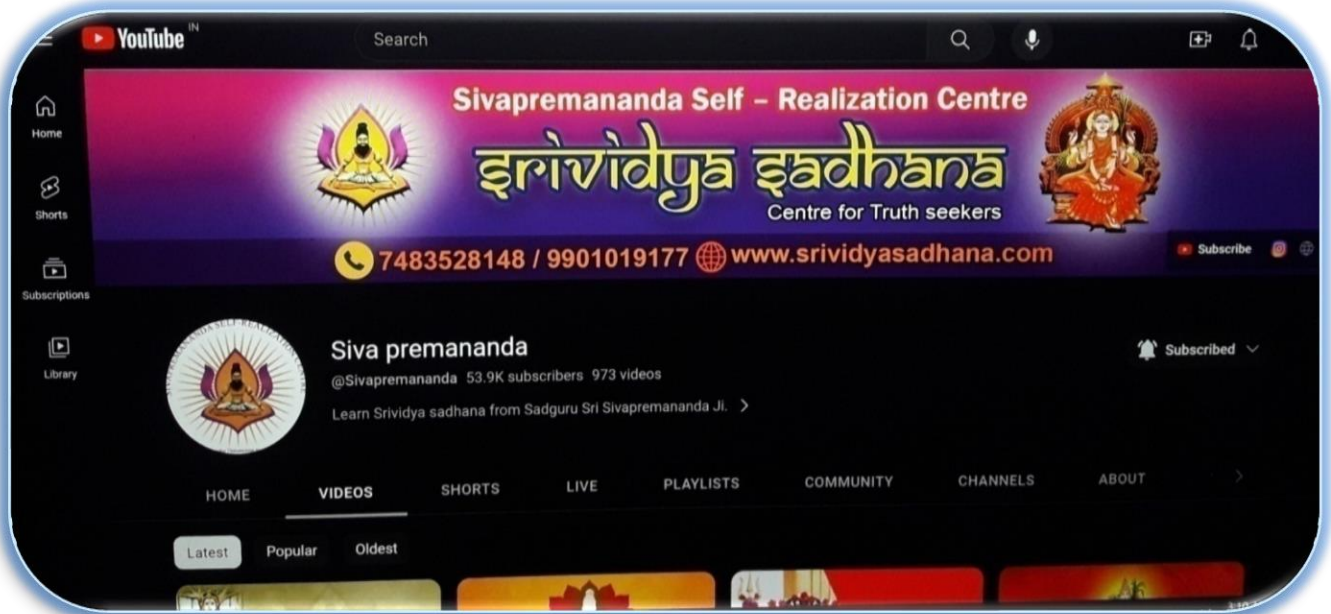


SRI SADGURU SIVAPREMANANDAJI TEACHINGS

{YouTube Links For Students Daily Sadhana}



|| Sri Sadguru MahaSiddhar Thirumoolar Namah Om ||

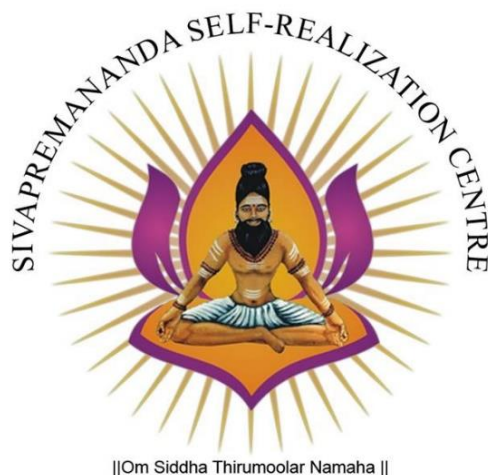
|| Om Mulanji Namah Om ||



¤GURU'S GRACE IS HIGHER THAN MANTRA, YANTRA & TANTRA¤

Sivapremananda Self-Realization Centre, Bangalore
www.srividyasadhana.com

Sri Sivapremanandaji YouTube Video Links – Topicwise



Sivapremananda Self-Realization Centre

Email:

prem999ananda@gmail.com

**Mobile: 7483528148,
9901019177**

<http://www.srividhyasadhana.com>



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॥ Mulanaji Sharanam Jaya Jaya ॥



SHIVOHUM

GURU LINEAGE OF SRI SIVAPREMANANDAJI

Sivapremanandaji belong to Tamil *Siddha Parampara* that starts from *Mahadeva Lord Siva*:

Lord Siva



Nandhi devar



Siddha Thirumoolar



Sivakami Omanandhi



Sivapremanandaji



Sri Sadguru Sivapremananda Ji



After experiencing higher states of Samadhi, *Sri Sivapremanandaji* willing to share Thirumoolar SivaYoga & SriVidya teachings for the benefit of those who aspire for Self-Realization but don't know where to begin, or their worldly responsibilities are too great to allow them the time to pursue in-depth studies or attend lengthy retreats. Now *Sri Sivapremanandaji* helping sincere Spiritual Seekers through Thirumoolar's Sivayoga & Srividya Sadhana Workshops.

His Professional Education is as follows,

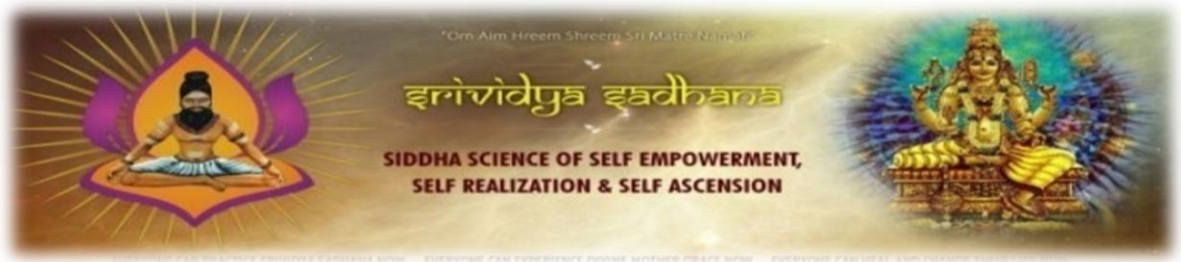
- ❑ ***M.S. in Biochemical Science, Germany.***
- ❑ ***PhD in Biomedicine, Spain.***
- ❑ ***Post-Doctorate in Cancer Biology, USA.***

Glimpses of Sivapremanandaji Teachings



Disclaimer

This video provided by Sri Sadguru Sivapremananda (*here in after referred to as “we”) on the YouTube channel Siva Premananda is for general information purpose only. All information in the video is provided in good faith, however we make no representation or warranty of any kind, express or implied, regarding the accuracy adequacy, validity, reliability, availability or completeness of any information in the video under no circumstance shall we have any liability to you for any loss or damage of any kind incurred as a result of the use of the video or reliance on any information provided in the video. your use of the video and your reliance on any information in the video is solely at your own risk.



Power Centre/Energy Reservoir\Power House

Happy Sankranti – 14th Jan 2022

<https://youtu.be/d27bQ62mkkw>

Blessings of Thirumoolarji during Srividya Workshop - 16th Oct 2022

<https://youtube.com/shorts/eevT4vlsyNw?feature=share>

Sri Devi Siva Kameshwari!

<https://youtu.be/zbfZBv0f7dw>

Spiritual Journey of Sri Sadguru Sivapremanandaji

Guru's Grace is Higher than Mantra, Yantra and Tantra!

<https://youtu.be/dq2nV1Swukc>

Physical Darshan of Siddha Thirumoolarji - Sri Sadguru Sivapremanandaji!

<https://youtu.be/zr8ezacsRbU>

Samadhi & Out of Body Experiences!

<https://youtu.be/lark5B6ovQ4>

Blessings of Lahiri Mahasaya in My Spiritual Journey!

https://youtu.be/klfW_iZPFx4

How I was Protected from Negative Astral Being from Mahasiddhar Thirumoolarji?

<https://youtu.be/ufJQsKPxiE8>



MAHA SHIVARATHRI GROUP MEDITATION

Maha Shivarathri on 18th February 2023

<https://www.youtube.com/live/QbILZPxA-dE?feature=share>

Maha Shivarathri on 01st March 2022

<https://www.youtube.com/live/tDxDVfVvKZMU?feature=share>

Maha Shivarathri on 11th March 2021

<https://www.youtube.com/live/tD3QvClC5Oo?feature=share>

Guru Poornima Group Meditation

GURU POORNIMA GROUP MEDITATION on 3rd July, 2023

<https://www.youtube.com/live/maQCEgZ4Ryw?feature=share>

Guru Poornima with Sri Sadguru Sivapremananda ji - 2021

<https://www.youtube.com/live/7BRMUvXavp4?feature=share>

Global Healing Guru Purnima Meditation!

<https://youtu.be/ocS643C8I30>



WORKSHOPS (IN PERSON)

Srividya Sadhana

Mulavarg Srividya Sadhana!

<https://youtu.be/ulgvYwwkOi8>

What will you learn in 2+2 days of Srividya Sadhana Workshop?

<https://youtu.be/J9VJxmzh9aw>

Srividya Sadhana Protocol & its Importance!

<https://youtu.be/3Gzj7dmEJPs>

Srividya Sadhana & Siddhis!

https://youtu.be/Ru5t_TPs52c

In Level-1 Chakra Meditation, is it necessary to touch the Chakras?

<https://youtu.be/mdBVvtv7rBA>

In Level-2, how many times Mantra has to be chanted by focusing on each Chakra?

<https://youtu.be/upF34ENi3HQ>

In Level-3 practice, how many times Inhalation & Exhalation has to be done at each Chakra?

<https://youtu.be/rTYemeGz3I8>

What is the average time that should take for completing one round of Srividya Level-1?

<https://youtu.be/s37-dwUQVXc>

In Level-1, Do we have to imagine Chakra Vortex as well and take the energy to Chakra?

<https://youtu.be/IFpO48EUWm4>

In Level-1, Do we need to chant each line 3 times on each Chakras and then move to next?

<https://youtu.be/l-ZzqjrSfbs>

Can I do Yogasana and Pranayama before Srividya Meditation?

<https://youtu.be/BejG9DCSjuE>

Confusion of Non-Dual Teachings & Srividya Sadhana!

<https://youtu.be/OJzLoLqHSTs>

Is it necessary to make Mudra while chanting (Japa) the Level 5 Mantra?

<https://youtu.be/-FkX1Ao7hQI>

How Many Dimensions exist and which of these are of utmost significance to a Srividya Sadhana?

<https://youtu.be/Q0vvpDIEjRU>

Experience of Releasing Karmas due to Srividya Sadhana!

<https://youtu.be/yTX83JdY2GI>

Srividya level-7 mantra making me Whole & Complete from within!

https://youtu.be/_lwLhPmmOs0

How to manage Bliss of Six pointed Star & continue practice to next Level?

<https://youtu.be/tAHDAeJUo4g>

Thirumoolar Navakkari Pranayama creates Golden Light Body! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/tJ6gadw0HOg>

Srividya Meditation activates Brahma, Vishnu & Rudra Grantis!

<https://youtu.be/WKuOmwssAXY>

Long gap in the practice of Srividya Levels is not helpful!

<https://youtu.be/Tn1WrnVKiyc>

Sitting position during Srividya Meditation for long duration?

<https://youtu.be/LnHEhAnnSv0>

How can I protect my Family by practicing Srividya Sadhana?

<https://youtu.be/EbkFfRrjax8>

Shani Sade Sati & Srividya Sadhana!

<https://youtu.be/oef1Zi1fOOs>

I smell Jasmine flowers fragrance while practicing Srividya Meditation!

<https://youtu.be/9ygoqdOi2mA>

Tattva Shuddhi & Srividya Sadhana!

<https://youtu.be/51-8xNTG9NM>

Can Women practice Srividya Sadhana during Menstrual Cycle?

<https://youtu.be/-G2EoaFAGKI>

Can I still proceed to next level, if I don't feel any vibrations during Srividya Level 1 practice?

<https://youtu.be/2pyocxN9ESw>

Why do I face challenges when I start with new Srividya Level?

<https://youtu.be/K91FwwYPBkw>

I feel to do more Meditation! How can I increase my Srividya Sadhana Meditation?

<https://youtu.be/MRZ4brXnoGY>

Srividya Sadhana while Travelling?

<https://youtu.be/twT2LK8WqPU>

Can we do more number of Srividya Chakra Meditation during Navaratri?

<https://youtu.be/TeUU5tafbcY>

Should we make a Sankalpa for God Realization before we start Srividya Sadhana everyday?

<https://youtu.be/P5FtvmKutO8>

Can I spend more time for Part-B of Srividya Meditation as I progress in my Sadhana?

<https://youtu.be/ETK9PgR5UB8>

Is Srividya Sadhana should be practiced for Lifetime after completing Level-7?

<https://youtu.be/MuhO6xOhG0A>

What Asanas can we do which helps Srividya Sadhana?

<https://youtu.be/8jq4JzGBgg8>

What is the practice after completing Srividya Sadhana level-7?

<https://youtu.be/636XIB4TPGo>

Can I do Metaphysical Exercises for Astral travel other than Srividya Sadhana?

<https://youtu.be/M1VHTRBI7TA>

Never doubt on working of Srividya Mantra blessed by Guru!

<https://youtu.be/vpgaCgiAEIs>

I feel attracted to Siva as I practice Srividya Sadhana! Should I make Siva as my Ishta Devatha?

<https://youtu.be/rL31fwSTFL8>

Experience different types of Yoga in Srividya Sadhana!

<https://youtu.be/5SFKKKT1OBg>

Can I give Moksha to my Great Ancestors using Srividya Sadhana Mantras?

<https://youtu.be/6PdFLSBWsh8>

During Srividya Sadhana, my whole Brain is experiencing Intense Energy activity!

<https://youtu.be/MJDQNq0DUYE>

You can use Srividya Tools to overcome the Problems of Life!

<https://youtu.be/sNYmmy3Bu3M>

I get unwanted thoughts During Srividya Level-5 Meditation, How to manage these kind of situation?

<https://youtu.be/LFk4VShOQj0>

How to solve Financial Problems by practicing Srividya Sadhana?

<https://youtu.be/-aWrtfS5j-E>

Revealed a Mantra during Srividya Meditation!

<https://youtu.be/umM2TTXi3G8>

Ultimate Aim of Srividya Sadhana is Advait or Non-duality!

<https://youtu.be/8uvqtq05Vao>

I have lost interest in worldly things after practicing Srividya for 3 years!

<https://youtu.be/GCc9aChBifs>

Can we do any physical activity like Yoga just before or after the Srividya Sadhana?

https://youtu.be/aHR_7btMRx4

What is Real Advait Srividya Sadhana?

<https://youtu.be/dm3BJTFj66M>

What is the Moola Mantra for Srividya Sadhana Level-3?

<https://youtu.be/F6MY25J2J1E>

Can we do Inner Havan by using the Mantra of the Srividya Level which we are currently practicing?

https://youtu.be/8qv6f_N7qmk

Feeling body less state during Srividya Sadhana! Can I resume the Sadhana when I'm back to normal?

<https://youtu.be/CCAiKBVxq7c>

Srividya Sadhana, Sub-Conscious Mind & Manifest the Desires!

<https://youtu.be/pVbKwhfvDdk>

Why do I see different Gods while practicing Srividya Sadhana Meditation?

<https://youtu.be/SSpKlgPdXf0>

What is the minimum & maximum Time we should focus on each Chakra during Srividya Sadhana?

<https://youtu.be/8oLqqJ8T6C4>

Srividya is the Real Solution of Life!

https://youtu.be/PADm_IOcnr0

Protective Power of Srividya System!

https://youtu.be/Bw_pLVvpjzo

Srividya is a Householder Path!

<https://youtu.be/VBbeCOGxcAY>

Srividya Part-B is difficult to concentrate!

<https://youtu.be/u-JdHi7L43A>

I'm practicing Srividya Sadhana Level-3 now. Can I practice directly Level-7 after Srividya Level-3?

<https://youtu.be/tfMAXdhBLcc>

My body starts Jumping during Srividya Sadhana!

https://youtu.be/YnH7Y_IVIUY

Importance of Chakra Beeja Mantra in Srividya Level 1 & 2!

