

Srividya Sadhana Questions
Answered *by*
Sadguru Sri Sivapremanandaji



<http://www.srividhyasadhana.com>

Om Mulanji



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Dedication

*In humility we offer this dedication to Mahasiddhar
Sadguru Sri Thirumoolarji, who initiated Sri
Sivapremanandaji into the secrets of Srividya Sadhana*

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Srividya Sadhana



*She is the Beginning, She is the Beginningless,
She is the Cause, She is the Causeless
She is the Light, She is the Not-light
She is the Bliss that is Beauty Divine,
She is the Mother Supreme, She is Samadhi, the transcendental End
She is Manonmani, the Jewel of the Inmost Mind
She in my sentience entered, And in my heart abided.
Tirumantiram 1114*

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What is Srividya? Who is the deity of Srividya? What is the ultimate realization of Srividya?

Srividya is the *experimental knowledge* of the goddess Sri Lalitha Tripura Sundari that leads to divine or absolute truth. Srividya is meant for the *Self-Realization which leads to absolute bliss*. The Ultimate realization of Srividya is that *“your own SELF is Tripura Sundari.”* This knowledge happens to you through Self-Realization by practicing Srividya meditation.

What are the different Schools of Srividya?

There are three different schools of Srividya Sadhana called Samaya Mat, Kaula Mat and Mishra Mat. *Samaya Mat* is the ancient form of worship. Vedic in origin, it believes in sacrifice and penance. *Kaula Mat* is the path of heroes who can face challenges and remain balanced while enjoying yoga and bhoga(sensual enjoyment). *Kaula* is an evolved being who dwells in non-dual consciousness and a constant state of awareness. His *Madya* (liquor) is Amrita (some) dripping from soma chakra. To him *Mansa* (meat) is his anger, greed, and attachment. *Matsya* (fish) is taste, egoity, pride, avarice. *Mudra* (money) is hope, seeking, anxiety, fear, jealousy, shyness, envy. *Maithuna*(sexual communion) is the union of kundalini with Shiva. This is the real Panch Makar Sadhana of a Kaul. *Mishra mat*, mixed path, combines yoga, tapa and mantra. According to this school the intoxication that comes by knowledge is liquor, the inner silence that comes by sadhana is meat, the stopping of the constant floating in the Ganga and Yamuna (Ida and Pingala) is eating the fish and self-knowledge is *mudra* (money) and the union of Siva and Shakti is *Maithuna*(sexual communion).

Which school of Srividya is taught by you?

The teachings presented by us belongs to the *Mishra Mat*.

What are the benefits of Srividya Sadhana ?

- A healthy body that is in a constant rejuvenative mode

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- A mind that is inspired, guided and powerful
- Attract Wealth, fame, respect, power, and prosperity
- Supercharge your energy level
- Manifest your sacred purpose as human and evolve
- Manifest your dreams into reality
- Learn to detach and free yourself from negative feelings and emotions
- Draw and feel divine that is divine love near to you
- Cultivate inner silence and bliss
- Find out just what true satisfaction is
- Learn to trust yourself
- Access answers from your higher self
- Clear away karma by clearing chakra system
- Take control of your life
- Awaken psychic abilities

How many Srividya Levels are taught in your program? What should be the gap in-between each level of Srividya sadhana?

The core practices of Srividya Sadhana are taught in 7 graduated steps/levels. All the practices are meditative in nature and are not outward Puja rituals. Each level should be practiced regularly for **minimum** 6 -8 weeks before going to the next level. Following are the different Srividya levels with required eligibility:

Srividya Level 1 – Kundalini Chakra Sadhana

Eligibility: Willingness and open mind

Srividya Level 2 – Thirumoolar Navakkari Chakra Sadhana

Eligibility: level 1

Srividya Level 3 – Thirumoolar Navakkari Chakra Pranayama

Eligibility: level 2

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Srividya Level 4 – Bala Tripura Sundari Sadhana

Eligibility:level 3

Srividya Level 5 – Panchadasi Sadhana

Eligibility:level 4

Srividya Level 6 – Shodasi Sadhana

Eligibility:level 5

Srividya Level 7 - Siva-Soubhagya Shodasi Sadhana

Eligibility: level 6

Can you please explain why Srividya Sadhana is offered in 7 levels and how each level of Srividya Sadhana is helpful to sadhaka?

I'll explain in brief about inner mechanism of each level and their importance in the spiritual progress of a student:

Srividya level-1: helps student to balance his chakras and make them function with maximum capacity so that he can receive divine mother's energy and transform his life.

Srividya level-2 & 3: invokes Navakkari Shakthi into the student's soul which are nine powers that control this universe in different aspects and dimensions(these are the same powersthat we worship as dasmahavidya shaktis) to overcome any negative effects of planets, Horoscope, Past life curses, Ancestor problems etc.

Srividya level-4: first 3 levels cleanses and prepares student energy body, astral body, mental body, and causal body to receive Srividya mantra in **seed form** called Bala Tripura Sundari mantra.This level-4

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sadhana is like sowing a divine mother vibration, i.e. seed in the student's soul so that he can grow into divine mother consciousness with regular sadhana.

Srividya level-5: Panchadaai is expanded form of bala tripur sundari mantra. This mantra balances ida, pingala and sushmna and removes all 3 granthis, cleanses all karmic impressions by raising kundalini upto sahasrara chakra. This level-5 sadhana prepares sadhaka to become one with Divine mother. Regular practice of level-5 awakens self-awareness or Witness consciousness in sadhaka i.e. stage of self Realization.

Srividya level-6: Shodasi Mantra further raises kundalini above sahasrara chakra about half to one feet and merges completely with Universal divine Self/Soul. Regular practice of level-6 leads to God realization i.e. experience of ultimate truth.

Srividya level-7: This sadhana helps to balance ground and bring universal Divine Soul consciousness into mind, body and waking state of awareness. It prepares a normal sadhaka to siddhahood.

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Can you please explain what is Samadhi? Savikalp Samadhi, Nirvikalp Samadhi and Om Samadhi ?

Samadhi is the experience of ONEness with Cosmic consciousness.

In savikalp Samadhi you experience your true identity as a SOUL and not body & mind, etc. but still it is a relative state. In Nirvikalp Samadhi, you experience all that is existed is only ONE soul, energy and consciousness. It is totally subjective state in which there is only experience but no experiencer. There is no separation between god, guru and you in this state, but only experience of all is ONE.

In Om samdhi, you experience you are Om naad which is Sound form of parabrahma. But here it is a very important factor to consider that savikalp and nirvikalp samadhis are blissful and peaceful, but om Samadhi is very joyful, pleasurable then all other Samadhis. So my Master made a criteria that until disciple don't experience Om Samadhi he is not eligible to become a master in our Siddha lineage. This is because he is so content in himself that no pleasure of this world is equal to it. If you compare the experience of peak of sexual intercourse to Om Samadhi then Om Samadhi is million times more pleasurable to sexual pleasure. Many yogis and siddhas always in Om Samadhi. Om Samadhi is called as Kama Sutra of Higher consciousness that only few experience it all the time. This makes them to detach from the world and be in their blissful & pleasurable state of consciousness.

Why is Srividya sadhana considered supreme amongst all the sadhanas?

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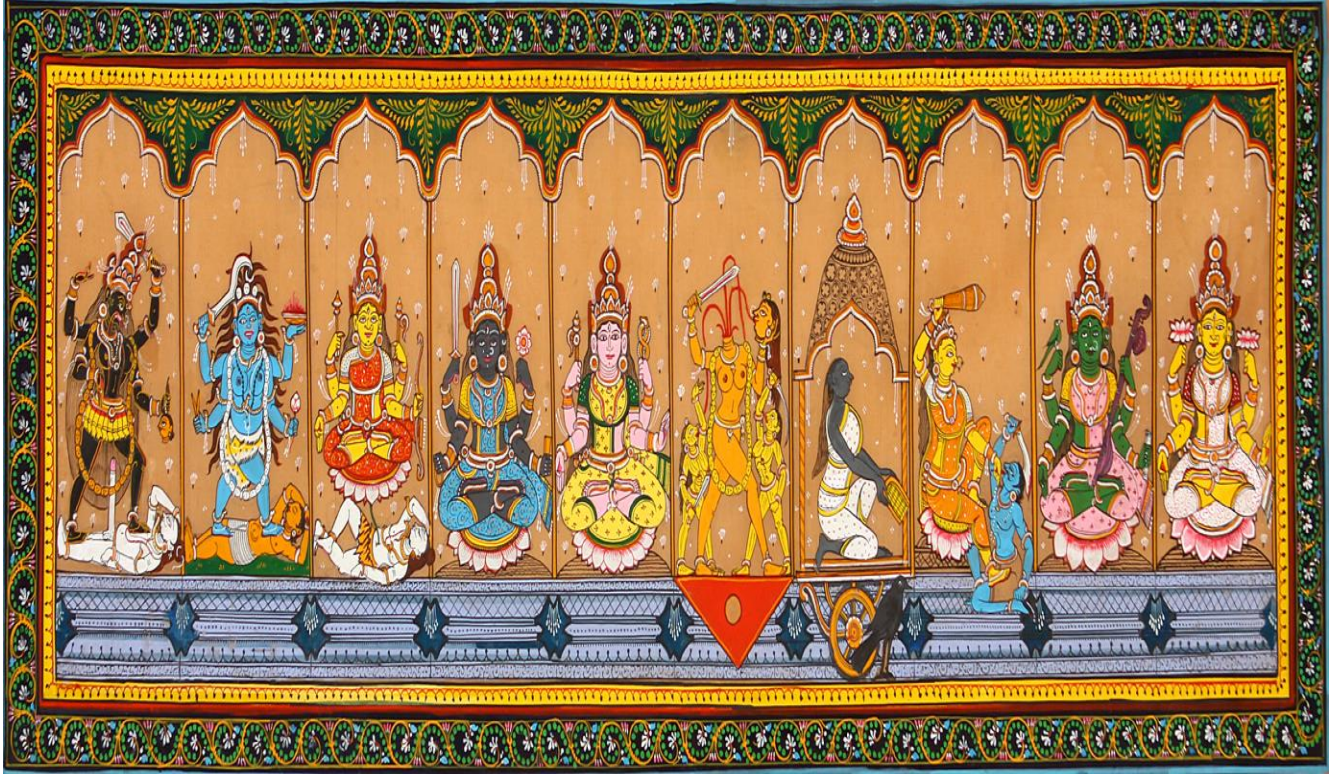
Srividya sadhana removes the ignorance of the disciple by helping him realize his true identity and experience oneness with Paramataman. Other sadhanas will yield many material benefits, but not the ultimate knowledge or truth. Hence, Srividya is considered as the supreme and called BrahmaVidya. Also, it is mentioned in the Lalitha shasranama stotra that “carama Janmani Srividyaopasako bhavet” means “one will succeed in attaining Srividya only in his final birth”. Also Srividya sadhana is only sadhana that yields all the four goals of human life i.e. dharma, Arth, Kama, & moksha.

Where is Srividya referred to in Vedic texts?

Sri Sukta from Rg veda, Aruna Upanisad in Yajurveda, Bhavanopanisad & Atharve shika in Atharva veda. Sundari Tapini Pancjakam, Ratrisukta Bhavanopanisad, Devisukta, Devyupanishad, Tripuropanishad, Saubhagya Lakshmi Upanishad, Bahvrchopanishad, Kaulopanishad, Guhyopanishad, Mahopanishad, Saraswati Rahasyopanishad, Srichakropanishad

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Das Mahavidya



*With all created objects, their associated living things,
the Parai with ten faces looking in ten directions,
and paraparai activizing the mind and the functions of other organs,*

Sakti is the Mistress of wisdom.

