

## **Siddha Science of Manifestation**

*By Sri Sadguru Sivapremanandaji*

Video Link: <https://youtu.be/Yfdp3utU5ks?si=q7jXSUv14JugVTPN>

Shivoham to all of you. Today I am going to discuss about Siddha Science of Manifestation. This is called a science of manifestation because it is based on the universal law of karma, universal law of vibration, universal law of attraction. So here basically we have a four type of problems, if I categorize them, health problem, money problem, relationship problem and spiritual problem. When I say health, it includes all physical, mental, emotional and energy. When I say money problem, it is related to career and business. When it comes to relationship, it is with the self, relationship with myself or with your thoughts, with your feelings, with your body and how you pursue the world, the relationship with the world. That's the first thing. Then your relationship with others, your family members, in outside world with the neighbours, in your job and all that nature around you. Then it is coming to spiritual means, it is more of an invisible, like all type of weaknesses that you carry as you are born on this earth. Weaknesses means that is explained in the horoscope as Navagraha dosha, Vastu dosha and Pitru dosha and all other curses that you carry in your blueprint of the soul. So that is and also some people undergo a psychic attack and tantric attacks like called black magic. All that comes in a spiritual, okay. So these are the spiritual. So these are the four problems most of us undergo and very important thing we need to understand is there are only two blocks that we need to remove to receive the solution to these four types of problems. What are the two blocks? One is a subconscious block and another one is a karmic block. So subconscious block due to the limiting belief that we carry in our subconscious mind. It could be due to your childhood where you brought around, where you brought by your parents, your relatives, friend circle, all that programming is stored in your subconscious mind that may carry the limiting belief. There is an example if I can give, some of you may have a communication problem or you are introvert and you are desiring to have a promotion in your company and that company the job required very good communication skills. You have all the qualification for that job but you believe that you cannot manage that position. You are not capable for that promotion because you lack the communication skills. But when you see your qualification and all the skills you are able but because of your childhood belief, you hold that block and you create a problem for yourself. So that is one of the example I can give with a limiting belief. But there is a possibility there

are many people who don't have that communication, still they are managing their job or you have a choice to improve the communication skill and do better in that job. But many of us so much involved with that belief, acceptance even they don't make a choice to improve or change that limiting belief. So like this many people have a different type of beliefs. We have seen many highly qualified persons, they have a limiting belief of a childhood when their friends circle are telling that you are very innocent, you are this person, you are that person. We hold all those blocks within us and they become a block to manifest what we want. This is one of the important things. So first block is subconscious block. Another block is a karmic block. Karmic means whatever you carry from your past life, the karma means the action that you have done in your past life or present life. When you say past life karmas that can be a block or present life what you are making the choices and taking the action that is also your karma. So there are two blocks. One is a subconscious block and karmic block. Some people they don't have a subconscious block. They are very intelligent. They don't have a limiting belief and all. They are putting all the effort to get a promotion but they don't get it because they have a karmic block. We need to understand what is the cause of our problem whether it is a subconscious block and karmic block. Second thing, the question will come, why we have these blocks in our life? Why there is a subconscious block? Why there is a karmic block? This is because we have a life lesson to learn on this earth. Earth is a school where we have come here to learn the life lesson and why this life lesson? Because these life lessons help us to understand who we are. We are a spark of a Shiva Shakti. We are a soul taking this human body and mind doing or came on this earth to have a experience here. Third dimension experience or the earth experience. But as we come here we forget our divinity. We identify ourselves as a human body and we identify ourselves to the certain role like an engineer, doctor, male, female, Indian, you know, American, good person, bad person, this, that. Then we lost our reality. To awaken us, to understand ourselves, we face these problems. Actually, we came on this earth to fulfill certain desires. Otherwise, we don't come on this earth. If there is a desire, then we are here. But when we are here, we also have life lessons. So, if you here for example, the person is believing that he has a communication problem or she has a communication problem, he cannot get promoted. Here, lesson of self-acceptance is there. He has to go beyond his physical identity. He has to go beyond his thinking. He has to seek who is he. You know, he is a divine infinity being. He is a soul beyond that. He is all-powerful. He can manifest whatever he wants. That self-acceptance is needed. Some people, they don't accept their own physical body. Relationship problems will start until unless they accept their physical