<https://youtu.be/oKA6fEEg6II>

Eyes closed or open during Srividya Meditation!

https://youtu.be/pDcJEL_BkyY

Rain Sound happening inside during Srividya Meditation!

<https://youtu.be/bul0h5moNCU>

Feeling being Fluid during Srividya?

<https://youtu.be/Y5bu9idBdcA>

Why Srividya Sadhana is a Life time activity? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/C1XaFJgHZBE>

After 7 levels of Srividya Sadhana?

<https://youtu.be/BK2vzUM0Bs8>

Chakras Color, Sounds & Srividya Level!

<https://youtu.be/rG8jFlpQrN4>

Sensation of Chakras & Srividya Levels!

https://youtu.be/1cq8RYdkW_Q

Srividya Sadhana solves all your Doshas & Problems -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/oM736Zmu588>

Srividya Mantra Japa, Self-Talk & Focus!

<https://youtu.be/tR0322Jc7yU>

Prarabdha Karma & Srividya Sadhana!

<https://youtu.be/ACmYajdppMI>

Women, Menstrual Cycle & Srividya Sadhana!

https://youtu.be/_RflxeEoLf8

Is it normal to see different Colors, while practicing Srividya Sadhana?

<https://youtu.be/RrrT-wgd3Zk>

What is the purpose of Navakkari Yantra & how does it connect to Navakkari Sadhana?

<https://youtu.be/KIEU3FY351Q>

After Srividya Sadhana Level-3 Meditation, I feel like growing short & tiny. Is it normal?

<https://youtu.be/Z7esbQETxF8>

I feel Body Jerks during Srividya Meditation! Is it a kind of Astral Projection?

<https://youtu.be/3TejVlJQjk>

How can I restart my Srividya Sadhana Meditation after a long gap?

<https://youtu.be/ZcPf7V9as6w>

Why my Body does start Shivering, after practicing Srividya Sadhana Meditation?

<https://youtu.be/1XBtqZMffCk>

Real Pilgrimage is Srividya Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/PwHsF3YfFcQ>

When I was doing Srividya Meditation, I felt like some energy is lifting me & I got Scared!

<https://youtu.be/SyTjZAlspnk>

How to reduce our Heavy Karmic Sufferings along with Srividya Sadhana?

<https://youtu.be/Lu9XWEaA-p0>

Different Paths of Srividya Sadhana - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/yVOZcA7c7Rc>

As I progress in Srividya Meditation, I feel Joy & Ecstasy, but why couldn't see Divine Mother now?

<https://youtu.be/J8zDi-J5qw8>

How to develop Patience to do Srividya Sadhana sincerely in today's Busy Life?

https://youtu.be/_AulfnwZgyE

Should we do Srividya Sadhana once or twice a day? Which will be more effective?

<https://youtu.be/RHxq85kZnUs>

How to take care of Graha Doshas, if one is not practicing Srividya Level 2&3 during Pregnancy?

<https://youtu.be/etyd8qe1rKc>

During Pregnancy, can I do Srividya Sadhana all Levels?

<https://youtu.be/f9XE5-e00E>

Why my Forehead become very Heavy & my Body starts Shaking while doing Srividya Sadhana?

<https://youtu.be/gcQ7uUFAo54>

Can I continue Srividya Sadhana if there is Interruption due to some reason?

<https://youtu.be/nVkvTNTv00M>

How does a Student knows whether his Kundalini has awakened, by taking Srividya Sadhana Deeksha?

<https://youtu.be/W8G3LarbNA4>

Should Mudra be used for all 1 to 5 Levels, when I reach 5th Level in Srividya Sadhana?

<https://youtu.be/nNbRJR2eV6A>

Why I See Scary Faces while Practicing Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/FOZMhaHQirE>

How many times can we chant the Moola Mantra in Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/GGyz9byHt3A>

Can we chant Moola Mantra of Srividya Sadhana while working, as we won't be having a count on it?

<https://youtu.be/8Uni4dB6JzY>

Should we include Soham in our daily Srividya practice? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/mjgBRDBCLSY>

Why I feel Heaviness in head while doing Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/gOp9oxe3dJw>

How to Manage Trance State in-between the Srividya Sadhana! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/WusNMjP-Ov8>

Why Does Our Mind Create More Disturbances While Doing Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/sgg0U2--6Ms>

Why I feel body Shivering while doing Srividya Sadhana Meditation? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/U7D-F1ycwGQ>

How to keep up the Srividya Sadhana Practice during Sickness? -by Sri Sadguru Sivapremanandaji

<https://youtu.be/J0eryErsul4>

Why I Experience cessation of Breathe in Srividya Part-B. Is it a Good Sign?

<https://youtu.be/eu3UwUic2KY>

Why my body feels Shaking with so much of Energy while doing Srividya Sadhana?

<https://youtu.be/Q3yDD4dImwM>

Srividya Amnayas -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/nbJWJMFOSjc>

What happens if I do more Rounds of Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

https://youtu.be/1larK_5yf4Q

How do I know that I'm ready for Next Level of Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/1Rchk5Okx7Y>

Secrets of Srividya Mantra Deeksha & Siddhi -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/RtvVEDHk14A>

Srividya Sadhana Leads You to Enlightenment -by Sri Sivapremanandaji!

https://youtu.be/ZJ_dLBFJKRc

How Srividya Sadhana brings Self-Transformation? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/Spc0azakw8Y>

Srividya Devathas are Manifestation of Lalithambika's Powers - Sri Sadguru Sivapremanandaji!

<https://youtu.be/l-zJuvYrd8w>

Power & Effects of Srividya Mantras -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/YltNCfqxf9Y>

Srividya Outer & Inner Worship -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/hpryB16Lo-l>

Difference between Srividya Mantra Deeksha and Upadesha -by Sri Sivapremanandaji!

<https://youtu.be/UDTfpkdwEKM>

Srividya Mantra, Yantra and Tantra -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/pVL6syDL4tc>

What Mudra Should be Used by Beginner for Shree Vidya Meditation? -by Sri Sadguru Sivapremanandaji!

https://youtu.be/qwDSqdEJ_zc

Maintain Same Time & Place for Srividya Meditation to Attain Good Concentration -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/EKWOSft2SrM>

What Asana/Meditation posture should be used for Srividya Meditation? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/76U2JQdtUtU>

Why You Should Chant Srividya Mantras Mentally & Not Loudly? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/JTeowzAoFdw>

Can I learn all the 7 Levels of Srividya Sadhana at One Workshop ? - Sri Sivapremanandaji!

<https://youtu.be/LQRglHu2eb4>

Different Srividya Sampradayas & Importance of Kadi Vidya - Sri Sivapremananda!

<https://youtu.be/KM0YrWmCB5Y>

Advait & Dvait Shree Vidya Sadhana difference - Sri Sivapremananda!

<https://youtu.be/XoS1eufGhHU>

Guidelines for Srividya Students

Five Pillars of Srividya Sadhana by Sri Sadguru Sivapremanandaji!

https://youtu.be/S54BbgSL0_Q

Shree Vidya Affirmation - Very Powerful -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/TONJrPWszo0>

No Need to follow the Brahmacharya for practicing Srividya Sadhana?

<https://youtu.be/jGthyupp4WA>

Yoni Pooja & Panchamakara Sadhana NOT needed!

<https://youtu.be/OVHA-68b0CU>

Apsara & Yakshini Sadhanas are not needed for Srividya Sadhaks!

https://youtu.be/D6dJKLj_KHI

There are No Restrictions of any type for doing Srividya Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/H-MP8fP6suQ>

Guidelines for Srividya Sadhana Students - MUST WATCH!!!

<https://youtu.be/rmAjH1ROvul>

Some Instructions for Srividya Sadhana Students!

<https://youtu.be/zxPbz1g64tk>

What happens if I don't follow the Guidelines given in Srividya Meditation? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/z235NjijVdY>

About Sriyantra Q&A

What is Prana Prathishtapana of Sri Yantra or Sri Chakra? - Sri Sadguru Sivapremanandaji!

<https://youtu.be/yR2btaTpYbg>

Remove Negative Beliefs & Fears about Sri Yantra -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/-16UGST-Eek>

Is Sri Yantra needed to do your Srividya Sadhana Course? -by Sri Sadguru Sivapremanandaji!

https://youtu.be/_1CXjO5zIGk

Can I have Meru Sriyantra at Home if I am not able to do Puja regularly?

<https://youtu.be/PhDPeNGbNpE>

Srividya Sadhana {Protection Shield}

Srividya Sadhana - Protection Shield!

<https://youtu.be/YuulE9x-yAQ>

Applications of Protection Shield -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/2Jzb26zlugc>

Why there are different Protection Shields in Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/wo-WvNHXk3s>

When should I apply Protection Shield to my Family Members?

https://youtu.be/v9_oz67ZfVs

Can Women use Protection Shield during Menstrual Cycle?

<https://youtu.be/shCP6WPaUFw>

Too much Negativity, can I do Protection Shield more than once?

<https://youtu.be/XvaRgsBVWWM>

Siddha Healing

Why I see different Colors during Siddha Healing?

<https://youtu.be/LXZQ3JgQNl0>

Is it necessary for Patient to know about Me and my Prayer before Healing?

<https://youtu.be/D6PnHiOWY3o>

Does a Healer interfere with Karma of the person who is getting Healed?

<https://youtu.be/aKytIwZbZHY>

While Healing another Person, do we influence with his Energy Body & Astral Body also?

<https://youtu.be/rX5FApWW1hl>

When I do Healing to my Closed Ones, do I take their Karmas?

<https://youtu.be/cypUO3Rgwjl>

You can overcome any Disease! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/e14wDdsqhMU>

Can I take the help of Siddha Healing before doing Srividya Sadhana -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/IM2bXCdGyA0>

Siddha Mind Power

Siddha Mind Power -by Sri Sadguru Sivapremanandaji!

https://youtu.be/qn_LHPZYniM

Advanced Method of Siddha Mind Power!

<https://youtu.be/DSfyBRLfJ2g>

Successful Life Manifestation - Power of Intention & Attention -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/RzMCoutmEYA>

Srividya Havan

Srividya Havan - by Sri Sadguru Sivapremanandaji!

https://youtu.be/LZLt_NEQFnU

How to use Samagri & Ghee to perform Srividya Havan?

<https://youtu.be/m-L3s83WRCA>

Is it mandatory to use Nine Planetary Sticks in the Srividya Havan?

<https://youtu.be/rC6p-rQz54o>

Srividya Havan on New Moon & Full Moon Day & Benefits!

<https://youtu.be/QStbCdrFrKs>

Can we perform Havan with Srividya Level-5 to Srividya Level-7 Mantras?

<https://youtu.be/QmYA3wY8EEI>

After a Death in my Family, can I continue doing Srividya Havan?

<https://youtu.be/qJh1jc0LenE>

My Wife is Pregnant & Can I do Homam in home as usual?

https://youtu.be/p_aYYkl2tBE

Can we perform Havan after having a Meal or should we maintain any gap for Havan too?

<https://youtu.be/obhBtJLecyM>

Navakkari Mantra Havan!

<https://youtu.be/VC2IIUJXuHl>

Can we do Srividya Havan with our Friends, who does not have Initiation in Srividya Sadhana?

https://youtu.be/jxnuv_MMIG8

Can we perform Srividya Havan outside the House? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/v4xCyBSakfY>

Can I do Havan at my Farmland to get better Crops?

<https://youtu.be/E5jCpm9PraQ>

How to perform Inner Havan?

https://youtu.be/_rm_nf5Ydfg

Dus Mahavidya Sadhana

What is the difference between Shakti Ganapathi and Sampath Ganapathi Mantras ?

<https://youtu.be/c6L2oT5tXlk>

What is the difference between Sthan Kshetrapal Bhairav Mantra and Ganapathi Digbhandan Mantra ?

<https://youtu.be/gSkFrFu4esE>

Can we chant Dus Mahavidya short Mantras given in the YouTube by You?

<https://youtu.be/QMJI68DaDJA>

Do I have to chant Bhairava Mantra before chanting Dus Mahavidya Devi Mantra?

<https://youtu.be/eVEKC5cAMbE>

While doing Dus Mahavidya can we offer Flowers & Fruits mentally to all Devi's including Dhummavati?

<https://youtu.be/6PvE67VG31Y>

As a House holder, I am scared of Dhummavathi Meditation. How to overcome it?

<https://youtu.be/aQBAukz2cUg>

Can I do Dusmahavidya Havan for my Clients at their Place?

<https://youtu.be/D1ht-yEtaps>

Can we do Havan of Mother Dhummavati?

<https://youtu.be/I0aD3gRmWRE>

Dhummavathi Devi worship is encouraged only if the person has lost everything. Is it true?

<https://youtu.be/Meg1OOrF9II>

Maa Dhummavati Blessings during Covid!

<https://youtu.be/ymcMZTvtuww>

Soundarya Lahari

Soundarya Lahari - Sri Sadguru Sivapremananda!

<https://youtu.be/Ai9ntLO99iA>

Can we recite Soundarya Lahari without Initiation ?

https://youtu.be/_MkpJfqhp4Y

Soundarya Lahari for Financial Freedom!

<https://youtu.be/1tRA9jXj0qY>

Sri Shodasi Tithi Nithya Devis Sadhana

When to do Shodasi Nithya Devathas Sadhana!

<https://youtu.be/YICzlu7IRgg>

How to do Distance Healing using Shodasi Nithya Devathas Mandala?

<https://youtu.be/BFE5DTnCHdI>

Sri Devi Khadgamala Stotram Sadhana

Secrets of Sri Devi Khadgamala Stotram -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/ZdsloMjbCoc>

Chant Khadgamala Sadhana given by us!

<https://youtu.be/2BB1CtqNCmU>

Can I do Khadgamala Sadhana as I am initiated in Srividya Level-1?

<https://youtu.be/ZM3Bt-4Z2uc>

How to perform Khadagamala Archana & Havan?

<https://youtu.be/B0Qh4FnNJ0Y>

How to worship Divine Mother Idol or Sri Yantra by Khadagmala Stotram? Is any Deeksha needed?

<https://youtu.be/EihzQEofyIA>

Samadhi Siddhi Sadhana

Srividya Samadhi Siddhi Sadhana Importance!

<https://youtu.be/HjGUPjvdaK8>

"Paravidya Kriya" of Srividya Samadhi Siddhi!

https://youtu.be/CB_In5D3CNE

Can a Householder do Srividya Samadhi Siddhi Sadhana?

<https://youtu.be/CmomSQ0d3gs>



BEGINNERS (DISTANCE COURSE)

Siva Sadhana

Introduction to Thirumoolar Sivayoga -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/Q9iD0fY9GJ0>

Sivayoga is an Ancient Siddha path!

<https://youtu.be/DOadvqFG7Qg>

Sivayoga - Siddha Path to Siva Consciousness!

<https://youtu.be/EgJL7En75IU>

Blessings of Sivayoga Sadhana!

<https://youtu.be/wg8KPyKCSBE>

Siva Sadhana Level-1: "Thirumoolar Siva Mantra Dhyana Kriya" activates 'Chakras, Kundalini & burns Karma'!

<https://youtu.be/3hkmA52dq4Q>

Siva Sadhana Level-2: "Shiva Pranashakti Kriya" activates 'Sound Body of Siva'-Introduction!

<https://youtu.be/TcTXvrvQ57E>

Siva Sadhana Level-3: "Sourabha Samadhi Kriya" activates 'Golden Light Body of Siva'- Introduction!

https://youtu.be/N_uZPfp53jg

Siva Sadhana Level-4: "Siva Jyoti Kriya" connects to 'Inner World of Siva'-Introduction!

<https://youtu.be/3jfsjQhJqwo>

Siva Sadhana Level-5: "OM SAMADHI KRIYA" to 'Contact the Spirit of Siva'! – Introduction!

<https://youtu.be/dsjn52vO8Wk>

How to handle painful memories clearing during Siva Sadhana?

<https://youtu.be/TYpW0IDK7SE>

I see dazzling light appears on Chidakasha while practicing Thirumoolar Sivayoga! Is it normal?