Tirumantiram 1059

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What are Das Mahavidyas?

Das Mahavidya means the 10 Mahavidyas. Maha-Vidya means great knowledge. The Mahavidyas are thus ten insights covered by ten mysteries about 10 essential energies, that are also 10 goddesses. Their worship is a main path in Tantra Yoga.

For example, the first and foremost Mahavidya is Kali, which is the energy of Time. The related avidya or mystery is that Time, which is life, seems temporary. The truth or vidya is that time and life are never-ending. Death, the apparent end of life and time, is an illusion. To conquer the fear of death, worship of Kali is very effective, using the Kali mantra, yantra and an image of the goddess. However, one should never worship a Mahavidya lightly. Worship of Kali should only happen if one is ready to give up attachment to the body.

Following is an overview of these 10 wisdom goddesses, their attainment and what it means to worship them:

Name: **KALI (Time)**

Mahavidya: Eternity of time

Worship means To die daily, detach from body consciousness and the impermanence of all things, transforming into the eternal unborn being.

Attainment: Kumbaka, self-knowledge, samadhi.

Name: **TARA (Star)**

Mahavidya: The power of silence

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Worship means To move across the pond of mind & emotion, guided by the savior star that is silence, the void, nada, the primordial sound.

Attainment: Hearing the silence of nada (or Aum) behind all sound, inner peace.

Name: **TRIPUR SUNDARI (the beauty of the 3 worlds)**

Mahavidya(Srividya): The beauty of pure perception

Worship means To move beyond the perception of form into the delightful union of seen and seer, the divine beauty in everything.

Attainment: Witness consciousness

Name: **BHUVANESHWARI (queen of the universe)**

Mahavidya: The love of infinite space

Worship means To let the fullness of inner space merge with the cosmic womb of outer space, with the divine mother, and join the play of loving union with everything.

Attainment: Universal love

Name: **TRIPUR BHAIRAVI (terror of the 3 worlds)**

Mahavidya: The fire of truth

Worship means To let the awesome power of truth destroy all impediments to spiritual growth by burning them in the fire of tapas (ascetism).

Attainment: Inner light, removal of the 9 impediments of mind

Name: **CHINNAMASTA (chopped off head)**

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Mahavidya: To stop mind is liberation

Worship means To liberate yourself from the desire for sensory input, cutting off the source of the movements of mind and reaching deep meditation (samadhi).

Attainment: Willpower, vision, meditation, sexual abstinence, kundalini yoga, Samadhi

Name: **DHUMAVATI (beholder of smoke)**

Mahavidya: The blessing of suffering

Worship means To let the unreal become obscured by the smoke of suffering, revealing the hidden potential behind pain, ugliness and old age, grasping the opportunity for learning, embracing the wisdom of forgetting the past.

Attainment: Enjoyment of sorrow, spiritual insight, compassion, mental health

Name: **BAGLA MUKHI (power to stop speech)**

Mahavidya: All opposites are one

Worship means To apply the stunning power of the truth of complimentary upon all negativity, silencing confusion and doubt.

Attainment: Inner silence, stillness of asana, kumbhaka, willpower

Name: **MATANGI (power of intellect)**

Mahavidya: Speaking truth purifies

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Worship means To speak truth, teach truth, sing of truth, paint truth, even if it makes us outcasts, even if we feel unsuited, and thus invoke its purifying power.

Attainment: Creativity, harmony, mantra meditation, teaching

Name: **KAMLA (lotus, clad in water)**

Mahavidya: Sharing brings wealth

Worship means To share wealth, beauty and enjoyment in order to obey the magical law of karma, thus providing a peaceful background for spiritual growth.

Attainment: Wealth, sharing, peace, devotion

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Deeksha



*Gathering the strands of my fetters,
he knotted them together and then wrenched them off.
Thus freeing me from my fond body, straight to mukti he led me.
Behold, of such holy potency is the presence of my guru divine!*

Tirumantiram 1574

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What is Srividya deeksha or initiation?

Deeksha is a process wherein the Spiritual power or charge or Truth consciousness in the form of mantra is infused in the soul of the disciple. The guru adds the spiritual power to the mantra and gives the same to the disciple so that disciple gets the mantra with much power to awaken his kundalini and break the karmic barrier, overcome the obstacles and start his spiritual journey. If the mantra is got by upadesham then disciple will have to create that power in oneself by strenuous japa, homa, tarpana, marjana and dhyana. ***Parashuram in his kalpa sutra suggest that one should get Srividya deeksha without fail.***

What is the difference between deeksha and upadesham?

Upadesham is merely teaching the mantra to the disciple, but deeksha is infusing mantra power with spiritual charge of the divine in disciple soul and guiding him with spiritual practice to experience truth and liberation.

What are the different types of deekshas?

Scriptures mention 32 kinds of deekshas but three types of deekshas are given generally. They are Sakthi, Sambhavi and Mantra deeksha.

Whether Srividya Deeksha can be given to someone who is widow/widower/bramachari?

All persons irrespective of caste, creed, gender and position of ashram can take up the Srividya deeksha. Divine mother is unconditional love and an ocean of mercy and she will bless all equally.

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Why it is customary to give deeksha to couples in Srividya?

To bring harmony between the couple so that they can follow the same path, principles and practices under one guru instead of different path and approach which create lots of confusion in the family life. But if one partner not interested in this path, then alone can be initiated.

Does receiving Deeksha result in the activation of Kundalini Shakti and opening of the Chakras of the Sadhak?

When a Sadhak receives Deeksha, his Kundalini Shakti (the Universal Life Energy) gets activated and awakened. Signs of awakening are innumerable and can be unique to each Sadhak based on his Samskaras and his needs for further spiritual progress. However, these signs cannot and should not be categorized as indicative of specific milestones or the opening of specific Chakras.

Does one need to receive Deeksha only once? Does it result in the continual purification of the Sadhak once he has received it? How long does it take to reach enlightenment after Deeksha?

Deeksha needs to be received only once from a Guru who is capable of transferring of Awaken Soul Consciousness to sadhak. Once Deeksha is given, the Sadhak's Kundalini Shakti and consciousness get awakened. Under favorable conditions the internal purification of a Sadhak takes place through diligent Sadhana and disciplined external behavior (Karma). Even if a Sadhak has bad habits and poor Karma to begin with, the awakened Kundalini Shakti will move him away from his bad habits and towards good Karma as long as he sits for Sadhana regularly and surrenders himself to the Divine Mother. In that sense it is a continuous process of purification and the Kundalini Shakti will continuously purify the Sadhak until he experientially achieves enlightenment.

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What are the pre-qualifications necessary to become as Srividya sadhaka?

Burning Desire for liberation, willingness, sincerity, determination, self-discipline and open-mind are necessary qualities to become a Srividya sadhaka.

How do I know that Srividya sadhana is right for me?

There are many different approaches to Yoga and meditation, so you can try any or all of them. You can also try Srividya Sadhana and if you think it works for you, go ahead and keep following it.

What is the difference between Srividya and other paths like dhyana yoga, karma yoga etc?

Srividya is the primordial (highest) Mulavidya or brahmavidya. Other paths are derivatives of Srividya.

How can a common man get benefitted from this path?

Common man can attain both spiritual and materialistic goals by following this path.

Is it possible for the common man to make this a part of his busy lifestyle?

Sure, Supreme mother can be worshipped at any time, in any place without any pre-conditions

Can women practice these Srividya techniques?

Yes, Lopamudra who was women practiced Srividya sadhana and started teaching the well known lopamudra Srividya.

Is it always necessary to have srichakra or any idol to follow this path?

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There is no restriction as such. It is recommended to worship sriyantra or idol, but not mandatory and you can keep the photo of the divine mother.

Can householders follow this path?

Yes, they are the most eligible.

Every day I recite Lalitha sahasranama, trishathi and saundaryalahari. Is it enough or is there something to be added on to this sadhana?

Please continue your sadhana. Shortly divine mother will show you the guru to learn more about Srividya sadhana.

We are very happy with our lives and we are also very young. Why should we bother with meditation, Sadhan and Srividya? What benefit does it have for us?

The urge to sit for Sadhan (meditation) has to come from within. No one should tell you that you should sit for Sadhan and follow Srividya, because without the internal urge Sadhan just won't happen.

Having said that, Sadhan can be of benefit to everyone, regardless of whether you are presently successful and happy with your success, or are encountering obstacles in your day-to-day life. When you are successful and happy you will have a tendency to think that your current state will continue for ever. But as most of us are aware, our lives go through ups and downs. Even with material success most of us will encounter periods of unhappiness and stress at various points in their lives. But it is important to remember that it is our mind that becomes happy or sad, not our true self which is the Pure Consciousness. If we can become aware of the Consciousness within us, and experientially identify ourselves with it, our ability to deal with the ups and downs of life will be greatly improved. Srividya sadhana will help you experientially become aware of, and identify with, your true inner self. The sense of calm you will derive from this can help you maintain an even keel through the ups and downs in your life. In other words, Srividya sadhana can take you beyond the successes and failures of our day-to-day lives.

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Mantra



The five letters beginning with "Ka" are golden hued to behold

The six letters beginning with "Ha" are red-hued

The four letters beginning with "Sa" are pure white

The mantras thus grouped leads to bliss below

And to liberation above.

Tirumantiram 1307

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What is the Mantra? What are Srividya mantras? Why Srividya mantras are considered very powerful?

Mantra is a combination of divine syllables or sounds which when chanted with devotion, faith and emotion gravitate the concerned God or Goddess or deity and secure their divine blessings. For divine help one must link with divine forces, but majority of humans are unaware of these forces and have no link whatsoever. But when an individual starts chanting Mantra related to a particular deity regularly the gap between him and the concerned divine force steadily decreases. By regular use of Mantra a subtle link is formed and through this one could then obtain any desired boon within the power of the deity.

Srividya Mantras have proved to be a wonderful key to success in the lives of hundreds of great Rishis and Yogis. According to ancient texts these Mantras were never created by anyone, rather it was obtained directly from Lord Shiva.

It is these mysterious Srividya Mantras that hides within it the power to link a human to his inner bodies. Most people and scholars today associate Srividya Mantras with mental upliftment only. If used properly Srividya Mantra can activate all the inner bodies and also all the Chakras of the Kundalini, thus bestowing psychic and soul powers like telepathy, hypnotism, astral travelling and omniscience on an individual.

What is the Panchadasi Mantra? Please explain it?

Srividya mantra of Divine Mother Tripurasundari is known as the famous Panchadashi or fifteen syllable mantra. It has three sections (kutas), each ending with the mantra **Hrim** which is **a mantra by itself** can be used to worship Tripura Sundari or Lalita.

KA E I LA HRIM

HA SA KA HA LA HRIM

SA KA LA HRIM

The above Pachadasi Mantra is derived from the following verse,

KAMOYONIH KAMLA VAJRAPANIR

GUHA HASA MATRISHVABHRAMINDRA

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**PUNAR GUHA SAKALA MAYEYA CHA
PURUCHCHAIVA VISHVAMATADI VIDDYOM**

**KAMA (KA), YONI(AYE), KAMLA (EEE), VAJRAPANI INDRA (LA), GUHA (HRING),
HASA VARNAS MATRISHVA-VAYU (KA), ABHRA (HA) INDRA (LA), PUNAH GUHA
HRING, SAKALA VARNAS AND MAYA HRING**

There are many ways to explain this Srividya mantra. Whole books have been written on it. Below is a short examination of its syllables Relative to the first of the three sections of the mantra:

Ka is desire or the creator.