being. Some people have very negative thoughts about themselves. They don't respect their goals. They don't respect their own feelings. Then relationship issues happen. Similarly, some people have a abusing their own physical body. They are not taking care of themselves, physical being or not following the healthy laws where they have made to suffer with a certain health problem. Then they start taking care of their physical bodies, start exercising, going for yoga, eating a good food and all. Then they understand the value of their physical body. Then they also go beyond. When they started healing themselves, they understand they are not just a physical body. They are beyond that energy body, astral body, mental body. Ultimately, they are the divine beings of consciousness. Then comes the self-love. Many people have. This is the biggest problem in the relationship problems. They don't accept care and they don't love themselves. As I told you, loving means it's not just emotional. It is how you value yourself, your thoughts, your feelings and all of that. I will go in detail in another video about the self-acceptance, self-care, self-love, self-forgiveness and self-awareness. Many relationships need forgiveness. Parents and children need forgiveness. Husband and wife need forgiveness. Because we are not just a physical body. We are also energy body. We are connected with the energy threats. If you don't forgive each other, then we hurt each other energetically. Even the person is not physically present here. But if you think about that person and you have a very bad experience, then what happens? Automatically, you start feeling all those negative feelings because you are energetically connected with the God. Until and unless you don't forgive and disconnect that God, you don't overcome those feelings, those psychic impressions. And those psychic impressions, if you store them in your astral body, they create an imbalance, disease and it will be again a lesson of self-care. Then the last one is self-awareness. Who you are, life will come and teach you that. You are not just a physical body. You are beyond that. You are a Nirguna Nirakara Parabrahma Swarupa But what happens, we only focus on the physical level and we try to fix the problems. And as we do this, it has become very difficult. And as we wanted to fulfill our soul with the pleasure of the body, pleasure of the senses, pleasure of the mind, but we don't find the true happiness. And until and unless we realize that we are not physical body, beyond that we are a soul, Sachidananda. And that permanent happiness what we are seeking is our nature and we are just here to experience the earth in this body. And once you bring that awareness and then you started overcoming your pleasure seeking, in all that action you do, you lift yourself to the higher dimension, start accepting the life as it is, not too much happy when you get what you want, not too much worried or disturbed when you got hurt or when you don't get what you want, what do

you really wanted in your life. Then you start balancing your life and shifting your awareness from outside to inside. This self-awareness is very important to overcome this spiritual suffering. That spiritual suffering is seeking and fulfillment. You start seeking one thing and once it is fulfilled, again new door of seeking will start, new problem will start. Again you run behind that. Like this our whole life is running for ourself, our family members and others and ultimately we forget who we are. It's not we came here only to realize the truth who we are. And we are that Sachidananda. We are that Nirguna Nirakara Parabrahma Swarupa. We are the true happiness what we are founding outside and many of us also don't understand the universal laws. Universal laws are very important here. One of the very important universal laws is entire world is run; entire world that we see outside is a temporary. Nothing is permanent there. Whether it is a physical body is not permanent, your thoughts are not permanent, the feelings are not permanent, people around you are not permanent, and places around you are not permanent. Whatever that is, nothing is permanent. In that impermanent world seeking you know happiness is the foolishness. That is an illusion. We are changing the illusion from childhood until now. We need to go back and search to the permanent. What is the permanent? That is the inner world. That inner world is not a physical. It is a subtle world of consciousness. That is where we bring the, we are awareness, we are consciousness, we are Nirguna Nirakara Parabrahma Swarupa and our nature itself is a bliss. So what we need know ourself, be ourself. That is the highest lesson we have on this earth. So we understood life problems, two blocks and why these blocks are there? Because of the life lesson, ultimate life lesson is Self-Realization and God-Realization that is Self-Awareness. And this entire universe runs with the universal law, especially law of karma, law of vibration, law of attraction. Now we will understand how to overcome this subconscious block. What are the tools we are going to use it? If I take an example of a job, I am not getting promoted with a job and every day it is said that you need to visualize, imagine what you want. For example, I want to get promoted. So I am every day go on visualizing. I am in my inner world. I have a, I got promoted for this position. So when we do that, at that time we face this hidden limiting belief. That is the real subconscious block. Once you visualize, you get to know about a limiting belief, hidden belief. So you bring the awareness, what is the real problem you are creating at the subconscious level? What is the block at the mind level? Then what we do? We become aware of that belief, negative belief and we let go and then we create our affirmation, intentions about manifestation. Then what happens? We release our subconscious block. So this is very important. First, discovering the hidden belief. Okay, how we are going to discover? You