<https://youtu.be/5Txjhj6APEA>

Is Siva Yoga Deeksha include Initiation into 51 Letter Siva and Soham Mantras?

<https://youtu.be/PYNyDGgdCEk>

How to do "Siva Mantra Pranayama"?

https://youtu.be/u_C71gF2W2I

All type of Doshas can be removed by Sivayoga Practice!

<https://youtu.be/eGC6Kewt8Qk>

Siva Yoga has all Yogic Knowledge & Power!

<https://youtu.be/Wt6tRO9pMHY>

E=mc² & Immortal Golden Light body -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/uWMSrTwNEcc>

"Neti-Neti" I'm not that, I'm not this! -by Sri Sadguru Sivapremanandaji!

https://youtu.be/m_uXu6wy0jo

R-Kriya

Rajarajeshwari Kriya-Ultimate Solution to Health Problems!

https://youtu.be/oBqAF_fr1Sg

Rajarajeshwari Kriya Deeksha importance!

<https://youtu.be/cxrjIR-jxbw>

Can we use Sanjeevini Mantra of R-Kriya for Japa to improve Health condition?

<https://youtu.be/TEPuBZ7EZIA>

Kriya Yoga & Rajarajeshwari Kriya difference!

<https://youtu.be/dVFSV7YcD0Q>

How R-Kriya Erases Diseases Energy & Karma!

<https://youtu.be/LsHtb8SOck0>

Can I practice Rajarajeshwari Kriya Yoga by lying down on the Bed?

<https://youtu.be/xsKAX2XcLtI>

I have many Health Issues; do I need to practice Rajarajeshwari Kriya along with Srividya Sadhana?

<https://youtu.be/UHZriLCmrr4>

Sushumna Prana Kriya with Kechari Mudra can be practiced separately?

<https://youtu.be/OMq1Odmf1So>

Spinal Breathing Pranayama!

<https://youtu.be/PfQ2wcVYQII>

While practicing Rajarajeshwari Kriya, can we do the Part-A in the Morning & Part-B in the Evening?

<https://youtu.be/cU4WPtA83M0>

Is Rajarajeshwari Kriya can solve Health & other Emotional Problems?

https://youtu.be/aco_TtO1QwQ

Lord Dattatreya and Anagha Lakshmi Sadhana

Should I offer Dattatreya Mudra while chanting Avahana and Srividya Dattatreya Moola Mantra?

https://youtu.be/4M_zs0I9oFM

Should I practice Sadhna twice a Day (Morning and Evening) for Two Months? Then go for next Sadhana?

<https://youtu.be/kaFn30M5Vk4>

Sri Bagalamukhi Sadhana

Sri Devi Bagalamukhi Sadhana -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/SmCJ2tiG6gw>

Misconceptions about Bagalamukhi Devi! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/v3gPKvLtpJk>

Does Bagalamukhi only change Enemy outer behavior or inner character also?

<https://youtu.be/tCuDAnov01E>

How to cleanse, energize & program Yellow Haldi Mala for Bagalamukhi Sadhana?

<https://youtu.be/oaYOQMnsPYs>

How to use Sarva Karya Siddhi Mantra of Bagalamukhi for Wish Fulfilment ?

<https://youtu.be/K6UgHUMmg50>

I am not able to visualize Bagalamukhi Diamond Shield. Please guide?

<https://youtu.be/acDuG5L9S2g>

I am crying a lot during Bagalamukhi Sadhana, please guide!

<https://youtu.be/YrEZ3gORB9E>

How do we know that Sri Bagalamukhi Devi has manifested?

https://youtu.be/_5G1ulRobgM

Importance of Sanjeevini Mudra in Bagalamukhi Sadhana!

<https://youtu.be/0obMFMq5Zwl>

Does practicing Bagalamukhi Sadhana makes my life harder?

<https://youtu.be/5mQVIOzGsGM>

What is the right time to practice Bagalamukhi Sadhana?

<https://youtu.be/CZ5qnuSoqxU>

How to do Bagalamukhi Sadhana for solving any problems in my life?

<https://youtu.be/6StMgEIjydo>

Is Bagalamukhi Sadhana really needed for Srividya Sadhaks?

<https://youtu.be/UwcR0LUOoKo>

Ganapathi, Bagalamukhi & Mooladhara Chakra!

<https://youtu.be/9JrP3alsWpc>

How can I face the Tamasic World post Sadhana and leave everything at Her Feet?

https://youtu.be/PcqtIpxh_Ic

Sri Durga Saptashti Sadhana

Durga Saptasati - Durga and Her Powers -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/051DeyZqNbw>

Why am I getting Dry cough during DSS Sadhana?

<https://youtu.be/G4Y7QBSfmhU>

Invisible Voices heard after DSS Havan!

<https://youtu.be/mltAzpjANts>

How can Durga Saptasathi Sadhana helps in controlling our Mind?

<https://youtu.be/ie3NPDOqV78>

How to do a Distance Healing using Durga Sapthasathi Moola Mantra?

<https://youtu.be/wNa0Q5latfw>

Will DSS Sadhana be helpful to me for my Spiritual Upliftment?

<https://youtu.be/k3HGFdiclnQ>

Can Durga Saptasathi Moola Mantra be chanted during daily activities?

<https://youtu.be/V9nPwKt2wv8>

Can a Pregnant Woman take Distance Durga Saptasathi Deeksha?

<https://youtu.be/qy6c5Za1Co4>

Why we focus on only top Chakras while practicing Durga Sapthasathi?

<https://youtu.be/wRSUvTp3XEk>

How to do the Prayoga of Durga Sapthasathi Mantra for Desire Fulfillment!

https://youtu.be/69_za2xmZJg

Sri Rajamatangi Sadhana

Sri Rajamatangi is Goddess of Manifestation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/Nwbhng948kM>

How to manifest Intellectual and Intuitional Knowledge from Rajamatangi Sadhana?

<https://youtu.be/2vhROKaWSIA>

How much Rajashyamala Mantra can clear our Karmas?

https://youtu.be/t-AActv_3Y0

How to pray & request Matangi Devi's Energy & Presence!

<https://youtu.be/pXAIj4th5A>

How to invoke Matangi energy to solve Relationship Problems!

<https://youtu.be/EWRsSe9KP28>

What type of Japamala should be used for Rajamatangi Mantra Sadhana?

https://youtu.be/9_X5IjYEuyI

Overcome Marriage & Relationship Issues with Matangi Sadhana?

<https://youtu.be/XMhJI-ICm4Q>

How to invoke Rajamatangi Shakti for Fulfillment of Desires?

<https://youtu.be/5FoHzx5EB28>

Some benefits of Sri Rajamatangi Sadhana!

<https://youtu.be/AANZImiQNXs>

There is Black Magic done on my House. How we can solve this Issue?

https://youtu.be/3y12_QPRHg0

I should protect from Evil and Negative People at my Workplace. Which Sadhana is good for me?

<https://youtu.be/B84od2G1c-I>

Sri Bhatuka Bhairav Sadhana

Secrets of Sri Batuk Bhairava -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/U3iFI5nZK5w>

Sadasiva, Rudra & Bhairava!

<https://youtu.be/sUtgGKz6Cvw>

Can we reduce the Bhatuka Bhairava Mantra during Asta Bhairav Protection Shield?

https://youtu.be/t_KY1LA9-dk

I saw myself turning into 'Golden Trishula' while doing Batuk Bhairav Sadhana. Please explain it?

<https://youtu.be/VImZ37sHm00>

How many times can we chant the Asta Bhairava Mantras while invoking?

<https://youtu.be/j75hoc9fXG4>

Bhatuka Bhairava Protection for Home!

<https://youtu.be/1Z1USFkXi0A>

Sri Varahi Sadhana

Goddess Maha Varahi Sadhana -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/8mOGZWdLBjM>

I am doing Distance Healing of my Brother-In-Law through Picturisation. Any Guidance?

<https://youtu.be/0xDZuHkh6dc>

Out of Body experience while practicing Varahi Sadhana!

<https://youtu.be/VGTV-JwUsSs>

Add Swaha at the end of the Varahi Moola Mantra for Havan!

<https://youtu.be/a3HNkMFpON8>

Where should we focus when we chant Varahi Moola Mantra?

<https://youtu.be/UD--a2ut1NM>

Is there any conditions to be followed for chanting Varahi Sadhana?

<https://youtu.be/XGJHaxuPxUo>

How many rounds of Level 1 & 2 of Varahi Sadhana should be done?

<https://youtu.be/u-LqwLs1cU0>

Should we chant the Varahi Mantras mentally or loudly?

<https://youtu.be/AB7J7ji2Z9s>

Can we use Varahi Mantra to Energize Vibhooti?

https://youtu.be/sYu_C9aN7Y4

How to change Varahi Moola Mantra for Health Issues?

<https://youtu.be/xLCpjtPegj8>

Varahi, Trance & Sleep!

<https://youtu.be/E-O63wVfpr8>

How to use Varahi Mantra for my Career Growth & Protection? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/TEW8dbzMavw>

Guruji is it okay if I skip Sandhyavandan and perform Maha Varahi Sadhana regularly!

https://youtu.be/zfl_-BnYY6I

How to help a Sick Person using Varahi Mantra? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/5XtQh6OFESc>

Sri Sampath Siddhi Sadhana

Importance of "Bija Mantratmak Sri Suktam"!

<https://youtu.be/lcSLmxXHbVY>

Can I increase Mantra Jap of Sampath Siddhi Sadhana!

<https://youtu.be/61XyX7sULLM>

Does Sri Samapath Siddhi Sadhana help in Self-Realization?

<https://youtu.be/jPT0OIQjwGc>

Sri Sampath Siddhi Sadhana Mantras Significance!

<https://youtu.be/VNpDfPnwJkw>

Does Sri Sampath Siddhi Sadhana brings Health as well ?

<https://youtu.be/OI-52IsYZsg>



ADVANCE (DISTANCE COURSE)

Sri Vancha Kalpalatha Ganapathi Sadhana

Sampath Ganapati, Ganapati & VKG differences & benefits!

https://youtu.be/J97b7Nf5f_8

Short Mantra of Sri Vancha Kalpalatha Ganapathi!

<https://youtu.be/iFqfbdbEgkA>

Importance of Sri Vancha Kalpalatha Ganapathi Sadhana! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/IF8tk-iwOIY>

Sri Chakra Puja Sadhana

Srichakra or Sriyantra Secrets!

<https://youtu.be/iQT5A6oJ3wY>

Is Sri Chakra Puja should be done every day?

<https://youtu.be/mKp1rHntjao>

Can I worship all Deities in Srichakra as I have beautiful experience by doing Srichakra Puja?

<https://youtu.be/SBmxWLWw2vM>

Inner Srichakra Puja for manifesting Material Desires?

<https://youtu.be/-kVtjuRkBj4>

Can I do Srichakra Puja twice in a day i.e. Outer Puja at Night & Inner Puja in the Morning?

<https://youtu.be/AODL5Fglwb0>

Inner Srichakra Puja for manifesting Material Desires?

<https://youtu.be/-kVtjuRkBj4>

Srichakra Pooja with Mudra & Khadagamala Stotra!

<https://youtu.be/mOl8RuDTWrI>

Srichakra Pooja & Outer Rituals should be done before Meditation!

https://youtu.be/5p-AiT_17e4

What are Shree Vidya Mudras? Why They are Very Important in Srichakra Puja ? -Sri Sadguru Sivapremanandaji!

<https://youtu.be/DKynJ-uo9vs>

Why I'm losing Interest in Rituals or Srichakra Puja? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/eyTpvBUSXNU>

Sri Chakra Navavarana Puja with Dasa Mudras -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/tp9OaEsnUcY>

Sri Pratyangira Devi Sadhana

Divine Mother Pratyangira Devi -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/Ezs8q0qiPeY>

I fell sick after Pratyangira Mantra Anusthan. Any mistake on my side or was it a sign?

<https://youtu.be/tpxcBNfa49E>

What Mantra can be used for Sri Pratyangira Devi Havan?

<https://youtu.be/G0jMXgviqB4>

Sri Pratyangira Kavach & other Protection Shields!

<https://youtu.be/JmII9ryQEMw>

Sri Pratyangira Devi Darshan & Blessings!

<https://youtu.be/zs4UoLA9Vu8>

Can we do Rajarajeshwari Pratyangira Sadhana without using Mandala?

<https://youtu.be/djDdXC8Bry4>



Standard Procedure for other combine Sadhanas

Please guide on Sequence of different Sadhana in One Sittings!

<https://youtu.be/FJpMw3Nivxs>

How should I manage time between practicing Level-7, Durga Saptasati and Maha Varahi sadhana?

https://youtu.be/1BtX_427E2k

Kindly suggest Standard Procedure for those who lost his continuity of Meditation for 15-20 days.

<https://youtu.be/6HoP2CKNBaw>

To avoid energy problem, I am doing Inner Srichakra Puja with Srividya Seventh Level!

<https://youtu.be/xmCRts6Zw6s>

How many times Srividya or other Sadhana should be practiced in a Day?

<https://youtu.be/W2o25TrK0fw>

How to practice Rajarajeshwari Kriya along with Srividya Sadhana?

https://youtu.be/ozjRqP_RCjQ

I'm practicing DSS & Srividya Sadhana together! What Mantra should be used for Protection Shield?

<https://youtu.be/CxoaRvoQFRI>

How to practice Varahi Sadhana & Srividya Sadhana together?

<https://youtu.be/PqBlxOZc3S4>

Can I practice Durga Saptasathi & Srividya Sadhana at different Time?

<https://youtu.be/BM7N0FOqej4>

Sequence of practicing Rajamatangi, Varahi, DSS, VKG & Bagalamukhi Sadhana!

<https://youtu.be/Ot6mN1-sVuM>

When can we drop practicing the Srividya Sadhana & carry on with Srividya Samadhi Siddhi Sadhana?

<https://youtu.be/69skBUXjk74>

Can I practice both Srividya Sadhana & Thirumoolar Sivayoga Sadhana together?

<https://youtu.be/AxNr5hTyTkc>

Stotras, Puja & Meditation Sequence!

<https://youtu.be/7lUe-dnFD0A>

Sequence of DSS & Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/oyapvgnxxSY>

DSS & Srividya Online and Self-Realization!

<https://youtu.be/LKR4LqpEyCc>

Should I practice Sadhana twice a Day (Morning and Evening) for Two months? Then go for next Sadhana?

<https://youtu.be/kaFn30M5Vk4>

Thirumoolar Sivayoga & Srividya Sadhana difference !

<https://youtu.be/dYN4lg0s-HY>

Along with Srividya Sadhana, which other Sadhana helps in Business? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/dieoWNRIn40>

Which is the Best Sadhana that Supports Srividya Sadhana? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/7hKEPSKi314>

Difference between Srividya, Durga Saptasathi & Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/fzY4f1ORQKk>

Maha Mudra & Yogasana of Kriya Yoga & Srividya Sadhana!

<https://youtu.be/s2Czp1ZCe8>



Miscellaneous Topics Q & A

Black Magic, Evil Eye, Psychic & Tantric Attacks

Why some Sadhaks are prone to Attacks like Black Magic, Psychic Attacks?

<https://youtu.be/Jct42cKrkac>

I can hear some Voices like someone are talking its feel very scary to me & I can't sleep properly!

https://youtu.be/z_x1cKLMgRE

Evil Attack in Dream and afraid of it. What is meaning of such Dreams?

<https://youtu.be/sAD2HWP53Ok>

If someone in Family facing Tantric Attacks by Others so how can I help to solve it?

<https://youtu.be/yCagXeVDRqg>

How to Protect myself from Attacks of Non-Physical Beings of Different types every Night?

<https://youtu.be/wiFVxDJ6TGU>

I cry due to Fear. I always pray to Divine Mother and Shirdi Sai. Yet that Fear is not going away?

https://youtu.be/gmQrC_fllt8

Why I get scary Dreams of Evil Energy attacking Me?

<https://youtu.be/eVY8Q10p4QY>

Why did Entity choose to Attack me in the Dream State?