E is Maya or the power of illusion.

I is Vishnu or the Divine ruling power.

La is the power of bliss.

Relative to the second section:

Ha is space or breath-

Sa is time.

Ka again is creation.

Ha is breath or spirit renewed in energy.

La again is bliss.

Relative to the third section:

Sa is time as eternity or totality

Ka is origin and also the unknown.

La again is bliss.

Hrim repeated three times brings about a triple transformation of our nature.

The first set of Srividya mantras is the head of the Goddess, the second from her neck to her hips, and the third the region below the hips. The first set relates to Vak, the power of speech the second to Kamaraja, the king of love, and the third to the original Shakti or power of transformation. These three sections also relate to Brahma, Vishnu and Shiva, the three Vedas (Rig, Yajur, and Sama).

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What is Kadi Vidya, Hadi Vidya and Sadi vidya?

The version of Srividya mantra that begins with **Ka** is known as **kadi vidya**. There is another version called **Hadi Vidya** that starts with **Ha**, which omits some letters and gives letters in a slightly different order.

Kadi Vidya is ascribed to a line of teachers: Parama-Siva, Durvasa, Hayagriva and Agastya and it is more popular all over the country than the other one. **Tantra-raja-tantra** and **Vamakesvara-tantra** are its chief authorities. The Hadi vidya tradition goes back to Lopamudra, wife of Agastya, and was prevalent in Kerala. The main text on which this tradition relies is **Tripuropanisat**.

There is another version of the Srividya mantra that starts with **Sa** is called **Sadi vidya**.

What are other deities associated with Srividya sadhana?

There are many derivative deities from the Srividya. The first of them is called **Bala-Tripura sundari**. She is imagined as a young maiden or as a girl of Nine,



the mother goddess in her juvenile condition.

The second divinity is **Mantrini** (counselor to the mother-goddess). She is also called **Shyamala** (dark in complexion), and **Mathangi (or RajaMathangi)**, in her

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capacity to function like the gateway to Srividya). She symbolizes the second unit of panchadasi mantra.



The third divinity is **Danda-natha** (lady commander of the forces of the mother goddess, symbolizing might of Srividya). She is also called **Varahi** (the hog-faced one or the great consumer) who destroys the evil forces that obstruct the devotee's progress and leads ultimately to Srividya. she represents the third unit of the panchadasi mantra.



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Another divinity associated with Srividya is *Pratyangira*, whose involvement is mainly with magic and sorcery. She is considered as a powerful repellent of the influences generated by witchcraft. In Srividya sadhana, she protects the devotee against all odds, and guides him along the path.



She is represented by many forms. But her significance is uniformly to drive away the hordes of enemies, sins and evil designs.

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What is the first mantra initiated in Srividya?

According to Lalita krama and Parasurama kalpa sutra, Bala mantra should be given as first mantra. But in our Siddha Sampradaya we give Bala mantra at fourth level because we prepare students to cleanse their chakras, subtle bodies and other doshas using basic tantric mula mantra of srimatha and Navakkai mantra& pramayama. This prepares them to receive bala mantra which is the seed mantra of Panchdasi.

What does Mantra siddhi mean?

Mantra siddhi means the sound waves of the mantra have become a part of your inner body. We have 5 bodies – the physical body, energy body, Astral body, Mental body and Causal body. The mantra has to influence the five bodies and when it awakens the causal body then it is called Mantra Siddhi.

What are indications of Mantra Siddhi?

Mantra siddhi activates psychic powers and soul qualities. Soul qualities like Calmness and balanced attitude without getting angry or having any hatred are some of indications of mantra siddhi.

Mantra siddhi also activates psychic powers like hearing inner astral sounds i.e veena, flute, mrdanga and om. Dreams of Guru or divine mother offering flowers & fruits, etc. Experiencing fragrances, high dimensional light like gold, violet, white in agna chakra.

What is Suddha vidya, Soubagya vidya and Para vidya?

Panchadasi mantra sadhana is **Suddha Vidya**.

When Bala bija mantras are added to the panchadasi in the respective kutas at the beginning, it is called **Soubagya Vidya**. As the name suggests this mantra will bestow the sadhaka with all the riches needed throughout the life. It is given at the level-7 in our Srividya Sadhana as Siva-soubhagya Sadhana.

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The **Para Vidya** is a single lettered mantra wherein all the forms of divine mother vanish. It is the shakti or power or heart of divine mother. It is not asked by student but given by the guru only by the command of the divine mother.

What is Shodasi and Maha shodasi? Explain greatness of Mahashodasi mantra?

A Secret single bija mantra is added to the panchadasi mantra called Shodasi mantra. Whereas Mahashodasi is a mantra wherein eight bijas are added at the beginning and five bijas at the end and panchadasi is placed in-between. This is very powerful mantra. This should not be uttered outside and has to be given only to the qualified. Scripture says if one sincerely repeats the mahashodasi mantra then it is equivalent to performing one thousand Vajapeya yagas, doing pradaksina of the whole earth, taking bath in all the holy rivers and receiving powers of the universe, planets and galaxies. This is so powerful and so it shouldn't be given even if one is prepared to give his kingdom or one's own head. Only qualified and by the order of divine mother given to the right disciple.

What are the various malas that are used in the mantra sadhana?

Malas made of sphatika (crystals), rudraksha, tulasi, lotus stalk, bilva can be used for japa. Each mala has particular vibrations & effect and you should learn from guru and sastras about which mala should be used for what sadhana.

Can ladies practice mantra or Srividya sadhana during menstruation?

There is nothing unhealthy or impure about the menstrual period. Rather, if you understand it correctly and scientifically, then you will realize that it is the most important time for a woman when she can experience psychic awakening. During the menstrual period, the hormones that flow in the woman's body, stimulate her emotional personality, and this can be used very easily and effectively for psychic development. So women should particularly practice mantra or srividya sadhana during menstrual period. But if this goes against her belief or creates conflict, then she shouldn't do Sadhana. If the concept of impurity has embedded itself so deeply in her mind, it will be difficult to extricate it.

Om Mulanji

Can you please explain about the importance of lalitha shasranama chanting?

Lalitha sahasranama is very powerful spiritual practice. It is of divine origin in the praise of divine mother by Vagdevatas. It gives an idea of the divine mother and her qualities and powers. Also, it gives glimpses of divine mother manifestation and her purpose. In yogic point of view it is the sadhana of sahasrara chakra. Each name is the vibration of 1000 petaled lotus of crown chakra, which is the true abode of divine mother Lalithambika in the human body.

Can you please explain about lalitha trisathi?

Lalitha trisathi is expansion of panchadasi mantra. Panchadasi mantra is coded form and to understand the power of each letter you need to understand the meaning of Lalitha trisathi. Once you understand Lalitha trisathi then you will have a realization about a subtle form of divine mother that is hidden in the panchadasi mantra.

Can you please explain about khadgamala stotra?

Khadgamala stotra is an invocation of divine mother in her full manifestation with all srichakra khadgamala yoginis & devatas. It is a short form of srichakra nava avaran puja. It is tantric worship of the divine mother and yoginis in srichakra. It is very complete tantra sadhana and very few can get it by the grace of divine mother.

Can you explain about durga sapthashati?

Durga Sapthashati is very sacred shakti sadhana. By chanting durga sapthashati under the guidance of a guru, student's ida, pingala and sushmana nadis and kundalini gets activated. It is complete sadhana of invoking divine mother grace at all levels your existence and awakening soul consciousness.

Om Mulanji

Guru & Disciple



*He taught me the meekness of Spirit,
Infused in me the light of devotion,
Granted me the Grace of His Feet;
And after interrogation holy, testing me entire,
Revealed to me the Real, the Unreal and Real-Unreal;
Of a certain is Siva-Guru Lord Himself.
Tirumantiram 1573*

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Who is a guru?

Guru is a tattva(principle or concept) appearing in the human form. Guru appearing in the human form plays an important in the spiritual growth of the sadhaka. Guru empowers students with right spiritual practice, principles and even protects sincere sadhak until he discovers his truth i.e Self-Realization.

What are the qualities of a Srividya Guru?

Clarity on the subject, Compassion towards other &purity of the soul are the main qualities of the GURU.

What is Guru parampara?

Guru Parampara is an unbroken tradition starting from Lord siva/Divine Mother to the devotees immeditate guru.

Can you please explain about your guruparamapara?

Our guru parampara is called **Thirumoolar Siddha Sampradaya**.

Our Siddha Parampara Lineage is as follows:

Lord Siva → Nandhi devar → Siddha Thirumoolar → Sivakami Om Nanandhi → Sivapremananda

Can you please tell me more about Siddha Thirumoolarji?

Siddha Thirumoolarji is considered as Grand father of Siddhas and known by the name of Sundarar from the Mt. Kailas area of the Himalayas. He decided to undertake a journey to see a friend and fellow Siddha. This friend resided in the Potheya Mountains of south India. He was known as Siddha Agastyar. Nearing the end of his journey, near the village called Sathanur, he saw a sight that deeply moved him. He noticed a herd of cows lowing miserably around the dead body of their cow herd, Mulan. This yogi who knew

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well..."Anbe Sivam" (God is Love), felt he should do something to alleviate the suffering of these poor creatures. Through the use of his yogic powers, he put his body in a hollow log for safe keeping and then left it to enter the body of the dead Mulan. The cows were overjoyed to see their master returning to them. He then led them back to the village. After leaving them safely at home, he returned to the old log where he had left his body. He was shocked to find that his body had disappeared. This yogi remained in the cowherd's body and became famous for the verses he uttered when he occasionally would come out of Samadhi (contemplative absorption). In this fashion, 3000 verses were recorded, and these are now known as THIRUMANDIRAM. Now Thirumandiram is available in nine volumes which took five years for a team of scholars to translate each of its more than 3,000 verses and to write extensive commentaries about them, in nine chapters, known as tandiramams. For more details please visit:<http://Srividhyasadhana.com/buy-tirumandiram-books/>

Can you explain me more about Sri Sadguru Sivakami OmAnandi?

I would like to share an article written by Sri Roger which gives more details about Sivakami Om Anandi:

Sivakami Om Anandi was born October 31, 1947 in the state of Colorado in the USA. She grew up and lived most of her life in the Pacific Northwest of the US. The last 9 years of her life were spent in relative seclusion on the island of Hawaii in the Pacific ocean. She was a strong swimmer, gifted equestrian, and accomplished dog breeder; but above all, a skilled and well read metaphysician.

Brought up in a Christian home, she was disillusioned with many aspects of the religion; among others, the lack of any special happenings or feelings when she took her 1st communion. One beautiful spring morning, as she was driving into town from her home in the countryside, she looked across the new fields of dark green wheat and acres of golden mustard flowers in bloom, and said to herself; "If there is a God, I'm looking at it!" This seemed to be a magic formula, as within a week, she was introduced to metaphysical teachings, which she hungrily devoured. She soon realized that what she

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was truly passionate about was the search for truth. Eventually, she came across the writings of Paramahansa Yogananda and once she had read “The Autobiography”, there was no stopping her. She was euphoric at the realization that there was actually a way out of this mess we call life, and she set out to find it, at all costs. Her family had a fit. Even friends that should have known better, tried to tell her it wasn’t for westerners. “What nonsense”, she said. “Truth is truth, wherever one finds it!” By this time, she was on a mission. She joined Self-Realization Fellowship (YogodaSatsanga in India) and it changed her life forever.