are going to finding the problem and you are going to visualizing or imagining that what you want. If you don't have a job, you start visualizing you have a job that you want it. The nature of the job, what are the skills that are needed, what are the benefits you are going to get, what is the surrounding of that, the environment that you are seeking, whatever the positive mindset people are into, everything, the salary, everything you start visualizing. Then you get to know there's an inner negative voice, you are not capable of this, you don't have this skill, and this is not possible for you. Something it will say is I can't. So be aware and you let go. Awareness itself is a sufficient; you don't need to change your belief. You just bring the awareness, you let go and again you continue affirmation. Then you release your subconscious block. This is very important. Then comes karmic block. How we are going to overcome this karmic block? So karmic block is nothing but energy. Whether it's a past life or in the present life, whatever the actions that you have done physically, mentally, emotionally, energetically stored as a karmic impression, whether it's a past life or present life, this energy should be replaced with a higher energy. This karmic block is vibrating with a low vibration, low frequency, low energy. I need to replace this with a high energy. How we are going to do? One of the very important is the mantra japa. What are the mantras? Mantras are the vibrations, frequency of a divine consciousness, divine energy. So this higher energy, when we start chanting the mantra by taking a proper deeksha under the guidance of a master, our soul start empowered and this mantra energy start releasing this karmic block. Start burning the karmas, our past life karmas and present life karmas. And another thing very important is we have to dissolve the karma of a specific problem. For example, if I am you know not getting a job, and then I need to make an intention. I am doing this japa, this Moola Mantra Japa, whatever mantra you are doing it. Moola Mantra Japa to solve this problem, to release the karmic blocks related to that problem. Then you do the Moola Mantra Japa. Then what happens? There is a universal law of energy, where it says wherever the intention and attention there is the energy. So when you make an intention that my mantra japa energy should go to remove the karmic block of manifestation of a job, then your mantra energy, divine energy start going to that impression stored in your energy body, chakras, memories of the cells and start dissolving and it will make you to attract the right situation solving your problem. That's the one thing. Second thing is chakra meditation. It is a more of advanced sadhana, where we understand what are the chakras, we bring the attention, awareness to there and then we focus the chakras, bring the divine consciousness by chanting the mantras on the chakras. So we start installing the divine consciousness, divine energy, divine frequency, and divine vibration in our chakras. Chakras are like a

Shakti Sthala in our physical body, energy body, astral body, mental body. So in our being we have chakras, Shakti Sthalas that hold the positive karma and negative karmas. So I want to release this block related to certain karmas, then it is stored in my chakras. I bring the mantra japa to the chakras. So I make an intention, chant the mantra, focus the chakra and chant the mantra. To intensify, to bring the result to faster manifestation, we do the Havan. Havan means where we work with the fire element. Fire is a purest element and as the nature of fire is to burn, so we use the fire element with the mantra, with the intention to burn the karmic blocks 10 to 100 times faster. This Havan, yajna is a tool discovered by our rishis to dissolve all the negative karmas, negative psychic impressions, the entire problem related issues, all the spiritual issues and obstacles. So it is a very powerful tool. So we are going to do that. But there is one more thing, divine grace. Even I do all these tools, I use all these tools and also I remove the subconscious block. I also work to remove the karmic block but certain karmas are so sticky that without the grace of your Ishta Devata, without the grace of your Guru, it is not possible as an individual to overcome your karmic impression. So that is where the power of a divine grace. It says you are going to die in this. You have a alpayu. You cannot live long in this life. Your horoscope is predicting. You are putting effort in subconscious mind, removing that. You are putting effort to do the chakra meditation, moola mantra japa, everything. But still your efforts may not give a result. And that is where the grace of a Guru is very important. We have seen many people; their horoscope clearly mentioned they are a childless couple. They don't get a child. But by the grace of Thirumoolarji, by the grace of Jaganmata Lalithambika, they got the children. Like some people, there is a deadly disease they are undergoing. It is written they are going to die with that. There are certain, they are going to get accident and die. But by divine grace, it is possible to overcome. Because it's a universal law of a divine grace, it says that everything is possible. Nothing is impossible. So it's very important in a spiritual path, the grace holds the highest importance. Even we put all our efforts, but at the end we offer all the fruits of our mantra japa, meditation, havan, at the feet of our Ishta Devata Guru. Then what happens? Whatever we do, the sadhana that is going to be a successful by divine grace. Then comes the surrendering the results to the Divine. Many people don't know when to surrender themselves to the Divine. Many people ask me a question, Gururji, Divine Mother knows everything. Why should I visualize? Why I should do the mantra japa? Why I need to do the intention? All why I need to do? Divine knows everything. But what is important you need to understand, you came here to know yourself. You came here to learn the life lesson. If you don't do this visualization, you cannot understand the limiting belief. If you don't