<https://youtu.be/5Vnsm7VxC1w>

How to remove Evil Eye for Kids!

<https://youtu.be/vdkae3cZVY>

There is Black Magic done on my House. How we can solve this Issue?

https://youtu.be/3y12_QPRHg0

How shall I stay Immune to Negatives News & Experiences around me?

<https://youtu.be/ULSqjEsCMcM>

Anger, Jealousy, Negativity controlling me (as Self-Defenses). Guide me to be a Divine Person?

<https://youtu.be/9yAA1SEW5q0>

Siddhis & how to ensure only good things manifest & not harming anyone?

<https://youtu.be/bEYpQ5nW6vo>

How can we Protect ourselves from Negative Energy Chords?

<https://youtu.be/JeZ7wZqtm4c>

Healing Relationships

Whenever we go outside Family. We end up Quarrelling with each other. At Home we will be very happy!

https://youtu.be/Jm5Sm_sDrB0

If I want to involve all of the Family Members in Spiritual Process slowly what is the Best Method?

<https://youtu.be/T02rs5V6Sz0>

I want my Family Members also receive the grace of Srividya Path but nobody is listening to me?

<https://youtu.be/2dMysoYzdfs>

What is best way to Heal our Relationship when Forgiveness is difficult?

<https://youtu.be/by36bqJlaHA>

How to deal with Toxic Relationships?

<https://youtu.be/Ww9ZPuVC4qU>

How do we save Ourselves and Family from Epidemic like Covid, Economic Crisis, Govt Lockdown etc...

<https://youtu.be/CDZ69nOvtWc>

How to Release all Karmic Ties at Soul Level?

<https://youtu.be/yDp5y1LyAC0>

I have a puncture in my Aura due to some Karmic Relationships. How do I Repair this?

<https://youtu.be/pLCC-SFuva0>

How to Disconnect the Energy Chords from any Person?

<https://youtu.be/4KaHVegmBik>

How to Influence Others with Spiritual Power!

<https://youtu.be/K7ykoE5AUo8>

Forgiveness Exercise

Power of Forgiveness Exercise -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/WQ0EoZksqYE>

Forgiveness Exercise to overcome Negative Karmas from Closed Ones!

<https://youtu.be/B5AVuVWEB3Y>

Purging Poverty Consciousness Seed & Attract Lakshmi Tattav to Manifest Abundant Money Flow

I need to manifest Money & Career Growth but I have limiting belief. How to clear Negative Belief?

<https://youtu.be/rzOa48zLVBk>

How to manage Stressful Job situation?

https://youtu.be/UKW_DcOMVDY

Energy Drain & Depression!

<https://youtu.be/wUl-uZ69Ffc>

How to overcome our Negative Habits?

<https://youtu.be/gF3PE5Lflw>

How to Energize yourself Instantly!

<https://youtu.be/q-D5NoKPVO>

Trataka to deepen our Dharana Shakti!

https://youtu.be/9L_T_igG-0

Advance Manifestation secrets with Divine Grace!

https://youtu.be/ZAc_YfTVcj8

Can I fulfill my Materialistic Wishes, even if I do Deep Meditation?

<https://youtu.be/FnmbMRpY6CU>

How to overcome the feeling of Insecurity?

<https://youtu.be/qrI0EQ0plcU>

What I do when my Bad Karmas are not letting me to get Prosperous! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/9jGe5TTZ56M>

Lakshmi Tattav & Abundant Money Flow - Sri Sadguru Sivapremanandaji!

<https://youtu.be/SdeDguzXMYc>

How to Dissolve Negative Belief? - Sri Sadguru Sivapremanandaji!

<https://youtu.be/1yqvQArkajU>

Lucid Dream Inner Vision Message

In my Dream Goddess came in the form of Chinnamastha. Please tell me the significance Guruji?

<https://youtu.be/J3wTpjWMyB0>

Guruji, You had come into my Dream and touched my 3rd Eye and gave me Red Kumkum for Pooja?

https://youtu.be/SO0TGo_HUrA

I feel Guilty feel Sri Thirumoolar ji and Devi Maa is not accepting my Sadhana!

<https://youtu.be/aVJKmF1aNyc>

I had a Vision where Kriya Babaji giving me Initiation in a forest But I cannot understand the Truth!

<https://youtu.be/yQ3QxMrfb50>

I have been seeing some Gods in my Dreams. Does this have any message for me?

<https://youtu.be/kl0ypGcAnLM>

I feel this world is like Dream and what to manifest here as all is temporary!

<https://youtu.be/XHxxdmK8SvY>

I was visited SSR Centre in the Dream and experienced Leela of guru!

<https://youtu.be/rqixH8iq06U>

I'm seeing Hayagriva but I have never prayed to him in this Lifetime?

<https://youtu.be/2KCQpHhjVoY>

I feel like I am holding Gyan Mudra. But when I opened my Eyes, I saw that my Palms were Open!

<https://youtu.be/1vHLZWYha00>

I got a Dream where Two Gurus asking my Dyana Vidhi. Are they some forces trying to mislead?

<https://youtu.be/ONeNFxRLzcs>

Experience of Light Body meditating while Physical Body sleeping!

<https://youtu.be/xPKTC06BQ3c>

Dreams of Dirty Bathrooms and Excreta. Any meaning of it?

<https://youtu.be/8vBRzMZSnf4>

Traveling to Siddha Loka and gaining knowledge during Sleep!

<https://youtu.be/34d3lsGmUC8>

Soul Travel experience before taking Birth?

<https://youtu.be/K4H26-XmD58>

Angel & Celestial World Experience!

<https://youtu.be/Ug8k2xZFD2U>

Some Karmas get release in Dreams!

<https://youtu.be/7D1UpQEwrOg>

Guruji came into my Dream, showed Mudra & told Mantra! What does it signifies!

<https://youtu.be/bNG0Ri63lw8>

Guruji Teaching in Dream & Its Effect !

<https://youtu.be/gOQZPx0LwP8>

Blessings in Dream, Lion and Divine Mother !

<https://youtu.be/DZhiD8Wizbs>

Art Of Dying

At the time of Death, How to exit from the Body properly?

<https://youtu.be/IHDz5h7KMLo>

Is my Soul really Trapped? How could I come out of this Trap?

<https://youtu.be/mdYvD8YdQJ0>

Is it possible to attain Moksha even if it is not reflecting in Astrological Birth Chart?

<https://youtu.be/ZQ50ET50vSw>

Is it my Last Life on this Earth?

<https://youtu.be/WRmXQH9z1Hg>

Is the experience of Liberation is Temporary or Permanent?

https://youtu.be/T_oY239i5Kc

Does Samadhi helps to overcome the fear of Death?

https://youtu.be/kZSpbOxV1_A

What happens after the Death, if a person is not Self Realized?

<https://youtu.be/AH5yQ0JWOkQ>

After Death, where I will go? -by Sri Sadguru Sivapremanandaji!

https://youtu.be/E_tOzX48d3s

Mastery Over Death - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/awOCcERs3WA>

Divine Light in Pineal Gland & leaving Body as a Yogi?

<https://youtu.be/dpEZscrragk>

Sexual Energy & Feelings Transformation

Black & Sexual energy removed from Divine Mother with prayer!

https://youtu.be/fH4uP5_U8C0

Sexual energy for Manifestation !!!

<https://youtu.be/j2HlcJudKdw>

Mastery over Sexual Feelings!

<https://youtu.be/cknVaQHaDeI>

Ascension of Ancestors {Pitru Dosha}

How to make our Kuladevata and Pitrus happy?

<https://youtu.be/j5GTnVU5nsA>

Pitru dosha & Relief !

<https://youtu.be/qeZK6j5wVB4>

Forgiveness Exercise with Ancestors or passed one?

<https://youtu.be/67kV132tpfs>

Ancestral Problems & Forgiveness!

<https://youtu.be/ad-32-UaZ7M>

House/Office Healing {Vastu Dosha}

Swastika Sriyantra solves Vastu Problem !

<https://youtu.be/qY0wUHpl4Sk>

How to cleanse your Home/Office or remove Vastu Dosha !

<https://youtu.be/i084tuRek3c>

How to clear the Vastu Doshas of a Home?

<https://youtu.be/4dcyXdADx5U>

How to spread Positive Energy at Home or any place?

<https://youtu.be/l72HOguL4p4>

What is the significance of Lighting a Lamp in Home?

<https://youtu.be/WDsjoI923Hg>

How to take the Energy from the place of Meditation when shifting to other Home?

<https://youtu.be/GM6jC8YyHgw>

Can we transfer Positive Energy of Puja & Meditation to our New House?

<https://youtu.be/ql8Az-cpGPk>

Science Behind Temple-Idols, Saligrama, Sriyantra, Offering & Rituals

Shivlinga Temples - Power Centers of Higher Dimensions! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/tfV4Qg1iET0>

Shiva Rudrabhishek - Amazing Science of Vibrations! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/fCoURu4OQ0U>

Idols, Saligrama, Sriyantra & Offering!

<https://youtu.be/q9xYMI7itsw>

Science behind Archana, Abhishek & Rituals -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/XLYNpiRQERA>

You are Temple of Siva-Shakti -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/wDXBSMqhipl>

Which Sadhana can we do in Manikarnika Ghat of Kashi? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/eGldIJpJH0A>

Why is it that Kali, Kamakhya, Tara almost all forms of Shaktis are given a Animal Sacrifice?

<https://youtu.be/zJcdp7taDDs>

Tulsi Vidya & its Power by Sri Sadguru Sivapremanandaji!

<https://youtu.be/6UFg9gCe2UU>

Inner Esoteric Teachings of Spiritual Path

Samudra Manthana - Reveals Secrets of Inner Reality! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/AbkoiVAo32s>

Spiritual Path - Story of Ganesh & Subramanya -by Sri Sadguru Sivapremanandaji!

https://youtu.be/f0W5_-17lqU

Ramayan & Mahabharat - Story of Soul Journey! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/64Jj7A0gYJI>

Spiritual Secrets of Mahabharat -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/TSfAZc5upmE>

Real Deepavali Celebration

Diwali - Know the Light Within!

<https://youtu.be/IRLqmAch2es>

What is "Real Deepavali" for Spiritual Seekers? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/5dA1RifiZNc>

Navaratri Sadhana

Science & Importance of Navaratri Festival - Navadurga Sadhana -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/EMEFy64Fd1o>

How should I do the Meditation during Navaratri?

<https://youtu.be/-p1pw4anBIU>

During Navaratri, how to Intensify our Meditation?

<https://youtu.be/QsgC6yMguz8>

Karma Shastra {Cause & Effect}

Karma Shastra - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/ZljPPTDi6nY>

Universal Law of Polarity/Duality, Free Will & Time - Sri Sadguru Sivapremanandaji!

<https://youtu.be/S4CLDccG5Zk>

Am I releasing my Negative Karmas in a right way?

<https://youtu.be/phWSa4WjQgk>

Either Manifest or learn Life/Karmic Lesson!

<https://youtu.be/OqtlG9Fu17w>

How does Universal Law of Karma & Manifestation works?

<https://youtu.be/hWGCsmsxiT4>

Desire, Karma & Liberation - Sri Sadguru Sivapremanandaji!

<https://youtu.be/Mu2IQSiHZSE>

How to change Past Life Karma consciously?

<https://youtu.be/VZ7eRYaVgbk>

I am experiencing Guilt, Depression and Anxiety. Am I abandoning my purpose?

<https://youtu.be/Z-epuDuVNC0>

How to Overcome Anger, Depression, etc -Sri Sadgru Sivapremanandaji!

https://youtu.be/lk_DZ73UXU8

Ups & Downs of the Life!

<https://youtu.be/3ZkVroSDUNU>

How to Overcome the Problems in Life? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/av8x77b6720>

Why Awareness of Life Lessons is needed?

<https://youtu.be/0HNTZ6AJtPQ>

We make choices without Intention. Do these generate Karma? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/sKjBGGs7zlc>

Permanent Happiness & Physical World of Duality - Sri Sadguru Sivapremanandaji!

<https://youtu.be/rB7Ma0tdnnQ>

GOD {Param Tattav or Truth Consciousness}

What is GOD?

<https://youtu.be/sfuJKjb1io0>

Parabrahma & Creation!

https://youtu.be/yRdzi_AFVUQ

Creator & Co-creator!

<https://youtu.be/rl-VUypFJ7A>

Are the forms of God & Goddesses are Real or only the Formless is the Ultimate Reality?

<https://youtu.be/MFwTJl8DXCc>

Nature of God is Love! - "Anbe Sivam"

<https://youtu.be/Gq4SGUoECcQ>

Sadashiva, Lalithambika & Srividya Journey!

https://youtu.be/TeHeLoZh_RQ

Worship Any form of God!

<https://youtu.be/rIKoZiq-Pzg>

Ganesh with Riddhi & Siddhi!

<https://youtu.be/wi3W5BU1H88>

Why Medulla Oblongata is called as Mouth of God?

<https://youtu.be/S0yxmADz1VA>

Real Surrenderance happens with Realization of God!

https://youtu.be/jChzYL_eiiU

Significance of Vahanas/Vehicles of Gods - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/HVut0vqQVRM>

God form Disappears as you Advance in Meditation - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/Vt4v5pvjXxU>

Satyam Sivam Sundaram! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/uEAhAXNQoZU>

Jiva & Siva are same in Essence..! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/ORjQrLZ6RTA>

Unmanifested & Manifested forms of SIVA -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/Z5Bk4r00Ins>

How to Connect with Param Tatva or Truth Consciousness? -by Sri Sadguru Sivapremanadaji!

<https://youtu.be/dAMAUBgrBiE>

Sada Shiva is Our True Nature -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/vLimBTnhEDg>

We Are Within Siva-Shakti -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/TpmwRHERjlg>

Maha Tripurasundari {Oneness Of Siva-Shakti}

Who is Tripura Sundari & Maha Tripurasundari?

https://youtu.be/ZqacUO_7j2Q

Tripurasundari is Oneness of Siva-Shakti!

<https://youtu.be/d82xUPAstWw>

Can you tell us more about 'ManiDwipa'? Is it physical place somewhere in our Galaxy ?

<https://youtu.be/RqRSovBi8mU>

Divine Mother Darshan, Purity and Negativity!

<https://youtu.be/cYDe6eanMsU>

How do I practically, Devote every minute to Divine Mother and live my life as an offering to Her?

<https://youtu.be/qlinjLoXjA>

How should I pray to Divine Mother to solve all my Problem together?

<https://youtu.be/Ge8Rwx92l8>

Should I stop Visualizing material gain & surrender to Divine Mother?

<https://youtu.be/QD8JPAzASgQ>

I keep getting the question, Is Shivakami is Kameshwari or the Guru?

https://youtu.be/7kY_j9-aHWk

How Sri Balatripurasundari blesses Darshan & Manifests in the Body?

<https://youtu.be/PFADmoZpGeY>

How can I channel Manifestation Energy to get Divine Mother Darshan in Physical Form?

<https://youtu.be/LcNOdUZ5v9s>

I experience miracle after visualizing Maa Lalitha in Human Form!

https://youtu.be/UQb3Zg_oJ24

How to receive Devi Darshan in this Life!

<https://youtu.be/3jtWN1h7OKc>

Experience of Goddess Presence!

<https://youtu.be/xFA2loLAsGQ>

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<https://youtu.be/3jtWN1h7OKc>

Experience of Goddess Presence!

<https://youtu.be/xFA2IoLAsGQ>

How to perform Aarti for Divine Mother?

<https://youtu.be/ZzaXtZflpIA>

Is it possible to have Divine Mother's Darshan in her Physical Form?

<https://youtu.be/lusmP0Qessc>

Is it an obstacle to have a desire for Darshan of Divine Mother in the path of Self-Realization?

<https://youtu.be/4qwlpijv2zpE>

My Mind does not get devoted to One Form, please guide?

https://youtu.be/A62WHePSh_4

Can Divine Mother Herself be my Guru or Physical Guru needed?

<https://youtu.be/qDZZrt6ZDHc>

Use of Divine Mother Weapons!