Her first SRF weekend retreat, in 1977, was led by a Swami of the order, Brother Bhaktananda. As she knelt in front of Yogananda’s photo and offered a rose, a great flash of light passed between the Swami and herself. They didn’t talk about it, but both knew it had happened. She never forgot what happened that evening. In her bedroom, she suddenly awoke and was aware the master Yoganandaji was standing there, all aglow, even as the room was dark. He was dressed in white with a white wool shawl around his shoulders. His hair was pulled back in a knot at the back of his head, and covered in a scarlet-red ribbon. She sat up on the bed in total disbelief. He knelt in front of her, lifted his hands in front of her stomach, and drew negative karma out of her. Then he pronammed to her and was gone. This act of charity on his behalf instantly and permanently changed her. Suddenly she found she could concentrate like never before. This made meditation easy. Therefore, she meditated all the time, everywhere. She also realized he had imparted ways of doing it not given to most students. This, along with her total surrender, led her to Samadhi in just 6 weeks time.

The Samadhis she was experiencing became progressively longer and more intense, to the point she feared she might die, and this brought her to begin the struggle to take back self-control. It took a full year of effort to get back to semi-normal consciousness. When she did, she was totally grief-stricken over the loss of the intense love she had been experiencing. It was at this time that Divine Mother began asking her to “teach My children”; but she did not know what to teach, as SRF makes it clear that you are not to pass on what they give and at that time she didn’t know any other techniques.

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About 4 years later, while meditating, she received BabajiNagaraj's darshan, which she described as being so incredibly strong that when a friend walked in during the process, the friend almost fainted just from being near her.

In 1989, Divine Mother took her astrally to hidden caves and passages under the Himalayas where she began receiving lost meditation techniques. Some of these, she taught locally.

It was in 1991 that a fellow SRF student introduced her to the book, "Babaji and the 18 SiddhaKriya Yoga Tradition". She read a few pages each night before sleeping. She had just read about doing the mantra, Sivayanama, with the breath, so decided to try it as she lay down to sleep. She hadn't made it through the 1st round when a Master (in living color and fully animated) dropped into her Spiritual eye, calling her by name, telling her how happy he was to see her again, and other personal information. Then he held up his index and middle fingers, sent a brilliant light through her, and was gone. At the time, her husband came running down from the upstairs to tell her the house was full of a holy vibration. She was too drunk on bliss to react. This blissful drunken state lasted for 3 days. As she became outwardly conscious again, she began to go through the book to find out which one of the 18 Siddhas had come to her. The minute she looked upon the eyes in his picture, she knew it was Thirumoolar, her first and Sat Guru. It was Siva's mantra that had brought him and this prompted her to research book after book about Siva, and to wear the Shiva Lingam which she later passed to **Sivapremananda**. Because of her devotion to Siva, he eventually came to her in a vision, and told her that her name was "**Sivakami Om Anandi.**"

In the years following, Thirumoolar came to her many times, transposing the instructions for the 3DQs/sivayoga onto her mind and imploring her to put it on the internet for today's upwardly mobile, electronics savvy population. Sivakami had never learned to use a computer, and never did, but around this time, she fell in love with and married her soul mate, and he was to become her secretary and helper in this most important endeavor. Towards the end of her life on this earth, she made sure to set things up so that this important work could continue. On November 14th, 2011, her work on this

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earth came to a close as she left the body permanently. Throughout her life, Sivakami did not seek out miracles. She sought only for truth; for answers to why miraculous things happened to her spontaneously. Those answers, for the most part, came through meditation and surrender to Spirit. Sometimes they were communicated to her directly in visions or by clairaudience. Other times, she was guided to answers or clues hidden in the writings of others. She was not bound by any one religion or path, but believed truth could be found where 2 or more paths crossed

How you came in contact with siddha Thirumoolarji and Sivakami OmAnandi? Please share your experiences.

I came in contact with Sivakami OmAnandi during my higher studies in Germany. I read Autobiography of a yogi and wanted to learn Kriya yoga so I searched in the internet for kriya yoga teacher in Germany and somehow I found sivayoga website(www.sivayoga.com). I chanted Thirumoolar's 51 letter Siva mantra mentioned in the sivayoga website and found so much bliss & joy that I completely forget the world for a few minutes. Then I felt magnetically attracted to sivayoga teachings taught by Sivakami Omanandi. So I applied for sivayoga course and started sivayoga practices under her guidance. This is how I came in contact with my spiritual master and mother Sivakami Omanandhi. As I started meditating under her guidance, my life started changing and I started experiencing great transformation in my thoughts, energy, emotional states and behavior.

In the beginning, Sadguru Thirumoolar started guiding me in my dreams. After 3 months of Sivyoga initiation, I got a dream where Siddha Thirumoolar was writing some coded symbols around my head and those symbols started shining as a divine Siva mantra. This is my first initiation in Sivamantra by Sadguru Thirumoolarji infusing five letters of Siva mantra around my head as if they are five faces (panchamukhi) of Lord Siva. After this initiation, I started experiencing kundalini activation and deeper state of meditations for 5-10hrs daily. Then he started manifesting as golden light form in my third eye and once he completely came out of my third eye and gave a darshan which made me go blank and drunk in bliss for 3days. Other times he manifested in three different bodies like young, middle and old age

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person. I prayed him to give darshan in the old age(father form), so that my mind can surrender to him completely and sadguru Thirumoolarji accepted my request.

How to find and select a guru?

The disciple with his limited knowledge and perception can't find a guru who will be able to remove all his miseries and help him directly in the advancement of his spiritual sadhana. Actually, It is the guru who chooses disciple. Sastras say that for getting a proper Guru, one should meditate with utmost faith and devotion on his ista devata. Then by the grace of ista devata, Sri Guru will be known to him. Remember, the connection with the proper guru is really the result of good deeds done in the earlier births by the disciple.

What is the place of a guru in the life of a Disciple?

While guru may appear as an ordinary person, he must be perceived as the embodiment of Shiva-Shakti and not as an individual. Sastras vouchsafe that there is no difference between the Sri Guru and Parashakti. The guru is always in the heart of the disciple and clearing all the doubts arising then and there. This can be an experience of the disciple. The disciple will experience that the guru is the living personification of the divine mother.

How should the guru be honored and respected?

One should have the utmost respect and devotion towards his guru. Guru is living deity who has come to elevate the disciple up from the ocean of samsara. Guru's words should be taken as the words of divine siva-shakti. Guru bhakti should be something the disciple must feel from within. Mere external expression not necessarily an indicator of one's respect for his guru.

Who is a disciple?

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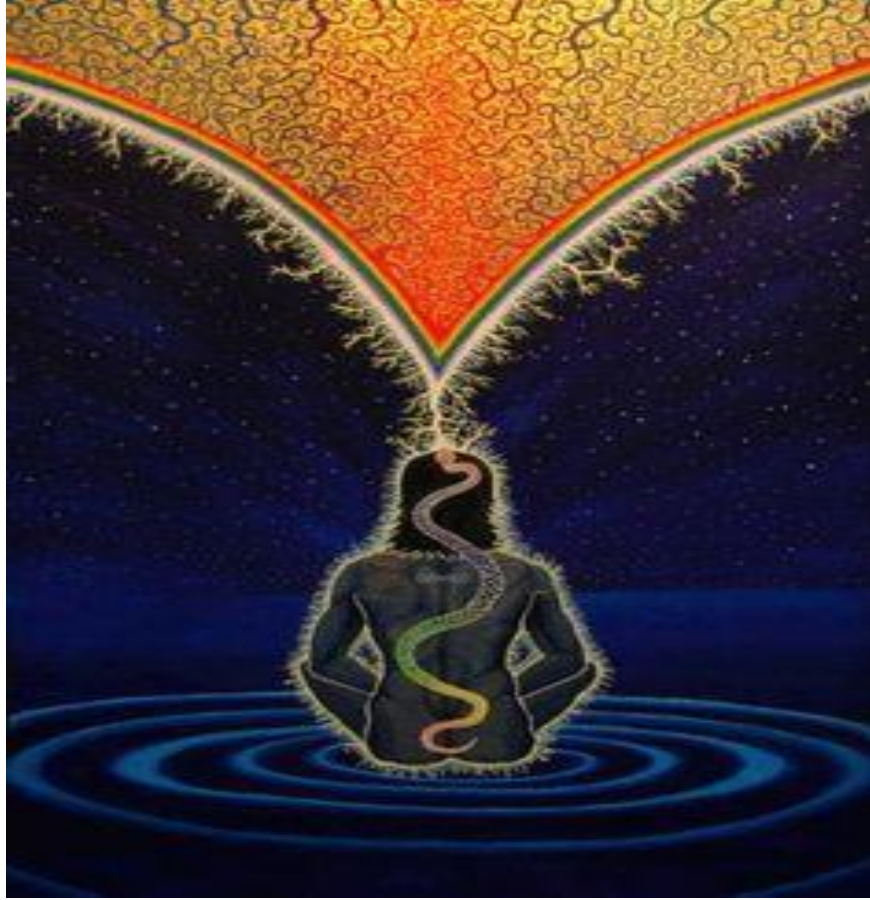
Disciple is one who sincerely and faithfully follows the discipline given by the guru.

Can a disciple or seeker give upadesam or deeksha(initiation) to another?

Normally when the Guru is alive, the disciple should not give upadesam or deeksha to another person. However, when guru is unable to do so due to old age etc then one can with the prior permission of the Guru do the same.

Kundalini

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*In the nine centers within,
That Flower walked,
As nine Sakṭis were they there;
Kundalini Light through Central passage arose,
And into the Lotus in Sahasrara spread.
Tirumantiram 1143*

What is the Kundalini? How Kundalini activation and Srividya Sadhana are connected?

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Kundalini is the power of Siva which is dormant in the muladhar chakra. Srividya mantras called panchadasi and Sodasi are the mantras of kundalini activation. Various kutas of Shodasi mantra are matched with the kundalini in the tantras:

Lower Kundalini – Vagbhava kuta- Agni mandala

Central Kundalini – Kama Kuta-Surya Mandala

Upper Kundalini -Shakit Kuta -Soma Mandala

Triya Kundalini- Turiya Kuta-Para Mandala

Bhaskararaya in his “setubandha” refers to five forms of kundalini:

- 1.Shakti Kundalini: it is in the form of serpent and dormant.
- 2.Prana Kundalini:In the form of life force in the form of hissing snake
3. Para Kundalini: It is a subtle or light form of Prana kundalini
4. Urdhva Kundalini: It lies upper portion of the Sushma Nadi.
- 5.Adhah (lower) Kundalini: It is in the compressed form of kundalini stored in the lower chakras.

Can you please share your kundalini awakening experience?

I started experiencing kundalini energy flow as a tingling sensation around my spine as soon as I chanted the Guru mantra for the first time. But after initiation of Sivamantrain a dream by Sadguru Thirumoolar, I felt the kundalini energy as a river that is flowing at high speed within me and it broke the water-dam that is holding it as a reservoir. I realized the water dam is nothing but all the inner blocks like granthis/knots, chakras and other barriers opened and the river flowing beyond my head or crown chakra as river Ganga flows from Lord Shiva’s head. The whole experience was involuntary&uncontrolled at the same time blissful and peaceful. After

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Kundalini awakening, I could able to experience great changes in my body, meditative states, people's behavior&treatment towards me.

