoolar says very clearly in his Thirumantram, the moment you go to the Guru, your questions are answered without asking. You go there, your monkey mind becomes so peaceful and joyful. You go to a Guru where you get a great clarity that you are not left with any questions. Then you know that you found your master . It is not something what you think. It is something beyond that, where you go from this, you should experience that blissful, peaceful awareness in his energy, where you have a very great clarity . Then, yes, all my energy blocks, mind blocks are removed. Yes, I am ready for that. Next time. Where he could able to give you glimpses of the truth or experience of the truth. So, it is said by Sadguru that if you are having these experiences under a Guru or Master, then you know that there is a soul is receiving the grace of that Parama tattva . this is very important question in our life. If we do not understand this, then what happens, we just go on choosing the Masters. But truth is that, it is Master who chooses with his experience, with his prana, with his consciousness, he pulls you into that. And very important qualities of the Masters. What are the important qualities of a Master is that he should have a great clarity.

First thing Whatever you ask, he should be able to give a clarity on that topic. He should make your mind free from that is the first thing. Second thing is he should have a purity. Purity don't come from just talking. He should be a great Sadhak. It comes from Tapasya. Then only you experience that lift , that joy, that bliss, when you do the Sadhana, given by that Master whose soul is self-purified. Whose soul or I can say is a minded body that is self-purified, aligned with that great purity of the soul. These are the first two qualities. Then the third quality is, he should be compassionate and should be concerned for your enlightenment. He should not be concerned about his own personality. . he is not concerned about his words. He should be concerned, praying for your well-being, for your spiritual growth. These three are very important. And a Master can attain the clarity if he experiences the truth. If he don't have an experience of truth, there is no clarity. He is also confused. A blind guiding another blind and both are going to reach where? Only the darkness, no light. No knowledge, no liberation. So, these are very important qualities. When I was doing my Sadhana, when I was taking the training under my Master, she told me, when she handed over all these teachings, all her powers to me, she told me that, I have seen many students here, they have a greater wisdom than you. They have reached more psychic ability than you. But they don't qualify for this teaching because their heart is not yet reached to the compassionate state. That is how she chose me. It is not how much I am knowledgeable person, how many books I can write. No. How much I concerned for the other. That is the quality. And she told me, I can give you all the experience. . then one by one, I started receiving all the Samadhis. Even she lifted me to Om Samadhi, this ultimate, where you experience the pleasure, ultimate pleasure that you cannot find in this world. . If I have a pleasure in some worldly things, if it is peak of that if I compare this to my Om Samadhi, it is million times more. Million times? And she told, until you don't experience the Om Samadhi, you are not ready to teach. Because still you will be seeking the pleasure outside, no? So you are not qualified to give. So that is what she meditated with me , so that she can lift me to that state of consciousness where I really don't want to open my eyes and I want to come back to this world. So much pleasurable, blissful, joyful, amazing, what we call Om Samadhi. . that is the first gift given by Sadhguru during that, that Om Nada. But with the help of Shivagami, with her grace, continuous support, continuous push-up from her energy, from her soul consciousness, from her intention, lifted me to a level where I experienced now I can give to others. I can prepare and give to the one who is deserved for that So these are all the on the path of spirituality, on this training to become a master, to guide to the other people, where you will learn all of

this. So these qualities are very important, where he should have a clarity, he should have a purity out of his Tapasya, out of his Sadhana. And third thing, he should have a compassionate heart, plus other things. But these are the main three qualities that is needed into the masters . Another quality of a master is unconditional love. There is no conditions from this side because why I need a conditions from this side? There is no question. This is your journey to your self-realization. It is your path to self-realization. It is your path to Shiva Shakti. My only job is to help you and guide you. So I don't have any conditions from this side. So I only say you that just drop that guilty feeling, let go, accept the Divine Grace and have a sincere prayer to Divine Mother to guide you and start your Sadhu.