<https://youtu.be/lqEfuP6luTU>

Divine Mother as SHREEM GOLDEN SPACE!

<https://youtu.be/ARydeMVJWtk>

Lalithambika is Tantric form of Gayathri -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/autOwEdmd1c>

Your Devotion, Surrender & Intention for Oneness with Divine Mother is more important than any Rules!

<https://youtu.be/-aZ9GA7ILJQ>

Divine Mother is Real Guru & Everything - Sri Sadguru Sivapremanandaji!

<https://youtu.be/-MYa-DmRq9g>

Divine Mother Removes All Doshas -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/9vEKU-EBRRw>

Real Prayer to Divine Mother - Sri Sadguru Sivapremanandaji!

<https://youtu.be/gpvt2rqA3eQ>

Real Ganga is Your Pure Consciousness - Sri Sadguru Sivapremanandaji!

<https://youtu.be/dlRFjMCea3g>

Real form of Divine Mother Tripura Sundari - Sri Sadguru Sivapremanandaji!

<https://youtu.be/N6wylPg8oJ0>

Can I do Manasika Puja or Mental Worship of Divine Mother -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/6MV83H-1vm0>

Param Guru Tattav {Lord Dakishnamurty}

I do not feel I am connecting with the Siddhas, with Divine Help. Am I not Praying in a correct way?

<https://youtu.be/01QzgERh8Kk>

Is it possible for a Guru to come directly & guide through Agna chakra in Awake State?

<https://youtu.be/8WDauc6nnYs>

How to communicate with Thirumoolarji?

<https://youtu.be/AXx-mmAgAQM>

How can I establish my connection with Siddha Masters & Siddha Loka?

<https://youtu.be/LFtiGB6e3G0>

Importance of using Yogadanda by Yogis or Naths!

<https://youtu.be/2D4L6JyYT5g>

How Sri Mahavatar Kriya Babaji has connected to our Guru lineage?

<https://youtu.be/FBJehWrYKXg>

Blessed with the Darshan of Sri Sadguru Thirumoolarji!

https://youtu.be/BTIk_NxL1u8

The power of Gratitude!

<https://youtu.be/LykUMDqPgaE>

Ista Devatha Blessings!

<https://youtu.be/3P326HQaxnM>

Real Guru Puja!

<https://youtu.be/gOjNASae6y4>

How to manifest "Krishna Consciousness" in your Soul?

<https://youtu.be/C7nZbP9zT3U>

Living with Siddhas & Divine Mother Consciousness!

<https://youtu.be/sIKXh3IFVnk>

Sri Vishuddhanandaji of Gyangunj available on Earth plane now!

<https://youtu.be/izTw5t-EnwE>

Thirumoolar's Thirumanthiram & Siddha Teachings - Sri Sadguru Sivapremanandaji!

<https://youtu.be/MKUaVbL0grM>

Ramana Maharshi Teachings!

<https://youtu.be/JAJigsAYxFk>

Patanjali Methodology of Spiritual Ascension!

<https://youtu.be/eHiA13qGkKQ>

Devote to One Siddha & Experience Grace of all Masters!

<https://youtu.be/OkudeNWVEpA>

Lord Buddha, Real Suffering & Happiness

<https://youtu.be/o8y73wJkPwY>

Who is Satguru or Sadguru?

<https://youtu.be/H7d55WyUmFQ>

Enlightenment in Siddha Parampara is different!

<https://youtu.be/MjV9bC3mDZc>

Thirumoolar & 18 Siddhas work together!

<https://youtu.be/A5-BluJYVYQ>

Om Samadhi Deeksha during Meditation & one verse from Thirumandiram for greater upliftment!

<https://youtu.be/Hq49sViWycw>

How to communicate with Siddhas?

<https://youtu.be/-ooQxi2sJbE>

Jeeva Samadhi!

<https://youtu.be/bfxaQ51V8fg>

Jeeva Samadhi Attainment! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/8ki3NhkRO0M>

Om Samadhi!

<https://youtu.be/tt2k2oZeb7M>

Siddha Science of Ascension!

<https://youtu.be/PDVy0t54nmQ>

How did the Siddhas detox their bodies?

<https://youtu.be/9nnb2jtwUx0>

Power of Mulavarg Siddha Techniques!

https://youtu.be/l9aKGO_mP-c

Savikalp & Nirvikalp Samadhi!

<https://youtu.be/xeNO19bp-5g>

Atma Vidya & Brahma Vidya!

<https://youtu.be/eg04EsDTBo4>

Lord Krishna's Technique of Meditation - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/paDfz01RnZw>

Siddha Thirumoolarji Samadhi - by Sri Sadguru Sivapremanandaji!

https://youtu.be/_Yd8odWWZOU

Guru Tatva and Different Types of Gurus - Sri Sadguru Sivapremanandaji!

https://youtu.be/0Sd_kk5ePKU

How to Recognize "Your" Guru - Sri Sadguru Sivapremanandaji!

<https://youtu.be/7y23c5JCRn0>

Higher Self {Soul/Atma}

Can you help me understand the Soul Vibration and Higher Self better?

<https://youtu.be/kiqVS-21DJQ>

Is my Higher Self is same as the Higher Self of other person?

<https://youtu.be/Yt3DCxIOQvs>

Higher Self help in Decision Making!

<https://youtu.be/lkPPnfl-m08>

Signs of Spiritual Sadhaka {Student}

Who is Spiritual Person or Sadhaka?

<https://youtu.be/JvEKYMWXpEs>

How to overcome Old Bad Habits which are not helping in our Spiritual Growth?

<https://youtu.be/rzy6-l-sBP4>

Signs of Spiritual Growth & involvement in Life!

<https://youtu.be/XETBLJRfhUQ>

I am beginning to lose Interest in Rituals these days. Please guide Sri Guruji!

<https://youtu.be/oep2Mj7fKdg>

I have lost the Worldly Interest. Please advise how can I Balance?

<https://youtu.be/ObbG5CuX3DM>

I am unable to match the same level of Devotion daily. please guide?

<https://youtu.be/P-2cGo2rWlc>

Observe quality of your life to bring change?

<https://youtu.be/q3SRluRK-JA>

Spiritual Challenges and Real Knowledge!

<https://youtu.be/B2ME26nakQk>

Devotion, Gratitude & Spiritual Blessings!

https://youtu.be/eEJLvZ3Qz_Q

How do I know that I'm progressing in my Spiritual practice? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/mCy86t69xio>

Are you Psychic or Soul Oriented Person - Sri Sadguru Sivapremanandaji!

<https://youtu.be/KerknxMGqQw>

Miracle Divine Power is in YOU - Sri Sadguru Sivapremanandaji!

https://youtu.be/_Vpw9_rp_Zc

Importance of Spiritual Practice in Life Transformation - Sri Sadguru Sivapremanandaji!

<https://youtu.be/-9Mc7BoFpxY>

Energy Hygiene (Fasting/Food Diet}

Is there are any Food restrictions if I am doing many Sadhanas?

<https://youtu.be/huQp0ejDodw>

Why I am running away from Non-Vegetarian Meals?

<https://youtu.be/saWHeQt4XSM>

Food Diet for full time Meditators!

<https://youtu.be/mxn7J1gwDTw>

How does Fasting helps in Spiritual Path?

https://youtu.be/goK8Nz_6hcc

What Diet that would help us to improve our progress in Spiritual Sadhana!

<https://youtu.be/eMuMcs8Q2TA>

Guidelines for Meditation Management

Why do we need to face North or East while doing Sadhana?

<https://youtu.be/DOrtc9FRGk>

I don't feel like SHAKTI is awakening, Can I Meditate more frequently?

<https://youtu.be/Bqt1lqv2wOI>

Why not to Meditate on Bed?

<https://youtu.be/oaTm3VMNngk>

During Sleep I had a strong pulsation at my Mooladhara it was so pleasant that I wanted to Cry?

<https://youtu.be/ENHIVq6vBqA>

Meditation Management during Negative Situations!

<https://youtu.be/1ZLFrj6aXGM>

Overcome Negative Thoughts in Meditation!

<https://youtu.be/pjj4936xGjs>

How to do "Soham Meditation". Can you please explain it ?

<https://youtu.be/AcwZJR3ZcR0>

I feel intense heat on my Chakras, Is it a sign of Chakras activation?

<https://youtu.be/VieDCACB7WA>

How to develop continuous Devotion for Sadhana ?

<https://youtu.be/MFCulDgF5FA>

I feel Exhausted sometimes during Sadhana, why is it so?

<https://youtu.be/OvZ7MhsokII>

How do I always exist as the Awareness which I experience in my Meditation?

<https://youtu.be/oDbVT1Cc4rU>

How to resolve the Claustrophobic. Why this Fear has come, how I can start my Meditation again?

<https://youtu.be/wlR6lvqvZK4>

I feel less motivated to do the Sadhana after taking a Break! How to overcome it?

<https://youtu.be/mem8VQJ4jNI>

I feel Guilty when I take a Break from doing Sadhana! How to overcome it?

<https://youtu.be/v6Lzjr6IJ24>

I want to anchor my Meditation Energy into my Soul as Soul Power, How can I do?

<https://youtu.be/3se2fs4rSwg>

I feel there is a Block in the flow of Energy. Is it my Mind Game or there is something else?

<https://youtu.be/RDUuaRXAIKU>

I am experiencing Active Lower Chakras all the time but not Sahasrara Chakra?

<https://youtu.be/OlcT0fX7u2Y>

How to manage Higher Energy Sensitivity & Perception due to Kundalini Awakening!

<https://youtu.be/xcWDGZbIMJ8>

I kept hearing Om Sound in me. Can you please explain?

https://youtu.be/KFsYCa_aC8k

My energy is going out from Sahasrara Chakra.what does it indicate?

<https://youtu.be/qMTalMt-i0l>

Awakening of the Kundalini & it's position during Sadhana?

<https://youtu.be/hlvdoPv1vLY>

How do we Visualize Chakras - Horizontal or Vertical?

<https://youtu.be/81gSP8FU4NQ>

How should I Visualize the Chakras in my Body?

<https://youtu.be/OP0q4TxrJk>

I use the same Chair for working in Day Time & also for Meditation. Is it Ok?

<https://youtu.be/2W3gsfivg8Q>

Why Head Tilts up towards the Sky during Meditation?

<https://youtu.be/xHXOBivGw0w>

How to increase the ability of the Body to Meditate for more than 3 hours a Day?

<https://youtu.be/RU42dyFdXd0>

Why I feel like Lost in Chakras during Sadhana?

<https://youtu.be/EdN3OXepY7M>

Why sometimes I can't Concentrate in my Meditation?

<https://youtu.be/aloGxJt8Tps>

Shaking of the Body during Meditation! Why this happens?

<https://youtu.be/KTRqPGLIMUM>

How to overcome many Thoughts during Meditation?

https://youtu.be/_BjStT0HomM

Regular Meditation Protects You Everyday!

<https://youtu.be/kSnz30e27Yg>

Spiritual Diary and its Importance on Spiritual Path!

<https://youtu.be/gvjhHNIE6Cs>

Meditation Place & its Power of Healing!

<https://youtu.be/hBUg02FSyZ8>

Amrita or Divine Nector is within You!

<https://youtu.be/Lraf9Q9Kma8>

Effects of doing too many Sadhanas in ONE sitting!

<https://youtu.be/yzqnzjiByPc>

I felt very Feverish & like Lying Down after Group Meditation!

<https://youtu.be/QCV0i5om-YQ>

Psychic Experiences in Meditation are not Permanent!

<https://youtu.be/UsOlvuONB6o>

Why I feel Numbness around my entire Face, Throat, Heart Chakra & Shoulders during Meditation?

<https://youtu.be/flDnv1MFAao>

Drops of Cold Water start falling on my Throat. What does it Signify?

<https://youtu.be/oJZds89xNtl>

Why Meditation effect is more Powerful during Early Morning?

https://youtu.be/x9oDJKqxs_M

I feel so much of Heat after Meditation, How do I control it?

<https://youtu.be/mEp5C4NqNNU>

Manipura Chakra is vibrating Heavily & feels so Warm. What does it mean?

<https://youtu.be/OerviGZDCNM>

I feel Restlessness, couldn't sleep & also so much of heat inside my body after the Meditation!

<https://youtu.be/Hu-i0Ggw-8l>

Why I get too much of pain in my Forehead, when I Meditate?

<https://youtu.be/NwHDT4wDctM>

When I visit Temples, Should I do Archana initially and then do Meditation?

<https://youtu.be/gps4QSowWA4>

How to manage High Energy after Meditation?

<https://youtu.be/wUw-4QOZF2s>

Importance of Granthis [Pshycic Knots]-by Sri Sadguru Sivapremanandaji!

<https://youtu.be/s2nu2oJSgP8>

While doing Soham, I feel cessation of Breathe. How to overcome this?

<https://youtu.be/nPEw2Sxex8M>

Can I Meditate only on Anahatha or Ajna Chakra Instead on all Chakras?

<https://youtu.be/Lwx1SQImiRE>

Golden Light is Manifesting in My Third Eye! Is It Safe to Use? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/fSlvXh0ZxbE>

How to Manage the Saliva Secretion in Mouth While Meditating? -by Sri Sadguru Sivapremanandaji!

https://youtu.be/K8QJC5j_ahA

Why so much Heat is created while we Meditate? -by Sri Sadguru Sivapremanandaji!

https://youtu.be/cM408K_Epw8

Maintain a gap of minimum 2hrs between Meditation and Meals! -by Sadguru Sivapremanandaji!

<https://youtu.be/uRO5wox9hUs>

How to Stabilize Excess Energy of Meditation -by Sadguru Sivapremanandaji!

<https://youtu.be/bH4o1RgnwN8>

Secrets of Sandya Kala & Meditation - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/t5Wq9bMUf9Y>

What is the Kundalini ? - Sri Sadguru Sivapremanandaji!

<https://youtu.be/imTtZNziibk>

How to manage Higher Energy Sensitivity & Perception due to Kundalini Awakening!

<https://youtu.be/xcWDGZbIMJ8>

Shall I Meditate in the Morning or Evening/Night? - Sri Sadguru Sivapremanandaji!

<https://youtu.be/LkT77fAiX98>

What is Brahma Muhurta & Its Importance? - Sri Sadguru Sivapremanandaji!

<https://youtu.be/JsQA6JLmK-0>

Secrets of Kechari Mudra -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/NdbnIAOQqpU>

Why I Feel Sleepy & Miss Chakra Positions While Meditating? - Sri Sadguru Sivapremanandaji!

https://youtu.be/6zUW7T_BYHw

How to Locate Chakras in Your Body - Sri Sadguru Sivapremanandaji!

<https://youtu.be/x4gERdUA1QI>

Sex, Alcohol, Non Veg, and Meditation - Sri Sadguru Sivapremanandaji!

<https://youtu.be/j22ouu4muH8>

Accept & Love Your Body AS IT IS! - Sri Sadguru Sivapremanandaji!

<https://youtu.be/PSvbRA-XBzU>

Art of Self-Realization & God-Realization

"I" am constantly seeking the purpose of my Mission. Does this Search lead to the God-Realization?

<https://youtu.be/0hGg5ZHSNxI>

I" was awakened (Self-Realized) few months back should I still do the Sadhana!

<https://youtu.be/2dfAenik6s8>

What is a good indicator to know that we are making progress in the path of Self-Realization ?

<https://youtu.be/oS7DSOAIEk>

I am Detached to Social Activities & Happy with Myself. Am I moving to right Direction?

<https://youtu.be/zNeMB8WzSvE>

I read many Self-Help Books but surrenderance to Divine Mother & Mulanji brought Transformation!

https://youtu.be/J_b08m8Qj9M

Is this absence of "I" the Real Presence and identity of God, Guru, and Mantra?

<https://youtu.be/9t12CiBrJJg>

Role of Sadness, Resentment, Frustration Emotions on the way of our Self-Ascension!

<https://youtu.be/rZWV97MwriI>

Difference in the Enlightenment of a normal Liberated Being and a Siddha Yogi?