Is kundalini awakening brings Siddhi's to the sadhaka?

Siddhis are yogic powers, which manifest as a byproduct of intensive meditation due to kundalini awakening. But all students don't get siddhis. It is depending upon the lesson needed for a student to learn that divine decides and blesses siddhis.

Is it safe to activate Kundalini? Does it create any problem if it happens at distance/online? Can you explain the process you follow to activate it?

In our Siddha parampara, activation of kundalini is smooth&Safe. I have learned to activate kundalini in a safer way as taught by divine mother and Sadguru Thirumoolarji. First, I ground student's Muladhar chakra to mother earth, then I bring Shiva consciousness to muladhar chakra of a student. Siva consciousness magnetically attracts and activates dormant kundalini. Siva consciousness doesn't stay at muladhar and it starts moving upward so kundalini follows Siva consciousness slowly by cleansing and piercing all chakras, granthis and goes beyond sahasrara and experiences oneness with Siva.

Kundalini activation happens very natural that is a precious gift of divine to all students who follow this path. It is my realization that Divine Siva-Shakti are the doer here and I am just an instrument and witnessing all the miracles of divine in student life. I have initiated and activated kundalini of 14yrs old childrens and their consciousness is blossoming like a flower under the grace of the divine. It is very safe and not to be afraid of it.

Is there any difference between Kundalini Yoga and Srividya Sadhana?

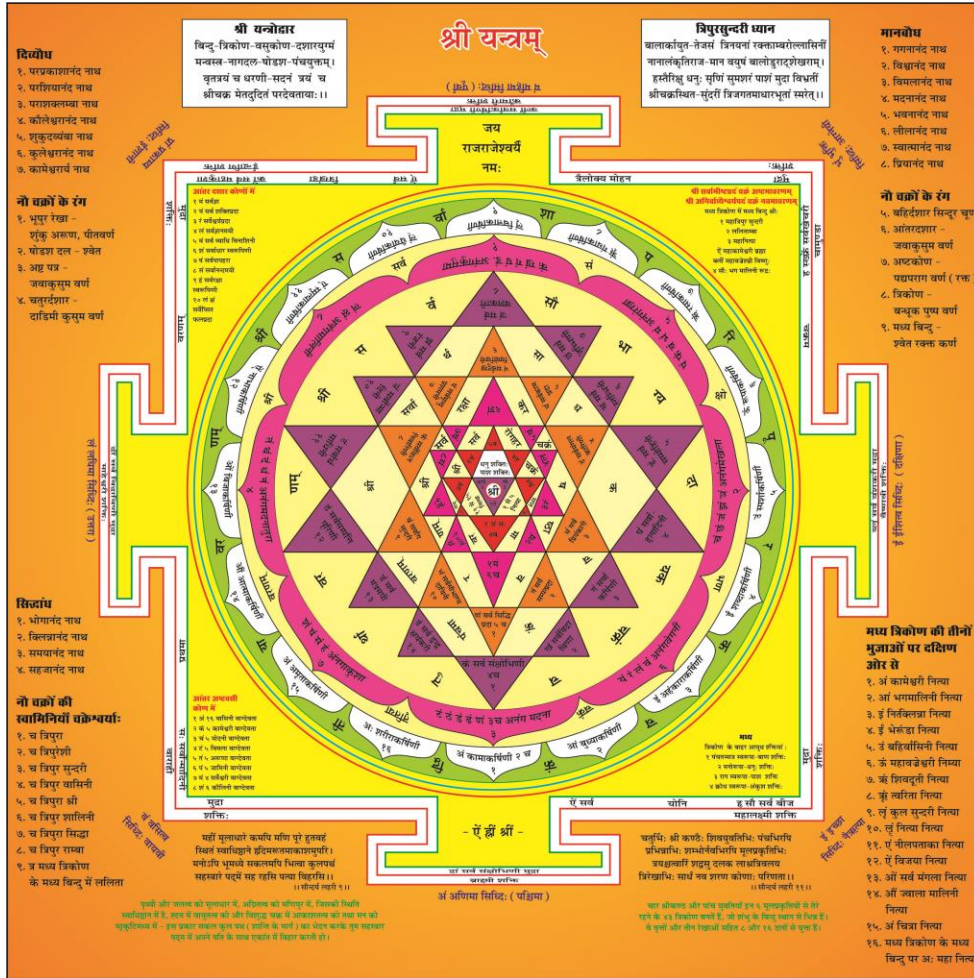
Any Sadhana which leads to the awakening of the kundalini is a part of Kundalini yoga. Therefore, we can say that Srividya Sadhana is Kundalini yoga. Srividya mantras facilitate arousal of Kundalini energy, remove the Brahma, Vishnu& Rudra granthis and upward movement of kundalini from muladhar to sahasrara chakra which leads to self-realization. Srividya

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sadhana is very safe, scientific way and mulavidya of practicing Kundalini yoga.

Sri Yantra

Om Mulanji



Meditate on the Double Triangular Chakra(Sriyantra)

This the truth if you but see, This the true God, none other there is;

Listen, one thing I say This double triangle is great unto the ocean

Center your thoughts on it, Bliss and Mukti shall yours be;

Tirumantiram 1308

What is Sriyantra or Srichakra?

Om Mulanji

Sriyantra is a sacred geometry of a universal soul drawn on a paper or bhojpatra or etched on a metal. It is employed in the worship of goddess Lalitha Maha Tripura Sundari as per ritual. Srividya tradition believes that worship of the divine mother in the Sri chakra/Sriyantra has more power than in an idol. It is a abode of divine mother and all her powers.

What is 2-Dimensional sriyantra, Ardha-Meru and Maha-Meru sriyantra?

Sriyantra drawn on a paper or bhojpatra or etched on a metal is called 2-dimension sriyantra. Sometimes only some part is made like a pyramid and rest in a flat plate itself, then it is called Ardha-Meru Sri chakra. When complete sriyantra is made in pyramid structure, then it is called Mahameru Sri chakra.

Can you explain more about Sri Yantra, its worship & construction etc.?

The worship of the Sri Yantra, the method of constructing it, and its complete explanation are given in *Saundaryā Lahiri*. Sri Yantra is constructed with an intersection of nine triangles. Four of these triangles are pointing upward and five downwards. The four upward-pointing triangles are Shiva triangles, and the five downward pointing triangles are Shakti triangles. A combination of these nine triangles makes Sri Yantra the most dynamic of all Yantras. If we construct a similar figure by intersecting eight triangles- four pointing upward and four pointing downward – it becomes balanced and static. The imbalance created by the addition of one more triangle makes the yantra dynamic and more powerful. Sri Yantra is an asymmetrical diagram, and the beauty of it is that when you look at it, it appears symmetrical. The five downward-pointing triangles, or Shakti triangles, are manifested as five tanmatras (sound, touch, sight, taste & smell), five mahabhutas (Akash, air, fire, water & earth), five sense organs (ear, skin, eyes, tongue, & nose), and five organs of action (hands, feet, mouth, genitals, & anus). In human body these five elements are skin, nerves, flesh, fat, and bones. The four upward pointing triangles, which are Shiva triangles, represent the male energy and exist as chitta (being), buddhi (intellect), ahamkar (ego), and manas (mind). As the five downward-pointing and four upward-pointing triangles intersect and overlapping one another, producing

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forty-three visible triangles, similarly the male and female forces intersect in the cosmos, producing various objects of the phenomenal world. As the Bindu in the center represents the Divine mother, so there is Bindu in the sahasrar Chakra representing the individual consciousness, which is the self (Jiva), soul, spirit, or *atman*

For the purpose of worship, a Sri Yantra is engraved on copper, silver, and gold plates as a flat line drawing, or sculpted from stone and precious gems (quartz, crystals, etc.). This form of Sri Yantra looks like a pyramid, and there are many such yantras available from ancient times.

Sri Yantra usually represents the body of the goddess Tripurasundari. Also, it is known as tantra of the cosmos. In the *Bhairavayamal tantrait* it is clearly said that the Yantra of Tripurasundari is of the shape of the cosmos. In Kamakalavilas it is said that Sri Yantra is constructed on the same principles on which the human organism is constructed. Just as the body has nine chakras (psychic centers), so a Sri Yantra has nine chakras (groups), as follows,

1. Bindu
2. Trikon – central triangle which contains the bindu
3. Astar – a group of eight triangles outside the trikon
4. Antar Dashar – a group of ten inner triangles
5. Bahir Dashar – a group of ten outer triangles
6. Chatur Dashar – a group of fourteen triangles
7. Ashta Dal – a ring of eight lotus petals
8. Shodashi Dal – a ring of sixteen lotus petals
9. Bhupar – the square form with four gates

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The word chakra in the Sri Yantra means a group, not a psychic center of Kundalini Yoga, but there is a definite relationship between the nine figures of the Sri Yantra and the nine psychic centers.

The *Kamakalavilas Agama* states that it is very necessary to understand the true form of the goddess Tripur Sundari, and the only way to understand it is to understand Sri Yantra, which is symbolic form. Thus it becomes clear that Sri Yantra is

- The cosmic form (the diagram of evolution and development of the cosmos)
- The form of the human organism(the diagram of inner circuit of the body)
- The form of goddess Tripur Sundari(because the goddess energy, which pervades the entire phenomenal world)

How sriyantra worship help in spiritual sadhana or on the path to self-realization?

Sriyantra is the soul diagram and contains all dimensions of being. By worshipping sriyantra you are worshipping your complete being at all levels of your existence, i.e. physical, mental, energy, astral, and spiritual. So it awakens your chakras, kundalini and erases your karmic impressions and attracts divine near to you.

How sriyantra is correlated with the energy centers/chakras in the human body?

Srichakra in the form of Meru is thought to be identical with the body of a worshipper. Following are the various avarnas (energy circuits/enclosures) of srichakra find equivalent in different chakras in the body:

Kula chakra- bhupar (three concentric squares)

Visu chakra-Sodas dala chakra (16 petaled lotus)

Muladhara-Asta dalal chakra (8 petaled lotus)

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Swadisthan-Chaurdasaram or Manvasra chakra (14 petaled lotus)

Manipura-Bahir dasara chakra(outer 10 traingles)

Anahata-Antardasara chakra(inner 10 traingles)

Visuddhi-Asta dala chakra or Asta Cona (8 triangles))

Lambikagra-trikona chakra(one traingle)

In-between Ajna and Sahasrara-Bindu(dot)

Kula chakra is 2 inches below muladhara. Visu chakra is 1 inch below muladhar chakra.

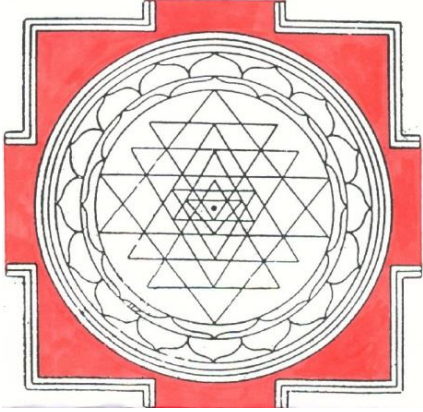
Why sriyantra puja is called Nava avarna puja?