understand the limiting belief, then you don't allow the divine grace, divine energy, divine blessing to help you to manifest. So many people don't know when to surrender. You can surrender at the last step. You do mantra japa and all the havan and all your duty. You do the visualization to release the hidden block and all. Then at the last you need to surrender your fruits to your Ishta Devata and your Guru. I have done all. I have understand the life lesson. I have understand the universal laws. I understand my hidden belief. I remove all of that. I sincerely work here. Now the fruits I'm offering at your feet, if I am please bless this for my highest good. That is the way you need to surrender. Not at the beginning only. Divine Mother knows everything. I just mother only clear. No. You came here. Mother has given you physical body. Shiva Shakti has given you intellectual ability. Shiva Shakti has given this beautiful universe. Shiva Shakti has given the Vedas. All the knowledge is already given. Only implementation is remained for us. Nothing new to be created. No new knowledge is needed. All Vedas, Upanishads, Bhagavad Gita everything already given to us. Only we need to apply it and solve our problem. Discover the truth about ourself. So many people ask when to surrender. You have to work out all this. Then the last you need to surrender. Divine Mother I have done my duty sincerely. I am offering these all the fruits of my Mantra Japa, all the fruits of my affirmation, all the fruits of my Havan, my Sankalpa, everything at your feet. Please help me to manifest for my highest good or something else better as per your divine will. This is the last thing. When we start working understanding the life lesson, understanding the universal laws, doing the sincere meditation, following the discipline, seeking the grace of a Ishta, seeking the grace of a Guru, then what happens slowly as we progress we start falling with our life purpose. Then we discover our life purpose by the grace and then we make our life successful. Then there is no need to come again on this earth because your desires will be fulfilled. When you say desires will be fulfilled it is not the desires of your parents, it is not a desires of the society, it is not the desires of the other people but it is your heart desires that need to be fulfilled so you are here. Then your life will be completed. So this is the Siddha Science of Manifestation. Now I request you again and again you watch this video, understand what are your problems, understand there is only two blocks, subconscious block and karmic block and then how to overcome subconscious block, how to overcome karmic block and how to make your life successful. So in another video I try to go with the life lessons and also I'm planning to make another video related to Sri Vidya Pillars because Sri Vidya Pillars has five points. One is a regular meditation, that is where we will help you to overcome the chakra, help you to overcome the karmic block and then we have a self-analysis, Swadhyaya, help you to overcome the subconscious

block and then we have a Moola Mantra Japa, Ajapa Japa, where it will help you to create a positive karma, dissolve the negative karma. Then we have a Satsanga, where that will bring awareness about who you are that comes with a life lesson and then we have a Seva, when we do the Seva that will help us to feel the gratitude, that will give a little bit fulfillment to your heart, to your inner consciousness will be fulfilled, spiritual side will be fulfilled and it will help you to add power to your soul, walk on the path of the truth. So I will make a different video for five pillars of Sri Vidya and I will go in detail to discuss the life lesson in my different video, but you need to understand we only have two blocks, if you could able to understand, learn the skill to overcome this, then you are unstoppable and successful person in this world. Thank you.  
Shivoham.