<https://youtu.be/x6xiGSuyE-A>

My Ultimate Goal is Self-Realization but I feel I am enjoying my Bhoga more!

https://youtu.be/rVVbhJT_fRo

Guru Parampara takes care of next Level of Ascension of sincere Sadhaks!

<https://youtu.be/JX7LjELWZjQ>

Is it possible for Householder to remain in Egoless state all the time?

<https://youtu.be/Z2uqKC0hd4k>

Is it possible to get Self-Realized while carrying the Worldly Duties? How to manage both together?

<https://youtu.be/Ei6D9hsNf20>

Challenges to be a Silent Observer of Breathing & Thoughts!

<https://youtu.be/1zHdN0d-qgs>

Does Self-Realization means being in a Soul State?

<https://youtu.be/jomf2ilXiwA>

Scared of losing Family on the path of Self-Realization?

<https://youtu.be/v91WBk6w42E>

Do we need to quit our Jobs & Meditate for whole day to get Self-Realized?

https://youtu.be/s_KpCNW_75s

I'm having Glimpses of Self! How can I proceed towards Self-Realization?

<https://youtu.be/CmwXChEyny8>

Enlightened Living state!

<https://youtu.be/23kbDKizzwg>

TRUTH of "SELF" Revealed!

https://youtu.be/uDmFnToU_os

You are Formless!

<https://youtu.be/bnU4njQOo2U>

What is Spiritual-Realization?

<https://youtu.be/M-l9jzkZNMw>

Vedas, Upanishads & Knowledge of Self!

<https://youtu.be/R-dpScfIJNA>

When Self-Realization begins to happen, what are the usual first signs?

<https://youtu.be/sDnh6Y3les0>

Glimpses of Self-Realization!

<https://youtu.be/Gfv1utNH7Bk>

Once a person is Self-Realized, does it mean that he will no longer be Reborn after his Death?

<https://youtu.be/QeTtycfZwTw>

Does doing perfect Kechari Mudra really brings Self-Realization?

<https://youtu.be/yH3s8XD8ZZ4>

Awareness is "Ultimate Reality"!

<https://youtu.be/GrCNErnj9AI>

How do I know that I'm Self-Realized?

<https://youtu.be/xwmhisuxT4k>

How is Our Life after Self-Realization? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/BZ3iHJ3R3Kw>

Know Thyself - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/ChPznqL8Jgo>

Jiva & Siva are same in Essence..! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/ORjQrLZ6RTA>

What is Nirvana State or Experience? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/zDskUUyIDjo>

What is Self-Realization & God-Realization? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/MXc73PB451Q>

Universal Law {Principles}

Universal Law of Gratitude - Sri Sadguru Sivapremanandaji!

<https://youtu.be/NpXjZZXRp8M>

Universal Law of Attraction - Sri Sadguru Sivapremanandaji!

<https://youtu.be/FTEG2mUPClc>

Unleash The Power Of Sub-Conscious Mind

Power of Sub-Conscious Mind!

<https://youtu.be/tFo0vcWPqgg>

How mantra Cleanse your Subconscious Mind? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/r08camPi2jY>

Tricks of Mind - Be Aware!

<https://youtu.be/i9QgLcBYz-k>

Lessons of Life! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/JvMMhSU-lxU>

Surrender your Ego Mind!

<https://youtu.be/chak3i0cAJI>

Overcome Negative Thoughts?

<https://youtu.be/wttZ3vv2Txs>

Mind always seeks Pleasure!

<https://youtu.be/-lC1xSABTNQ>

Power of Positive Emotions & Feelings!

<https://youtu.be/hK8aSKB2SzE>

How to Master Lower Emotions?

<https://youtu.be/-hDdHjZVeIU>

Intention or Sankalp Power in Materialization

What is intention or Sankalp? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/5rzQWsCsV3Q>

How to make Sankalp & its Importance? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/jMztFBFwndA>

How to Energize Water with Mantra? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/L-KTVFXmIvg>

Cleansing, Energizing & Program the Japamalas, Yantras with Chaitanaya Mantras

Japamala Cleansing & Energizing!

<https://youtu.be/sqGqv5kX-Fk>

How to Cleanse, Energize & Program the Rudraksha?

<https://youtu.be/rLpiHSIEYRs>

How to activate Rudraksha or Yantra by using any Divine Mantras?

<https://youtu.be/vl0QSi1yp1U>

Mystic Power in Eclipse Time

Secret of Eclipse & Spiritual Practice -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/kDcb9-ZfOSg>

Guidelines for Solar / Lunar Eclipse Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/Rf-1kqnpRml>

Seva Sri Guruji's Work

Should I move to Bangalore to do Seva for the Center and Live in India? Please guide me!

https://youtu.be/-HK4k_cjy5w

When I do the Seva of converting Videos into Articles that I feel some Heat at the Throat Area?

<https://youtu.be/oEOVXsfL59c>

Q & A

Can you explain about Serpent Beings or Nagas?

<https://youtu.be/bOmSJKq4BAk>

Is it ok if we won't feel anything during Deeksha Session?

<https://youtu.be/8JWd8pMd1hQ>

The purpose of Anganyasa and Karanyasa!

<https://youtu.be/dQ9F8V4q0GY>

I took a break on Guru Purnima Meditation; Can I practice the Technique of Travelling to SiddhaLoka?

<https://youtu.be/blpyJydtlIE>

Samayachara, Kaulachara, Vamachara and Dakshinachara!

https://youtu.be/IOb5iOKAY_o

Can I have a Srichakra Tatoo on my Body?

<https://youtu.be/2dfocjcdOng>

Marriage is a personal choice of Seeker!

<https://youtu.be/CBxt2Ns8IUy>

Which color Clothes should we wear while practicing Shakti Sadhanas?

<https://youtu.be/znFsopmGvDI>

Which Sadhana can I do intensely to solve my Financial or Legal Disputes?

<https://youtu.be/30OPkqywvAA>

Amnayas, Panchamaveda, Meaning of Beej Mantras & Other Knowledge!

<https://youtu.be/TGvaKEM6HDY>

After my Pregnancy Delivery, I feel Back Pain?

<https://youtu.be/TLp39sMyfKA>

Parakaya Pravesha Siddhi - Entering another Body!

<https://youtu.be/IV6Xc33UXzl>

Secrets of Swara Yoga - by Sri Sadguru Sivapremanandaji!

<https://youtu.be/EWP4VcfX8KM>

Pathi, Pashu & Pasha -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/AV3Xuu34EHg>

Sri Sadguru Sivapremanandaji Teachings - 11th Aug 2018

<https://youtu.be/BOubAnGzvuW>

What is Nyas & Its importance in Spiritual Practice - Sri Sadguru Sivapremanandaji!

<https://youtu.be/NrxC4LoFWPg>

What is True Spirituality? - Sri Sadguru Sivapremanandaji!

<https://youtu.be/sepFrL9X02Q>

Overcome Navagraha Dosha - Sri Sadguru Sivapremanandaji!

<https://youtu.be/rHfdGlejcuY>

Astral Travel, Soul Travel & Siddha Loka!

<https://youtu.be/e6hIUpCc2LA>



Esoteric Wisdom on Powerful Mantras

Srimata Dakshinamurthy Roopini Mantra & Explanation!

<https://youtu.be/e3Kztib5s2M>

Please guide what is the correct way for Mool Mantra Japa?

<https://youtu.be/9UehNCdJPBs>

Can I directly go to the Moola Mantra Japa without Guru Mantras?

<https://youtu.be/YdXpLOpy51w>

Chintamani Mantra - Powerful Mantra to remove all Worldly Worries of Life!

<https://youtu.be/XKMqrKgUgzo>

Mahamantra of Avadhoot Digambara Dattatreya!

<https://youtu.be/V17Ng2i9nmw>

Best Mantra for Kids to start their Spiritual Journey!

<https://youtu.be/frMU5E08pDI>

Power of Veda Vakya Mantras!

<https://youtu.be/Xgh49yWxrRQ>

Importance of "Om Aim Hreem Shreem" Mantra in Srividya Sadhana -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/rb48WflspY8>

Sri Devi Sarvamangala Mantra -by Sri Sadguru Sivapremanandaji!

https://youtu.be/0_4iFg0I2Wo

Soul Mantra by Divine Mother & Can I chant it for whole day?

<https://youtu.be/QaT2LfcXsAQ>

Durga Sapsathi Mantra & Siva Yoga!

<https://youtu.be/cuDGchhKiKU>

Power of Maha Mrityunjaya Mantra -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/oBebZMt6B9I>

Secrets of Chinnamasta and Shabara Mantra Vidya!

<https://youtu.be/UgngbQEB2ew>

Can I chant Shabar Mantras!

<https://youtu.be/qiex67kfMQc>

Can I chant "Arunachala Shiva Mantra" as I am drawn to it!

<https://youtu.be/3RfnmjSeCsE>

Mantra during Sex & Attract better Child!

<https://youtu.be/T3DGh5axagw>

"Om Tat Sat - I am That" by Sri Sadguru Sivapremanandaji!

<https://youtu.be/UQsSmzFbnLM>

Shivoham - I'm Shiva by Sri Sadguru Sivapremanandaji!

<https://youtu.be/dPbQrM1mCo4>

You have mentioned we cannot chant certain Stotras without Deeksha. Which Stotras we can Chant?

<https://youtu.be/8I7iuPGza4U>

My mind wanders during the Mantra Recitation. What is happening Sri Guruji?

<https://youtu.be/x-UA-L92rF8>

What is more important on the path of Self-Realization? Moola Mantra Japa or Naama Japa?

<https://youtu.be/TAqtB9Iwe8A>

Does Bala Mantra lead to God-Realization? Can I chant Her Mantra with inward Breathing?

https://youtu.be/KKNIXJ_B7f4

Mantra to change and alter the Cellular Information?

https://youtu.be/sxwm7C_YHVc

I get Ulcers in my Mouth due to Swaha in the Mantra!

<https://youtu.be/G4TzjWm5mlk>

Can I offer One Japa to my Lovable Person that they also blessed by Divine Mother?

<https://youtu.be/TUbbJ896u0Y>

If all Mantras lead us to Silence, is One Mantra more effective than others to cultivate Ajapa Japa?

<https://youtu.be/HePCJvynSF0>

Can I get Siddhis or any Mantra Sadhana to get Siddhis?

<https://youtu.be/l6EJzU-3DxM>

Sometimes I go into Deep Meditation & slip on Mantras or Chakras! Is that normal?

<https://youtu.be/rMJ4gSWPkVA>

How to use our Sleep Time into Mantra Meditation?

<https://youtu.be/PJbXIhvwW9U>

What Moola Mantra works best for attracting the right New Home?

<https://youtu.be/nVTQfO8gKPA>

Is Sankalp before Mantra is done only once or many times!

<https://youtu.be/1R9EJsWUmnI>

What Mantra to chant for immediate help during difficult times?

<https://youtu.be/ySDrB6Rul8s>

Fifteen versions of Khadgamala & Panchadasi Mantra!

<https://youtu.be/Ux2eYwWMuTc>

Ego Mind distracts during Mantra Jap!

<https://youtu.be/LIO93kk7mLk>

How can we get precise Feedback on our Progress in any Mantra or Sadhana?

<https://youtu.be/xbgtBk-ptbU>

Purpose of Mantra Japa apart from Meditation?

<https://youtu.be/dZTbvPPik-Y>

Maha Shodashi & Shiva Sowbhagya Shodashi Mantra difference!

<https://youtu.be/GY6bMzV1fKE>

I am not able to complete One Japa Mala and get into Trance. How to focus to complete Mantra Japa?

https://youtu.be/5Kyc_EoLdnw

Can I chant the Mantras even if I am not Seating on the Asana ?

https://youtu.be/ehS264_OMEI

Which mantra is useful to manifest Thirumoolarji or get his Physical Darshan?

<https://youtu.be/KzLSSKa4IGE>

How many times can we Chant or do Japa of any Mantra?

https://youtu.be/_rOsG1L-2DY

When can I do the Japa?

<https://youtu.be/dmTnf4wv22E>

Mantra Japa & it's Importance!

<https://youtu.be/O7hNeTpv0JQ>

Which Japa Mala can be used for all Mantra Japa?

<https://youtu.be/CbUWOqA47Is>

The best way of doing Prayer!

<https://youtu.be/x2LGmpl-144>

Can we put the Mudra & chant the Mantras while Travelling?

https://youtu.be/TiSvERI_h54

Why I lose the count of Japa or the Japa mala will fall down from Hands while doing Japa?

https://youtu.be/WFWVbbT3Z_U

I had tears in eyes during Mantra Chanting. Is that a sign of Divine Mother Presence?

https://youtu.be/qw08j_Xu_A4

Secret of Ashtottara Namavali of Siva!

<https://youtu.be/KZRD4D6IBeo>

Is there any Connection between Mantra Siddhi & Self-Realization?

<https://youtu.be/5YqMQ4JJPcM>

My frequency of Chanting Mantras became Fast & I chant Mantras Sub-Consciously! Why this happens?

<https://youtu.be/Einxbl6cuhU>

How many times should we Chant the Mantra to get the Mantra Siddhi?

https://youtu.be/i0W_jyvu3cE

Sahasranama & other Namavali importance!

<https://youtu.be/Sri2QDAx1iU>

Synchronize Breathe with Mantras?

<https://youtu.be/uOJklpL7Xsk>

Mantra Mechanism & Technology!

<https://youtu.be/uDhB6xXSGz0>

Playing with Mantras & Gods is NOT a Spiritual Progress!

https://youtu.be/UZI3_NupimA

Secret Siddha Technique of Mantra Japa!

<https://youtu.be/fvxBDJFGCaA>

How to Empower Intention or Manifestation with Mantra Shakti? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/iTWNi6BfNxl>

Bhajan, Songs, Mantra & Devotion!

<https://youtu.be/Yk3GYdCyYqw>

Different Mantras have different Energies! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/yL46RTAgeew>

Secrets of Chakra Bija Mantras -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/b6DwZUcUnyA>

How Mantra & Mudra creates Yantra within Ourselves! -by Sri Sadguru Sivapremanandaji!

https://youtu.be/Wo_TlfKwB00

Mantra Shakti & Universal Law of Energy Replacement -by Sri Sadguru Sivapremanandaji!

https://youtu.be/TthSh_u76LQ

Mantra Siddhi -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/gXrAZmq2Tnl>

Sri Devi Sivakameshwari Form & Mantra

Understanding Sri Devi Rajarajeswari Form or Idol!

<https://youtu.be/3zfiuQUFUG8>

Sri Sivakameshwari Mantra Significance & who can Chant it?

<https://youtu.be/29bJSO3alsk>

Sri Sivakameshwari Mantra - for Spontaneous Meditation & Healing!

<https://youtu.be/BpwHaa5RXKE>

Mystic Power of Lalitha Sahasranama

Sahasrara chakra & Lalitha Sahasranama connection!

<https://youtu.be/NqPJwiEXTws>

Power of Lalitha Sahasranama!

<https://youtu.be/xmmFEwFUDPA>

How to do Lalita Sahasranama Namajapa to manifest Divine Quality?

<https://youtu.be/Z0S49DrAoy4>

How to do the Havan of Lalitha Sahasranama?

<https://youtu.be/3BsJ0HGYQkQ>

Lalitha Sahasranama Havan!

<https://youtu.be/DzLsh6RumMo>

Does chanting Lalitha Sahasranama clears all my Finanacial & Health Problems?

<https://youtu.be/mHX08--4fd8>

Lalitha Trishati Sadhana

Lalitha Sahasranama & Lalitha Trishati difference by Sri Sadguru Sivapremanandaji!

<https://youtu.be/rF2wBo3yqE0>

What is Lalitha Trishati? Why You Need Panchadasa Mantra Deeksha to Chant it? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/5ZN05XvIEec>

How to do Lalitha Trishati Sadhana! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/HNDHZO09saE>

Maha Paduka Guru Mantra

Power of Maha Paduka Guru Mantra! -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/QobVW-wXe9Y>

Can we imagine Lotus Feet of Mother Goddess in Maha Paduka Mantra?

<https://youtu.be/jA9Rlu7DfKs>

Bliss of Mahapaduka Guru Mantra & Guidance!