Sriyantra contains nava avarna i.e nine chakras. Various deities worshipped in these chakras and divine mother is worshipped in the center at the bindu. Srichakr puja involves worshipping these nine-avarnas so it is called nava avarna puja.

What are the deities, yoginis, mudra residing in the various Avaranas of the sri chakra and what are their aspects and attainment by worshipping them?

Following is an overview of each Avarna, Mudra, Diety, Yogini and Attainment etc

Om Mulanji



First Avarana: Trilokya Mohana
chakra

Mudra: Sarva Samkshobhini Mudra

Mudra beeja mantra: Draam

Chakra beeja mantra: Am Aam

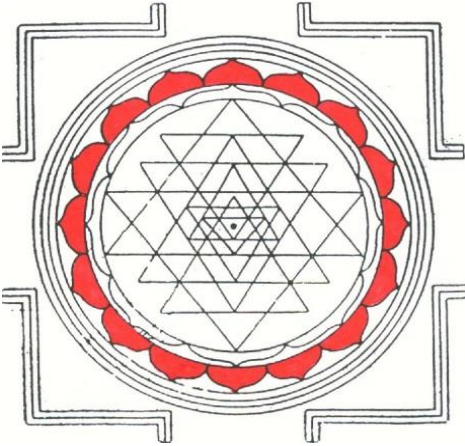
Souh:

Yoginis: Prakata Yoginis

Deity: Tripura

Relevant Chakra: Kula

Siddhis: Anima Siddhi, Dasa mudra
siddhi



Second Avarana: Sarvasaa

Paripuraka chakra

Mudra: Sarva Vidravini Mudra

Mudra beeja mantra: Dreem

Chakra beeja mantra: Aim Klim

Souh

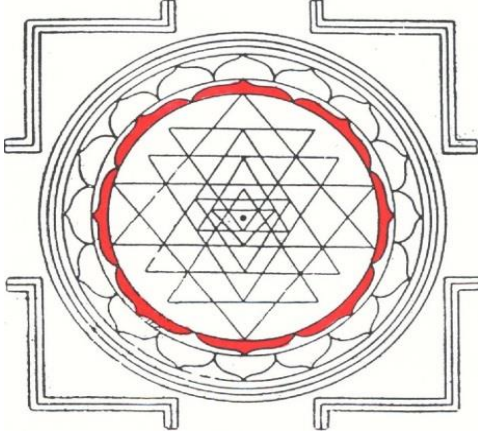
Yoginis: Gupta Yoginis

Deity: Tripuresi

Relevant Chakra: Vishu

Siddhis: Lagima siddhi

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Third Avarana: Sarva samkshobhana chakra

Mudra: Sarvaakarshini Mudra

Mudra beeja mantra: Kleem

Chakra beeja mantra: Hreem Klim

Souh:

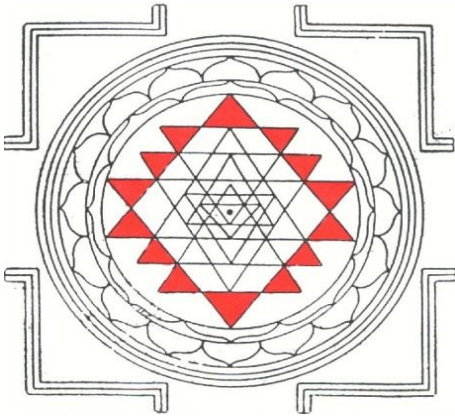
Yoginis Guptatara Yoginis

Deity: Tripura sundari

Relevant Chakra: Muladhara

Siddhis: Mahima Siddhi, Raising

Rishi level consciousness



Fourth Avarana: Sarva saubhagya dayaka chakra

Mudra: Sarvavasankari Mudra

Mudra beeja mantra: Bloom

Chakra beeja mantra: Haim

hakleem hasouh:

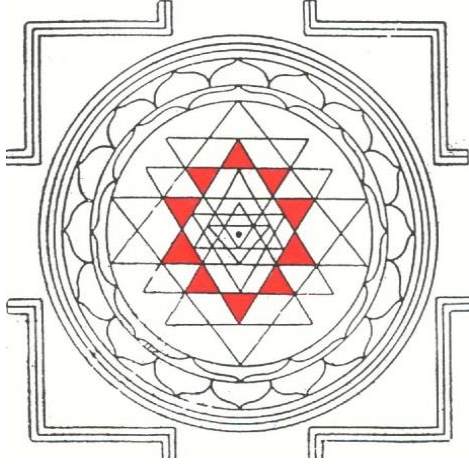
Yoginis: Sampradaya Yoginis

Deity: Tripuravasini

Relevant Chakra: Swadhistana

Siddhis: Experience of first stage of samadhi

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Fifth Avarana: Sarvartha sadhaka chakra

Mudra: Sarvonmadini Mudra

Mudra beeja mantra: Saha

Chakra beeja mantra: Hasaim

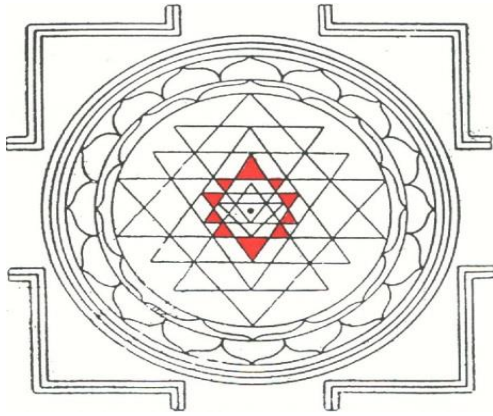
Haskleem Hassouh:

Yoginis: Kulottirna Yoginis

Deity: Tripurasri

Relevant Chakra: Manipura

Siddhis: Experience of divine consciousness & awareness, Control over any object



Sixth Avarana: Sarva Rakshakara chakra

Mudra: Sarva mahankusa Mudra

Mudra beeja mantra: Krom

Chakra beeja mantra: Hreem kleem bleam

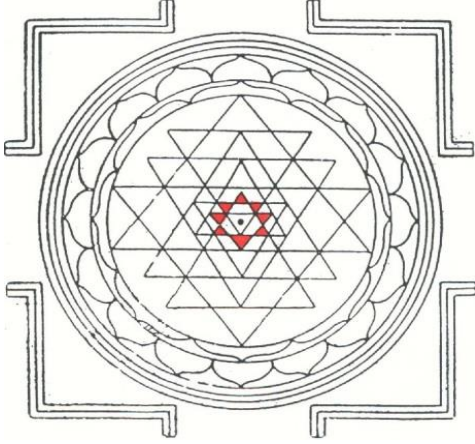
Yoginis: Nigarbha Yoginis

Deity: Tripuramalini

Relevant Chakra: Anahata

Siddhis: Prakamyā Siddhi, Experience of Brahman principle, Liberation from mind

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Seventh Avarana: Sarva Rogahara chakra

Mudra: Sarva Khechari Mudra

Mudra beeja mantra: Hiskprem

Chakra beeja mantra: Hreem

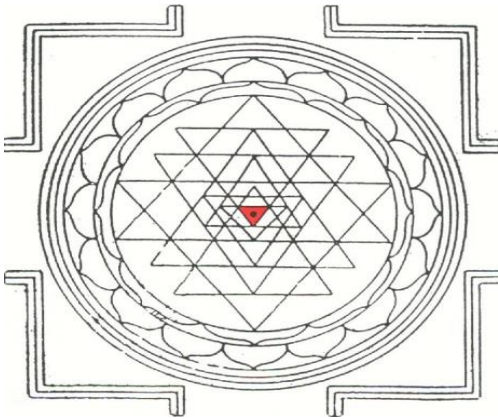
Shreem Souh:

Yoginis: Rahasya Yoginis

Deity: Tripurasiddha

Relevant Chakra: Visuddhi

Siddhis: Merging in Sky element and control over five elements



Eighth Avarana: Sarva Siddhi prada chakra

Mudra: Sarva Beeja Mudra

Mudra beeja mantra Hisou:

Chakra beeja mantra: HasrAIM

Hasklreem Hasrau:

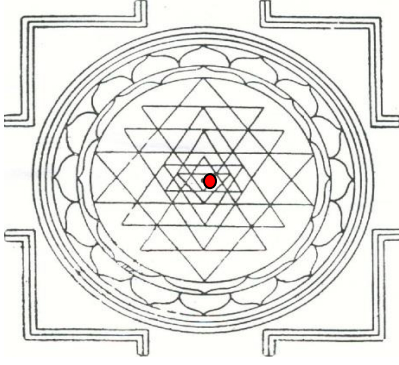
Yoginis: Atirahasya Yoginis

Deity: Tripurambika

Relevant Chakra: Ajna

Siddhis: Turiya state and Self-Realization

Om Mulanji



Ninth Avarana: Sarvanandamaya
chakra

Mudra: Sarva Yoni Mudra

Mudra beeja mantra: Aim:

Chakra beeja mantra: Panchadasi
Mantra

Yoginis: Parapara Rahasya Yoginis

Deity: Maha Tripurasundari

Relevant Chakra: Sahasrara

Siddhis: Established in Sat-chit-
ananda state

How sriyantra should be drawn?

The detailed method of drawing is given in various tantric texts like Nitya, Sodasikarnavam, Paramananda tantra, Tantra raja etc.

What is inner worship and outer worship of srichakra puja?

There are two methods of performing the Sri Chakra Puja. One is the Bahirayagam (**outer** worship) and the other is the Antaryagam (**inner** worship) way of doing the puja.

In the Bahirayagam method, Sri chakra puja is done to the nine different sthanam, tatvam, roopam etc. of the goddess as depicted in the Srichakra. The puja is done stage after stage, till the Bindu sthanam is reached. *[To learn Bahirayagam visit: <http://srividhyasadhana.com/sri-chakra-puja/>*

In the Antaryagam method of the Sri Chakra puja, the same is done, only it is done inwards. The nine points of the Sri Chakra are marked inside the body and the puja is done crossing each place till the Bindu spot is reached. In the former method, the Kundalini Shakthi is tapped and coursing through the body, it reaches the Sahasrar, where Shiva-Shakthi unite. Sri Chakra worship is considered the

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highest worship of Devi, and because it contains all deities and all divine potencies within it, it brings every kind of blessing for physical and emotional health, wealth, harmony in one's relationships, and true spiritual progress. Srividya antaryagam or Srividya sadhana meditation is taught in 7 graduated levels.

[To learn Antaryagam visit: <http://srividhyasadhana.com>]

What is the Nyasa & its purpose in Srividya mantra sadhana?

Nyasa is storing the power of the divine in one's body. This is done by a special mudra and repeating a particular mantra. This nyasa is for the purification for gross body and subtle body and attaining mantra siddhi.

What are the Different types of Nyasas done in srichakra upasana?

The following are the main Nyasas that are performed under the guidance of Guru:

1. Matrika Nyasa (Antarmatrika and Bahirmatrika Nyasa).
2. Karashuddhi Nyasa
3. Atmaraksha and Balashadanga Nyasa
4. Chaturasana (or Shadasana) Nyasa
5. Antashchakra and Bahishchakra Nyasas
6. Mahakameshwaryadi Nyasa
7. Moola Vidya Varna Nyasa
8. Laghu Shoda Nyasa (which involves Ganesha, Graha, Nakshatra, Yogini, Rashi and Pitha Nyasas)
9. Maha Shodha Nyasa (which involves Prapancha, Bhuvana, Murti, Mantra, Daivata and Matrika Bhairava Nyasas)
10. Srichakra Nyasa (again of three types: Srishti, Sthiti and Samhara)

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Mudra



*By Muladhara Way, With Grace of Guru
Vision Sakti, Seated fragrant and lovely;
Practise Sambhavi and Kechari mudras
You shall attain Siddhis Eight,
That to mighty Siva's goal leads.*

Thirumantiram 642

Om Mulanji

What is Mudra? What is the significance of Dasmudras in srichkara puja or Nava avarna puja?