<https://youtu.be/ucmMcyUuE5M>

What Energies do we Invoke by chanting Mahapaduka Guru Mantra?

<https://youtu.be/TuwtmYOMU7E>

Amritha from Top of the Head after Maha Paduka Guru Mantra chant!

<https://youtu.be/30qjvxFKcCl>

Is Mahapaduka Guru Mantra can be used in Havan?

<https://youtu.be/u1qy5-9lgjw>

Manifestation of Desires by using Mahapaduka Guru Mantra!

<https://youtu.be/psvmyOelW0w>

Why I feel sleepy while chanting Maha Paduka Mantra?

<https://youtu.be/v4zsxAav1q8>

Guru Paduka puja is applying Teachings of Master!

<https://youtu.be/KPZa5FL3gNU>

Divine forces behind Anandabhairava & Suraa Devi Beeja Mantras given in Mahapaduka Guru Mantra!

<https://youtu.be/lovvF9qXF0o>

I'm having Dreams about Siddha Guru Darshana after practicing Mahapaduka Guru Mantra!

<https://youtu.be/KMNSoO6yEc4>

Does Mahapaduka Mantra give me all the Knowledge about Mother Lalithambika?

<https://youtu.be/31QuEmlFOQo>

Can I chant the Guru Paduka Mantra as Moola Mantra throughout the day?

<https://youtu.be/FILSo-bio7M>

Does Deeksha or Initiation is needed to chant Guru Paduka Mantra?

<https://youtu.be/SZZglFeBiPo>

I feel Bliss & Tears start flowing as I chant Mahapaduka Guru Mantra!

<https://youtu.be/sOS0LRUx8Ls>

Can chant Guru Thirumoolar & MahaPaduka Mantra for 5 minutes without counting for 16 times?

<https://youtu.be/E0aEYHqwAgc>

Importance of Mulanji Guru Mantra

What is Guru Mantra? Sri Sadguru Sivapremanandaji!

<https://youtu.be/SYgNCtVTf6M>

What is the importance of Chanting "Mulanji Guru Mantra" -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/VnfgbFmwKoU>

Amazing Power of Thirumoolar Siva Mantra

Power of Siva Mantra!

https://youtu.be/dOO_HbW17oI

What is the Meaning of "Na Ma Si Va Ya" - Shiva Mantra? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/r44nfkq0pSg>

Secret Power of Thirumoolar Siva Mantra!

<https://youtu.be/EqVAgmCiueo>

How does Thirumoolar 51 Syllable Mantra helps? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/SSRzm64nbTo>

How to chant Thirumoolar 51 Letter Siva Mantra? -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/RycoqKJmwDo>

Is it a mandatory to chant Thirumoolar 51 Syllable Siva Mantra after Srividya Sadhana Meditation?

<https://youtu.be/RUwUAIEBL20>

Power Of SOHAM Mantra (Veda Vakya Mantra)

OM & SOHAM difference!

<https://youtu.be/xj4LOAPLKNs>

Guidance for Soham Japa - Ajapa!

<https://youtu.be/93SDwhNvndg>

Can I Chant the Soham Mantra in any Language?

<https://youtu.be/QW4QbFrhKjQ>

Health Mantra {Heal any type of Diseases}

Health Mantra to overcome any type of Diseases!

<https://youtu.be/wd5VGTm7K2I>

How to use Health Mantra to Heal my Mothers' Health?

<https://youtu.be/xDIFDqiC1V0>

Can I use Health Mantra to Bless all the Kids in a School?

<https://youtu.be/OK5gztD4uS8>

Can I chant "Achytaya Ananthaya Govindaya Namah" only instead of complete Health Mantra?

<https://youtu.be/H-q6DemXz60>

How can I help to Heal Myself, my Parents and Distance Person?

<https://youtu.be/uOlaKS78FYY>

Protection Mantra {Sri Krodharaja Bhairava Sadhana}

Protection Mantra by Sri Sadguru Sivapremanandaji!

<https://youtu.be/fLbdRIRiwhQ>

Is Krodha Raja Bhairava is the Shakti of Vishnu Baghawan?

<https://youtu.be/dxjOkw-aKNc>

How to Invoke Sri Krodharaja Bhairava to overcome Internal Enemies ?

<https://youtu.be/HvLwisMnURM>

Can Krodh Raj Bhairava Mantra help me Master or Conquer my Anger?

<https://youtu.be/R5EOLR9aNsk>

Havan of Krodha Raja Bhairava & Experiences!

<https://youtu.be/sZ3anUyMmRU>

Bhatuk Bhairava & Krodha Raja Bhairava difference!

<https://youtu.be/LTlaKrDas0A>

Annapurneswari Mantra {Auspicious & Fulfilling}

Sri Kamadhenu Annapurna Devi Mantra!

<https://youtu.be/O6iYkTyZCCA>

Annapurneswari Mantra for Hotel Business?

https://youtu.be/fu98ap_LBaE

Can Annapurna Mantra be chanted for Career issue?

<https://youtu.be/njXin6v6oM4>

Powerful Mantras & Bhajans

"Shivohum" Mantra Meditation!

<https://youtu.be/GFqji3CZ5I0>

Guru Lineage Invocation - Receive Grace of Maha Siddhas -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/sWrXlcDyjFY>

Maha Paduka Guru Mantra - Sri Sadguru Sivapremanandaji!

<https://youtu.be/VvMOBAy6CLs>

Stula & Sukshma Shiva Mantras – Sri Sadguru Sivapremanandaji!

<https://youtu.be/LrHm4DODAKc>

Thirumoolar Siva Mantra - Thirumoolar 51 Letter (Syllable) Mantra!

https://youtu.be/KvjC9b2Rs_4

Srividya Naam Japa -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/2YpRmZiahEc>

Sri Rajarajeshwari Mantra Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/a5hD3lxjy0s>

Sri Varahi Mantra Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/YmS7N3Xx3zE>

Kamala Mantra Meditation - Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/NEESsG8Mhco>

Matangi Mantra Meditation -Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/jfrCze1iZ0k>

Bagalamukhi Mantra Meditation - Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/iC88b4AqXqA>

Dhumavathi Mantra Meditation -Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/gYfWNXRAQDM>

Chinnamasta Mantra Meditation - Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/hoLm8bJbVg>

Sri Bhuvaneshwari Devi Mantra Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/st9ZH-OvsqE>

Bhairavi Mantra Meditation - Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/oALOsxdfOS8>

Kali Mantra Meditation - Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

https://youtu.be/Uf6DrEU_IPE

Tara Mantra Meditation - Dus Mahavidya -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/wO-a-jmShi0>

Asta Bhairavas Mantra Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/BWfheXVAaCk>

Hamsa Mantra Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/buib-2zFhcU>

Sri Devi Khadagmala Stotra -by Mulavarg Self-Realization Centre!

<https://youtu.be/tbwhzryamql>

Devotional Prayer for the Grace of Divine Mother!

<https://youtu.be/hHlZrCkFVP8>

Maha Siddhar Thirumoolar's Bhajan!

<https://youtu.be/5cGBacJOr8Y>

Supreme Grace Light Mantra -by Sri Swami Ramalingam Vallalar!

<https://youtu.be/DMcxrJk8gtk>

"Awaken Lord Shiva Within" Prayer!

https://youtu.be/66_SgerprCg

Affirmation about Self-Realization!

<https://youtu.be/0fjVKn3plZc>

Donate Mantra Shakti (मंत्र धान)

<https://youtu.be/iazrn0GEjC4>

Scientific Healing Prayers!

<https://youtu.be/XmvnyJwHDgs>



Meditation/Dhyana

Siddha Immortality Meditation!

<https://youtu.be/ruk9YxY3Qro>

Bhairava Mantra - Guided Meditation!

<https://youtu.be/ASH1j2MDNgl>

Advanced Psychic Self-Defence Technique & Guided Meditation!

<https://youtu.be/HZ2-r2FN-7s>

Journey to Siddha Loka! -Guided Meditation!

<https://youtu.be/CSf98eM89GU>

Soul Healing & Stress-Free Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/X9g1gvq2qp0>

Group Meditation with Q & A

Objectives & Guidelines of Srividya Group Meditation -by Sri Sadguru Sivapremanandaji!

<https://youtu.be/61dHzJLnF8>

Is Group Meditation Video also has the same effect as Live Meditation?

<https://youtu.be/3hd0HmRYSbl>

Is attending Group Meditation Online is same as attending In Person?

<https://youtu.be/vd4OmY0WsXM>

Online Group Meditations are truly Transformative. Is it possible to offer these more frequently?

<https://youtu.be/d27YXgpG6kA>

Can Pregnant Women join the Group Meditation every month?

<https://youtu.be/vmWPfT7MI8k>

Why I saw different Colors with my Closed Eyes during Group Meditation?

<https://youtu.be/OHajjHTnCMg>

Siddha Health & Immortality - 23rd October 2022

https://www.youtube.com/live/64S_r-zr_7M?feature=share

Varahi Healing & Ascension - 3rd July 2022

<https://www.youtube.com/live/G8Udpe-tei0?feature=share>

Group Meditation - 9th April 2022

<https://www.youtube.com/live/VrUgcKtIDz4?feature=share>

Group Meditation - 18th December 2021

<https://www.youtube.com/live/5F4L8kHQ0nA?feature=share>

Group Meditation - 20th November 2021

<https://www.youtube.com/live/WPIVySz7exE?feature=share>

Group Meditation - 3rd October 2021

https://www.youtube.com/live/peGfarKiU_Q?feature=share

Group Meditation - 30th January 2021

<https://www.youtube.com/live/WYLbezjy1o8?feature=share>

Group Meditation - 17th October 2020

<https://www.youtube.com/live/HZfYQEIhiY8?feature=share>

Group Meditation - 16th August 2020

https://www.youtube.com/live/_HJVh7GhkFE?feature=share

Q & A of Group Meditation - 11th June 2020

https://www.youtube.com/live/GS_iK5hxKJA?feature=share

Q & A -14th Dec 2019

https://www.youtube.com/live/MNO6n9L_y4c?feature=share

Q & A -30th Nov 2019

https://www.youtube.com/live/DEO2P_aEz0M?feature=share

Q & A -19th Oct 2019

https://www.youtube.com/live/klAm_X06qHc?feature=share

Q & A -24th Aug 2019

<https://www.youtube.com/live/8dhDZdXD7sU?feature=share>

Q & A -28th July 2019

<https://www.youtube.com/live/4pSZtCuvLU4?feature=share>

Q & A -16th June 2019

https://www.youtube.com/live/lmPX_mGVTmY?feature=share

Q & A -1st May 2019

<https://www.youtube.com/live/2fK0EE5tyBo?feature=share>

Q & A -24th March 2019

<https://www.youtube.com/live/NW8SPtk0G3Q?feature=share>

Group Meditation - 24th February 2019

<https://www.youtube.com/live/188WesvpcuQ?feature=share>

Group Meditation -20th Jan 2019

<https://www.youtube.com/live/hM7MuWrsCCw?feature=share>

Group Meditation - 8th Dec 2018

<https://www.youtube.com/live/ppzo4lrCwOM?feature=share>

Doubt Clearing Session

Doubt Clearing Session - 6th June 2023

<https://youtu.be/v9q99nctc7A>

Doubt Clearing Session 8th March 2023

<https://youtu.be/zqu-q1TAyRQ>

Doubt Clearing Session - 8th December 2022

<https://youtu.be/c9hAOPtjbck>

Doubt Clearing Session - 23rd September 2022

<https://youtu.be/n95jPZYvT-0>

Doubt Clearing Session - 16th July 2022

https://youtu.be/m7rEf_cMEeA

Doubt Clearing Session - 9th May 2022

<https://youtu.be/eePLpy9TaNQ>

Doubt Clearing Session - 6th March 2022

<https://youtu.be/WJYJNSMGVl8>

Doubt Clearing Session - 31st January 2022

https://youtu.be/B973s_Cz9G4

Doubt Clearing Session - 19th December 2021

<https://youtu.be/l-kPCAd0z4>

Doubt Clearing Session - 19th October 2021

<https://youtu.be/D9Tmo54gCPI>

Doubt Clearing Session - 16th September 2021

<https://youtu.be/gg9-QuxWOaI>

Doubt Clearing Session - 31st July 2021

<https://youtu.be/iexFdV2guio>

Doubt Clearing Session - 28th June 2021

<https://youtu.be/a7TATX9Hr18>

Doubt Clearing Session - 15th February 2021

<https://youtu.be/-NfigT3m3bg>

Doubt Clearing Session - 17th January 2021

<https://youtu.be/iaRpbKLDuMY>

Doubt Clearing Session-16th December 2020

<https://youtu.be/acQmqaxpSvg>

Doubt Clearing Session-17th November 2020

https://youtu.be/VtQi_9njG8k

Doubt Clearing Session - 13th October 2020

<https://youtu.be/NJrRy0IsZFU>

Doubt Clearing Session - 18th Sept 2020

<https://youtu.be/8wXFW3Zh9OI>

Doubt Clearing Session - 31st August 2020

<https://youtu.be/uSKZXrmoX-g>

Doubt Clearing Session - 16th August 2020

<https://youtu.be/CgiL0x8hgSU>

DOUBT CLEARING SESSION FORM

Ask questions related to the Spiritual Practice that is taught from us not any other practices that you have learned from somewhere else. Also questions related to your Family Members and their Problems that are not part of the Spiritual Program is not encouraged and answered.

Please check our YouTube Channel before asking the questions as many questions are already answered by Sri Guruji.

Maximum 3 questions are allowed.

You should submit the form before last date and time of the Doubt clearing session the session to the email ID: sriquestions@gmail.com

Name:

SSRC Id No:

Email:

Question related to your Sadhana:

(Please mention the name of Sadhana like Srividya Level-1 or DSS or Bagalamukhi etc and then your question)

Announcement

Please note that the validity of the course (Online/Offline) is for 2 years only (not for life time). so student is eligible to send questions related to his course during a validity period only. For example, if you have taken Varahi deeksha means you are eligible to send questions related to varahi sadhana in validity period only (2 years). After 2 years, you are not eligible to send the questions to doubt clearing session OR to our mail ids. We will not accept any questions from students whose validity period is expired.



Srividya & Sivayoga Testimonials

Srividya Testimonials - Cancer Cured!

<https://youtu.be/TrTJbLDiHds>

Srividya Testimonials - Divine takes care of your Life!

<https://youtu.be/ohzUOd3hvrw>

Srividya Testimonials - Amazing Healing!

<https://youtu.be/SCNrSWz6ZA1>

Dus Mahavidya Testimonials - Secret Life Teachings!

<https://youtu.be/niqyCnZJB0k>

Srividya Testimonials - Surrender to Divine!

<https://youtu.be/M-wK2GTknfM>

Srividya Testimonials - Life Transformation!

<https://youtu.be/OoZVl6snYig>

Srividya Testimonials - Divine Attracts You!

<https://youtu.be/l2zLr7dPikc>

Sri Baglamuki Testimonials - Grace of Divine!

<https://youtu.be/M38OuiNomgw>

Sri Bagalamuki Testimonials - Court Case & Dispute Resolved!

<https://youtu.be/-dfN9hGJ7v0>

Dus Mahavidya Testimonials - Magical Life Solutions!

<https://youtu.be/kFEbOYstFTo>

Srividya Testimonials - Experience of Divine Bindu!

<https://youtu.be/Q4gTcDQ12ml>

Rajamatangi & Batuk Bhairav Sadhana {Intro & Testimonials}

<https://youtu.be/nG2bW1LslmE>

Sivayoga Experiences - February 2020 Batch

https://youtu.be/YJ2pSt4G_xM

Srividya Sadhana - Decemember 2019 Batch Experiences!

<https://youtu.be/6ldTltemEic>

R - Kriya - Utlimate Health Solution - November 2019 Batch Experiences!

<https://youtu.be/ghyXPDJPIYE>

R - Kriya - Utlimate Health Solution - October 2019 Batch Experiences!

<https://youtu.be/HPBZ9WCOC5s>

Srividya Sadhana - Aug 2019 Batch Experiences!