Mudras are a non-verbal mode of communication with Divine consisting of hand gestures and finger postures. The Gherand Sanhita and the Vamakeswara Tantra advises that the Mudras are capable of bestowing great powers and psychic abilities called "Siddhies" on their practitioners, hence, their knowledge should not be conveyed to those steeped in sin, to those that are not true to their word, to the skeptics and non believers, to heretics and insincere persons and those who do not observe the precepts. Srividya mudras should be learned from the guru and should be shown to the devi daily at the appropriate stage in the nava avarna puja and japa. How the mudras have to be shown, what is the meaning of each mudra is learned from the guru and it is available in the texts like Vamakeswara tantra.

Images of Srividya Dasamudras are given below for your comprehension but they should be learned from the Guru only.

Mudra 1 – Sarva Samkshobani Mudra



Mudra 2 – Sarva Vidhravani Mudra



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Mudra 3 – Sarvaakarshini Mudra



Mudra 4 – Sarvavasankari Mudra



Mudra 5 – Sarvonmadini Mudra



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Mudra 6 – Sarvamahankusa Mudra



Mudra 7 – Sarva Khechari Mudra



Mudra 8 – Sarva Bheeja Mudra



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Mudra 9 – Sarva Yoni Mudra



Mudra 10 – Sarva Trikhanda Mudra



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Darshan of Divine Mother



She wears red silk dress and anklets on Her sacred Feet.

Her breasts are in corset; Her hands hold flower-arrows,

Sugarcane bow, goad, and noose; Gem-studded crown adorns Her head;

dark-blue Kundalams (Earrings) grace Her ears.

Tirumantiram 2683

Om Mulanji

Can you explain the manifestation of divine mother in different forms?

Divine Mother manifest in following forms in Srividya Sadhana:

Physical Form: as BalaTripuraSundari (3-9 yrs old), Tripura Sundari (Panchadasi-15yrs old, Shodasi-16 yrs old, Mahashodasi-28yrs old)

Subtle Form: as Divine energy in the form of Light, Sound and Vibrations.and also as astral form of divine mother.

Formless Form: i.e Pure awareness or Consciousness

Is it possible to have a darshan of divine mother in all forms?

Yes. It is easier to have darshan of mother in subtle form than thephysical and formless form. To have darshan of Physical and formless form student has to raise his soul vibrations and also it is divine mother who chooses to give darshan.

Can you share your experiences with Physical form?

Divine mother blessed darshan in the physical form of Lalithambika Maha Tripurasundari.

Can you share your experience about having physical darshan of mother?

Divine mother blessed a physical darshan to me after my self-realization experience. In my case mother blessed me darshan of formless form(nirakaar)first than Physical form. After self-realization I made a persistent request to divine mother for a Darshan in a physical form. It took more than 6years that I was doing sadhana for darshan but mother didn't bless my request. I started crying and longing to see her in physical form with all my heart and soul. Day by day, I started getting pain in my heart and not happy with anything I do in my life. Then mother blessed her presence. I was sleeping alone at home and heard the sound of anklets around 3 am. I opened my eyes& found whole home was filled with golden light &Om naad and I saw divine mother standing next to me. I was in a

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state of great joy and gratitude that I won't be able to speak or move any part of my body and felt completely frozen myself. Then divine mother kept her right feet on my heart and pressed it with her toe and I became unconscious for 3 days. Now I can feel her feet on my heart whenever I experience Bhava Samadhi.

Can you please share more about having darshan of divine mother in a subtle form?

I see a divine mother through my third eye as entering my soul in the form of golden light Whenever I invoke her by chanting Mahalakshmi and bagalamukhi mantras. When I invoke with Pratyangira and Varahi mantra then I see her with shades of platinum mixed with violet colour. When I invoke Divine mother with Kali mantra I see her in the form of Golden red mixed with platinum shades.

Can you share more about having Nirakar darshan of divine mother?

It is a thoughtless state of pure awareness, bliss and infinite expansion, which is difficult to explain in words.

Guruji, I have been on this spiritual path for more than 28 yrs as a sanyasi and met many masters and explored many paths but still my desire for Samadhi experience and darshan of divine mother is not fulfilled. I am quite jealous that you are younger than me, householder and experienced all. Why divine mother is not answering my genuine prayers and giving me darshan? Why divine mother favored you but not me?

I have seen many students judging me with my outward appearance like age, householder lifestyle & cloths, etc. Only few students who are clairvoyant and intuitional can see my true self. Never judge a master with his outer image because wearing rudraksha, sanyasi robes, beard and long hair don't help to know true inner self, wisdom, power and attainment of a Master.

Divine mother has shown my past lives where I was a house holder & trader in countries like India, Greece, Spain, etc. Also she has shown my yogic life in

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Himalayas and as a sanyasi in Mahabalipuram (Tamilnadu). Also shown, how I was meditating & seeking divine mother grace from different past lives and only in this life divine mother blessed her darshan. It is not that I meditated only for few years in this life and I got all. It took many past life tapas to experience divine mother grace & darshan in this life. So please don't compare with your limited understanding, perception and judge my attainment and divine mother blessings. Remember, you and I can be late but Divine Mother is always at Right time and never be late.

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Recommended books



*Those who fail to scale the heights with holy books to guide,
If to outer things of life they yield, fruitless is all their lore;
On rod of Vairagya lean, and away fly the Birds of Desire;
And yet, men to Ignorance clinging, in stupor ever lie.*

Tirumantiram 295

Om Mulanji

What are the books to be studied by Srividya sadhaka?

Books In Sankrit:

1. Lalitha sahasranama bhasya by Bhaskararaya
2. Varivasya Rahasya by Bhaskararaya
3. Nitya Sodashikarnava & Yogini hridaya with the commentary Setubandha by Bhaskararaya
4. Kamakala Vilasa by Punyanandanatha
5. Soundarya Lahari by Sankaracharya
6. Srividya Saparya Paddhati by Sri Chidananda Natha

Sutras:

- 1."Parasurama Kalpa Sutra" with the commentary of Ramesvara Suri & the Manual "Nityotsava" of Umananda Natha
2. Srividya Sutras by Gaudapada

English books by Arthur Avalon (Sir John Woodroffe):

1. Introduction to Tantra sastra
2. Principles of Tantra
3. Sakti and Shakta
4. Satchakra Nirupana
5. Kamakala vilasa
6. Hymn of Kali

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Books in Tamil by Sri Chidananda Natha (published by Guhananda Nath Mandali, Chennai):

1. Srividya Saparya Vasana
2. Varivasya Rahasyam
3. Kamakala Vilasam
4. Srividya Geetha
5. Sri Niagara Vimarsam
6. Devi Mahima Stritram
7. Varivasya Rahasyam

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ARTICLES by Srividya Sadhaks

Srividya Sadhana – A Life Changing Journey

by Sri Kumar

It was September 2014 that I finally decided to take Srividya sadhana deeksha after visiting the Srividyasadhana.com website again and again for many months. I had been chanting the Lalitha sahasranama and Lalitha trishati intensely for 12 years prior. I had read scores of inspiring books on spirituality. I had turned into a seeker but, was undecided on what path to take for many years. However, all of a sudden one day I woke up with a profound desire to get initiated into Srividya. It was a very spontaneous desire. I decided Srividya is going to be the path for me. However, I'd heard how difficult it is to find a guru who would be willing to give a deeksha into the esoteric Srividya. I'd heard how secretive and mysterious Srividya was. I'd heard how Srividya was not meant for all and sundry. But in stark contrast here was a website that claimed to give Srividya deeksha to anybody who desired for it. The website also said the next deeksha would be at a hotel in Bangalore during the Navaratri of 2014. I wanted to enroll but the intellect in me was skeptical. I thought and thought for many weeks before reason gave-in and I finally decided to enroll. What a terrible mistake it would have been if I'd listened to my intellect. What an extraordinary event it has been to have met my guruji in Sri Sivapremanandaji. The 7 leveled deeksha was a life-turning event. The energies and peace and connection with the divine mother I felt during deeksha was an indescribable experience. I cannot thank guruji enough for initiating me.

I feel blessed by the divine mother that she's allowed me to perform my Srividya sadhana without a break for 18 months now. I have had ups and downs in life, I have travelled to many places and have had all the regular

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problems like everybody around but none of this has affected my Sadhana. A day without Sadhana is simply unthinkable. Each day has been a joy.

The deeksha shattered so many myths and conditioning we are subjected to about issues such as sanctity etc. The 1st day of the deeksha was held in restaurant that was temporarily and hurriedly arranged because the original venue was water logged due to heavy rains the previous day. But that didn't take away any sanctity, it didn't stop the divine energy flow, it didn't stop the deep meditative states I went into on that day. A public restaurant turned into a Srividya deeksha venue didn't restrict the flow of divinity in any way and I say this out of deep experience of energies on that day. Mother Kundalini who was awakened inside me during deeksha has been so generous to me over the last 18 months. Not a day has she stopped her play inside me. The experience is turning more intense over time. She rises up in waves of bliss every single day. I'm completely immersed in her waves daily during sadhana. What a joy!!! I feel all the 7 chakras the instant I bring my awareness towards any one of them. Regular relentless sadhana with a deep love for the Mother divine is definitely bringing about palpable spiritual progress, aided in building a deep connection with myself, reduced general anxieties of my modern life. I'm able to live so much more in the present than before, I feel so much more self-aware than before, Relationships have taken new meaning. Each waking day feels more and more purposeful. I pray with all profound intent to see my divine mother and realize my 'self' in this very lifetime. Last but not the least, they say – a guru is not someone who simply dwells in dogmas but, a guru is someone who can give you an “experience”. Dearest Guruji Sri sivapremanandaji most definitely gave me that “experience” and gave with love.

Dus Mahavidya – The Ten Great Sources of Wisdom

by Kavitha

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The central theme of traditional tantra is the knowledge of the Self through adoration of Shakti; Sri Vidya Sadhana is one such path to the Self. Along this path of diving deeper into one's own self, Shakti manifests in several forms of knowledge/intuitive wisdom. These forms are known as "Dasha Mahavidya", where ten primary forms/sources of knowledge are known deeply personally and experientially.

These Mahavidyas are: Kali, Tara, Tripurasundari, Bhuvaneshwari, Tripura Bhairavi, Chinnamasta, Dhumavati, Baglamukhi, Matangi and Kamalatmika.

They are called "maha" (great) because each is a complete path and destination. Each one opens to knowledge of the remaining nine, as well as the Bindu of the Sri Yantra. It is said that devotion to and practice of any one of these will reveal our true nature and the reality of all of creation.

There are volumes written about the Dasha Mahavidyas, encompassing points of view of the yogas, tantras and the Upanishads. Scholars spend their entire lifetimes dedicated to understanding and grokking the significance of each of these Mahavidyas. My somewhat hesitant writings here thus pale in comparison. Everything expressed here is what has risen from my own practice of tantra, usually in times of intense clarity and insight that happen spontaneously. As with all of the paths of self-unfoldment, these insights will also evolve and refine.