<https://youtu.be/TrnX2B4hU78>

Rajarajeshwari Kriya Experiences - August 2019

<https://youtu.be/9acsk8z6Rp4>

Rajarajeshwari Kriya Experiences - July 2019 Batch!

https://youtu.be/NE7or_7g-o4

Srividya Sadhana - June 2019 Batch Experiences!

<https://youtu.be/owwWOsuv2Es>

Siva Yoga Experiences - May 2019 Batch Experiences!

<https://youtu.be/sYVo7bcNnoQ>

Srividya Sadhana Experiences - April 2019 Batch!

https://youtu.be/n_VJKPeNLck

Srividya Sadhana Experiences - Feb 2019 Batch!

<https://youtu.be/PwACTUuVofo>

Srividya Sadhana Testimonials!

https://youtu.be/NvNAIW_BUW8

Srividya Sadhana Deeksha Workshop & Sadhak's Experiences!

<https://youtu.be/Lw7m7BMeGm0>

Workshop Pictures in Slides

Children's Deeksha || in held on 3rd September 2023||

<https://youtu.be/JxXAp6nQEGA>

Srividya Sadhana Workshop Aug-2023 Glimpses ||

<https://youtu.be/9m1j47PeY2U>

Glimpses of Guru Poornima - 2023

<https://youtu.be/1E4x9CISfcl>

Glimpses of Soundarya Lahari Workshop - 2023

<https://youtu.be/djs9eBC04wl>

Srividya Level 1 to 3 Workshop-27th & 28th May 2023 Glimpses!

<https://youtu.be/ZSsah2IG334>

Khadgamala Group Anustana March 2023 Glimpses!

<https://youtu.be/QJOZcluQrb0>

Dus Mahavidya Powers Explained & Workshop March 2023 Glimpses!

<https://youtu.be/3kFzkZMAfnlch>

Srividya Level-1 to 3 on 25th Feb 2023 Pics

<https://youtu.be/GXVZ51o0yS4>

Maha Sivaratri Group Meditation on 18th Feb 2023 Pics!

<https://youtu.be/dp7qVAdO0sk>

Srividya level-4 to 7 Workshop on Jan 2023 Pics!

<https://youtu.be/-iHcQoYpaZ0>

Srividya Sadhana Workshop on Dec 2022

<https://youtu.be/Pxnh0o2T5ks>

Children Deeksha Event Pictures- 20th November 2022

<https://youtu.be/pBA4TOFG74I>

Dus Mahavidya Workshop 2022 Glimpses!

<https://youtu.be/J2UYoYBVzlk>

Srividya Workshop Pictures - Dec 2021

<https://youtu.be/Uy5nTbjx7FM>

Children Deeksha Event Pictures- 11th December 2021

<https://youtu.be/yILp3gZBR3Q>

Group Meditation & Bhajan Pictures - 20th November 2021

https://youtu.be/qLx_p0U1dvg

Group Meditation Pictures at our New SSR Center - 3rd Oct 2021

<https://youtu.be/lfwkRyjWdgs>

Workshop Details and Testimonials

Thirumoolar Siva Yoga Workshop Details & Testimonials!

<https://youtu.be/yQGg5RrSMxQ>

Srividya Sadhana Workshop Details & Testimonials!

<https://youtu.be/hDm0EoLjx4o>

Vancha Kalpalatha Ganapathi Workshop Details & Testimonials!

<https://youtu.be/dqM12iaisy0>

Rajamatangi and Batuk Bhairava Sadhana Details and Testimonials!

<https://youtu.be/qBloVI4f-5Y>

Shodasi Tithi Nitya Devathas Workshop Details!

<https://youtu.be/HvoBbGMkSIM>

Durga Saptasathi Sadhana Workshop Details & Testimonials!

<https://youtu.be/WKetYHvrTQ4>

Bagalamukhi Sadhana workshop Details & Testimonials!

<https://youtu.be/z2M3K-MV4BE>

Varahi Sadhana Workshop Details & Testimonials!

<https://youtu.be/bTdBF05HITU>

Soundarya Lahari Workshop Details!

<https://youtu.be/BCR7Oen06tY>

Sri Chakra Nava Avarana Puja Workshop Details!

<https://youtu.be/JmYcydTgLI0>

Rajarajeswari Kriya Workshop Details & Testimonials!

<https://youtu.be/kZg2XEMezsg>

Srividya Sadhana E-book - FREE Download!

<https://youtu.be/MQNQRbdKOWk>

Success Wisdom - Rich Life Mastery E-book Details!

https://youtu.be/eDXMk_Y0vgU

Srividya Stotras E-book Details!

<https://youtu.be/OUz-CUZwro8>

Shivohum Speaks by Sri Sadguru Sivapremanandaji!

<https://youtu.be/oEZclJKUPDQ>

Rajarajeshwari Kriya - March 2019 Experiences!

<https://youtu.be/jGVCOd6btqo>

Spiritual Journey with Sri Sadguru Sivapremanandaji

Tirumantiram Center Grand Opening - Guruji's Entry - 22 Feb 2022

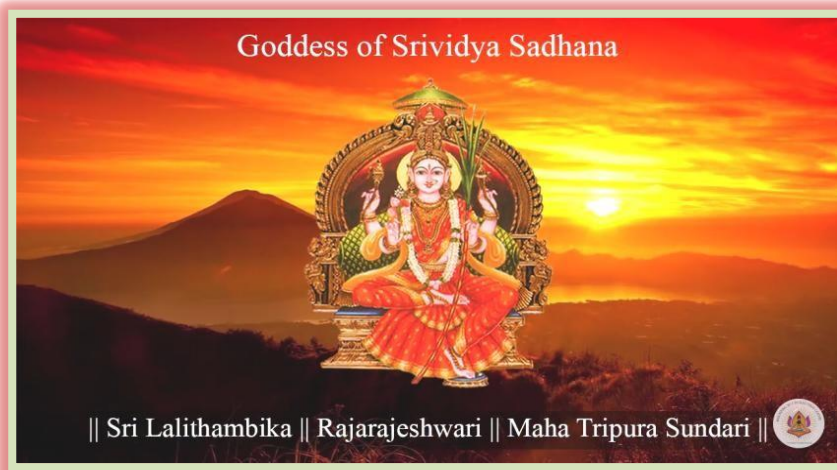
<https://youtu.be/9Lo4AQRD-ww>

Flood Relief Project - Kids Education Kit Distribution - Sept 2019

https://youtu.be/piHIGII_M1s

Mulavarg Plantation Drive on 30th June 2019!

<https://youtu.be/onQUQLGWgE>



Divine Mother in You, the Shakti in You, the Soul power in You



CONTACT DETAILS



The objective of *“Sivapremananda Self-Realization Centre”* is to spread **Satguru Thirumoolar’s Teachings** on Self-realization, Self- Empowerment and Self-Ascension.

SIVAPREMANANDA SELF-REALIZATION CENTER

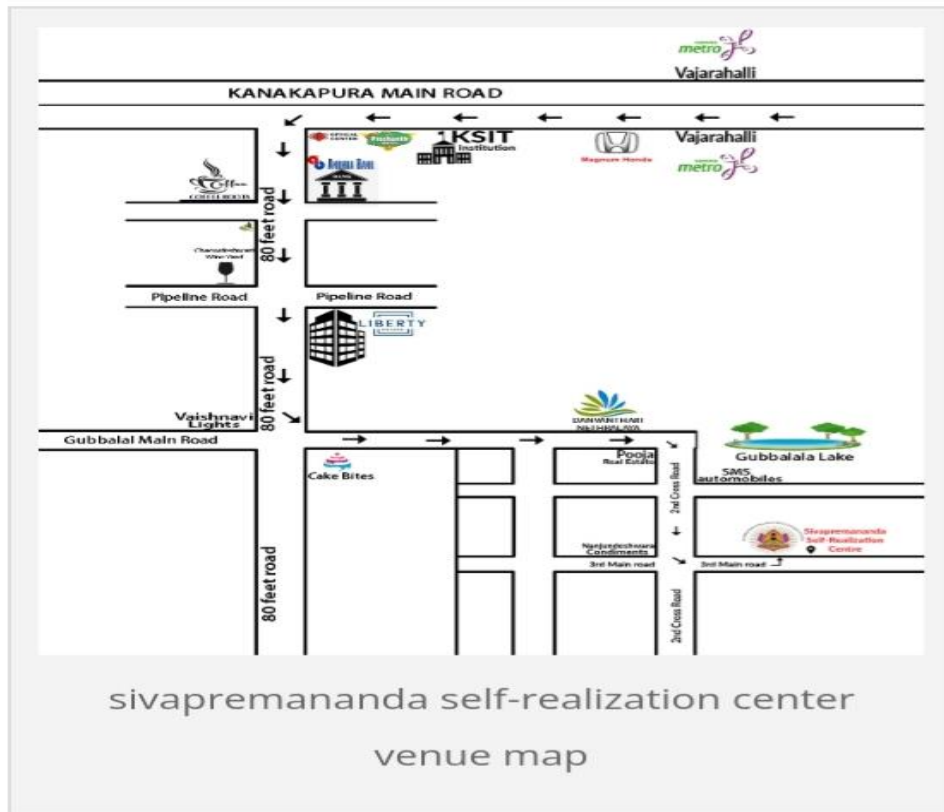


Location Details:

Sivapremananda Self-Realization Center
No.87, 3rd Main, Raghavendra Layout,
Gubbalala, Raghuvanhalli
Bangalore -560061
Mobile: 9901019177 / 7483528148

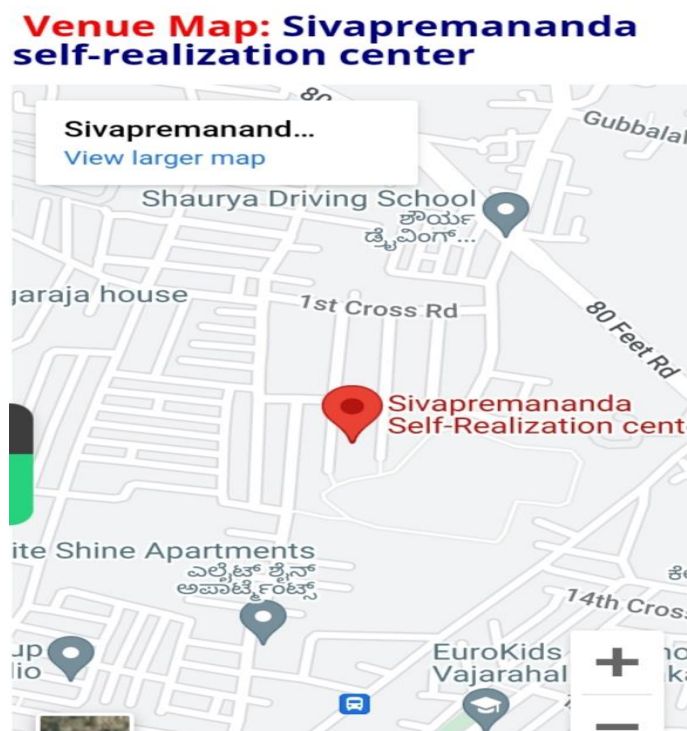
Land Mark: Gubbalala Lake

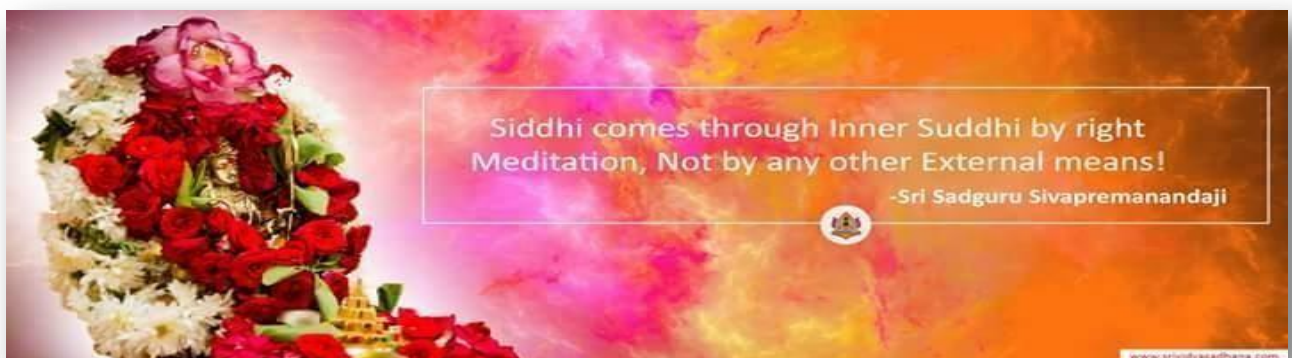
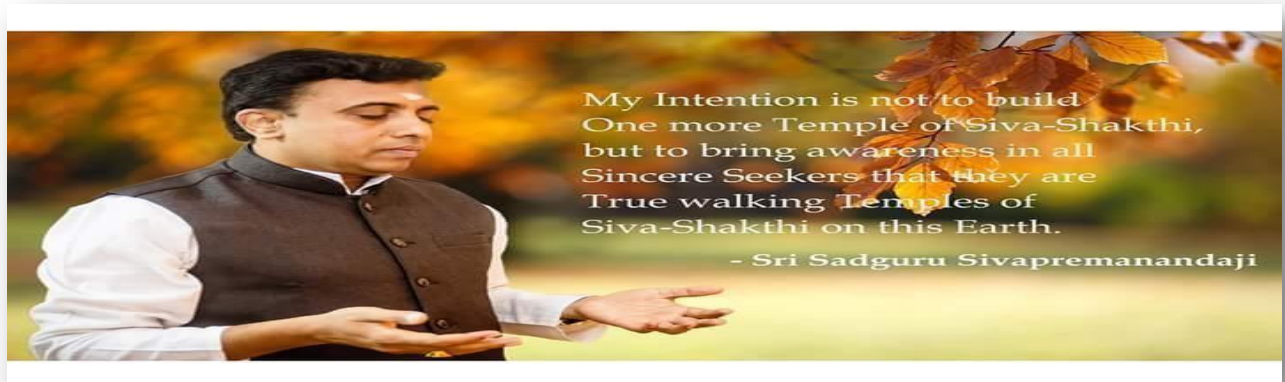
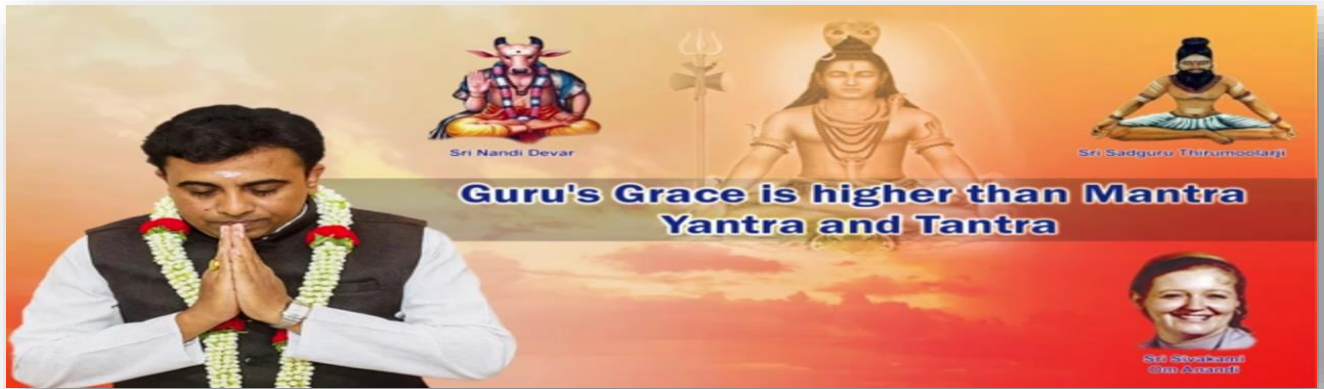
Email: prem999ananda@gmail.com



So please type “**Sivapremananda Self-Realization Center**” in the google maps to find exact building location.

Venue Map: Sivapremananda Self-Realization Centre.





Sivapremananda Self-Realization Centre

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