The basis of these writings are the tantric practices of Tattwa Shuddhi and Sri Vidya Sadhana. Tattwa Shuddhi (literally, cleansing of elements) comprises of dissolution of elements corresponding to the various chakras into progressively subtler elements and then into the mahatattva (great element), Prakrithi (Shakti) and Purusha (Shiva). After internal cleansing rituals, the elements are returned to rest in the opposite direction.

In the "dissolution" part of this practice, it gradually becomes intuitively known that Shakti/Prakrithi is the witness, the first separation from the

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Absolute. Even when we become aware of “witnessing”, there is a sense that it is not all, or the final “it”. With deepening inquiry, one is eventually propelled to ask, “Who is aware of the witness?” and in time, we open up to the direct knowing of this awareness, that is, Purusha/Shiva. While it feels that Shakti is the “individual” witnessing principle, with a retained “I” in it, the individuality of the witness collapses as Shiva, and there is only knowing awareness that is not fixed to this and that, I and not I.

In witnessing, there remains an experience, and a knower of the experience. However, with further openings and deeper delving into this knowing awareness (Shiva, in this analogy) to be one’s true self/identity, we gradually come to see that every experience that arises is awareness itself, only seemingly separated from the knower. In every experience, when we look deeply, the “knower” is added ad hoc, in a swift play of illusion by the mind, the master magician. If we can stay with the experience, free from the mind’s interference, the knower is not seen to be separate, but known directly to have risen as the experience itself. Thus, Shakti is never separated from Shiva. If Shiva is the void, Shakti is what makes up the contents of the void, giving it form; yet, the void and the form are known via each other. Shakti is indeed Shiva, like the waves of the ocean being the ocean itself.

As in Tattwa Shuddhi, we then return to daily life, elements aligned once again as before. However, there is a distinct difference in how these elements are “held” in experience; they are transparent and not as solid/real as they did on the way up. The borders between “in here” and “out there” become blurred and disappear.

Along this path of openings and awakenings arise the Mahavidyas, setting the inner void ablaze with intuitive arisings and wisdom. They reveal themselves as the inner essence of time, vibration, space, silence, wisdom, compassion, oneness, dissolution, eternity, and beauty. Each of these

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powerful forms of Shakti is a complete path, leading to Shiva and back into Herself; each will bring the sadhaka to his/her knees in awe and surrender.

Srividya Sadhana -Confluence of Tantra, Yoga and Vedanta

by Kavitha

The path of sadhana is always mysterious, twisting and turning in proportion to our surrender and the always-present element of Divine Grace. How I was led to Sri Vidya Sadhana is one such mysterious tale. Even though japa and mantra sadhana have long been among my daily practices, tantra had never held much appeal for me, perhaps because it has been so distorted from its original teachings, particularly in the West. However, since beginning Sri Vidya Sadhana, the pristine teachings of Tantra have drawn me into their fold to such an extent that what I thought were “my” paths (yoga and Vedanta) have exploded into much greater understanding. Sharing a bit here from my experience..

Earlier this year in deep meditation, I noticed a subtle but definite resistance to dissolving the I-sense. In meditative practices, often my focus remains on this I-sense, that which when traced back to the Source dissolves into samadhi or transcendence. But for several days in a row, I noticed a definite “barrier” that stopped short right at that I-sense, rigid and unyielding. One particular day, this inability to move past the I-sense brought up such frustration and longing that I lay down sobbing. By then, I had had many peak experiences of energy movements, visions, deep insights and ecstatic bliss, but still, there were times when old and nonserving patterns came up in daily life in the form of attachment to “I” and “mine”. As I lay broken and wondering what the use was of such mystical experiences if there wasn’t a meaningful change from within, it was as if a thought was planted in my brain to take up Sri Vidya Sadhana. I had no doubt that this thought was

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planted by my beloved guru Kriya Babaji, for this is how he has worked to lead me along the path. As I searched for more information that day, I was astonished to see that this great practice could be obtained through deeksha in the lineage of Kriya Babaji, further strengthening the knowledge that surely it was His wish. Shortly thereafter, I was initiated into Sri Vidya by Sri Sivapremanandaji, and in the short time since then, it has been transforming my life and everything I thought I knew.

Shiva represents consciousness. By himself, Shiva is inert. Shakti is creation; She provides movement and dynamism to Shiva. Neither can create without the other; thus, Shiva is often depicted as Ardhanariswara – half Shiva and half Shakti. Shiva is the “nothing” while Shakti is the “everything” – yet, the nothing and the everything exist simultaneously, inexorably entwined. Yoga is the path of Shiva, starting with the viewpoint that Shiva and Shakti become as though separated in the process of creation. The purpose of yoga is to bring them back together (yoga = to join). Tantra is the path of Shakti, starting with the viewpoint that Shiva and Shakti exist together, and that the most effective way to experience Shiva is through Shakti in her infinite manifestations (tantra; tanoti = expansion, trayoti = liberation). While the yogi renounces in order to know Shiva, the tantric embraces the totality of life experiences knowing them to be Shakti, the Divine Mother Herself. Not one aspect of life is shunned away from – everything from the subtlest to the grossest experience that arises is seen to be the Divine Mother. The traditional practice of tantra lies in the effective use of mantra (name) and yantra (form) to know the nameless and formless Brahman. While Advaita Vedanta sees all of creation to be an illusion, the tantrik (from the point of view of the embodied jiva) sees creation to be very much real, a play of the Divine Mother on the fabric of immutable consciousness that is the Divine Father. Shakti is simultaneously seen as being benign and beautiful as well as ferocious and terrible – there is no aspect of creation that it is not Her. Tantra teaches one to see Her beauty and to love Her in Her infinite forms

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no matter how depraved or heinous. By expanding the limited mind beyond the dualities of good/bad, beautiful/ugly, right/wrong, like/dislike, the tantric arrives at the same place as the adept yogi or the Vedantin – Oneness; seeing that Brahman is the nondual reality, in and through the mirage of duality.

While the energy and peak experiences that come with a practice like Sri Vidya Sadhana are numerous, the real fruit of an effective sadhana is what happens in day-to-day life. Gradually, the distinction between “mundane” and “spiritual” falls away – there is no aspect of life that is not spiritual be it working, playing, sleeping, praying or meditating. The effects continue to grow and expand daily, beginning with surrender. While bhakti has been a strong element in my sadhana, the type of surrender that Shakti demands and gets is in a league of its own. The more I become drawn in to Her, the more childlike I feel myself becoming, relying on Her for everything. As a young child feels, there is a constant longing for communion with Her, to sit in Her cosmic lap and be schooled by Her. There is the strong impulse to give up everything to Her as an offering – my body in fasting, my breath in pranayama, my limitations, pain and selfish desires as incense, my deep-rooted vasanas (samskaras) as flowers. Nothing can remain as “mine”, not even the sadhana itself. There is an intense growing need to burn in the inner ritual fire of bhakti and austerity, to let it hone and chisel my being as it will and leave behind nothing but the Divine spanda of love, the essence of all creation. What happens with such longing and surrender is that there is increasing acceptance of everything to be Her Grace, be it external such as a routine situation (like a traffic jam when already running late) or internal, within the mind/emotion (like an old unforgiven hurt that surfaces to cause anger or pain). The Divine Mother is so compassionate that all I need to do is ask, and She gives more than I ask for. I ask for clarity to look at my limitations, and She grants it along with compassion for myself and others so I may understand that such limitations are universal and so I may behave

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with tolerance toward everyone. I ask for Her love and She shows me in a thousand different ways every day that love shines bright all around me. I ask for courage, strength, wisdom.. and it is done, showing up in unexpected ways. Most of all, I beg Her for knowledge of Brahman, and She points me to myself, again and again.

As someone that adores the clean logic of Vedanta, the austerities of Yoga and the esoteric inner rituals of Tantra, Sri Vidya Sadhana is the practice that beckons to me, probably picked up from a distant lifetime and guided by the benevolent guru – in the growing understanding of the dynamism of the Sri Yantra, there is an intuitive seeing of the Bindu that remains still in and through all of creation that is in constant motion. This experiential seeing, a gift of Divine Grace, chips away the veil of separateness and expands one into fulfilling the destiny of evolution – to realize first-hand the divinity within

“Srividhya sadhana – a gateway to the soul”

by Kalyani

With the blessings of my Parents, Guru, Lord Shiva and Shakthi, I would like to share my experiences with Srividhya Sadhana.

I came into this path when I happened to know about Siva Yoga’s website through my friends. Then, under the continuous guidance and blessings of Sri Premananda, I was able to learn Siva Yoga and continue the practice from then on.

Suddenly, one day I felt strong emotions at the solar plexus area (due to stress). It is just like on the surface...I want to cry out I couldn’t control my tears.... It is just flowing when I think something... this happened when I was reaching home from office, that is, while travelling...I could not tolerate people who do injustice..I am almost tired of living this life. Then, I sought the help of Sri Premananda to get out of this situation. He then gave me

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Navakkari Mantra initiation to help me on my journey in this earth. It is a very special gift from Thirumoolarji.

After I got initiated, I was practicing this Navakkari mantra (balancing the nine planets). My entire life has changed since then and more importantly I was able to get out of the situation I mentioned above. People and things seemed to favour me, which helped me to sustain and continue with my life on this earth, without which I am nothing now. It helped me a lot for which I do not have words to explain.

The nature of this world is like a wave. Always ups and downs will be there. We need to learn to lift ourselves during these tough times. We need to learn to focus on the positive side of us, people and world. Remember, your karma, beliefs and feeling attracts the people around you. Be compassionate to the normal people as they are doing it ignorantly.

Later, I faced a different kind of experience during night. While sleeping, air suddenly rushed into me forcefully. Then the following morning, I was not able to get from the bed. I felt someone sleeping over me holding me tightly. So I tried to overcome that force to relieve myself. That time I saw a white face sleeping over me. Then I chanted “Om Namasivaya” to get out of the trap. I was able to chant only once. Then that face with no hairs on its head left me. Then I was able to get up and do things normally. But I felt the heaviness and burning sensation in my chest for some time. Sri Premananda advised me to use the protection shield and infuse with Divine mother’s mantra – Om Hreem Om, Navakkari Mantra and the 51 letter mantra of Sivayoga. I thank Divine mother for giving me such a protection from all forms of dangers and attacks. With this protection shield, I don’t face any of these problems now and my life is going peacefully.

I would like to share some points that I learnt and experienced, which would help in our spiritual evolution.

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1. All negative incidents were pre-decided to learn. Learn that even in that negative incident 'I can give love'. Incidents can be changed but it will change when you say 'I have learnt a lesson.'
2. Never pass judgment nor hold resentment on anyone you come across.
3. Do not curse anyone for anything. Giving more blessings will create more blessings for the self.
4. To live in harmony, do not command, do not comment and do not demand.
5. Let your daily agenda for everyday be to give as love to as many beings as possible; not only family members but other people, animals, plants, etc.
6. Purify the mind (anger, revenge, resentment, ego, etc) first and all unresolved issues. Until this is not purified the soul is not clean.
7. Srividhya is the highest sadhana for eliminating sanchit karmas.
8. You were not born to suffer but you were born to work out (release) your karmas.
9. Take a deep breath, light a lamp and invoke the guru and you will notice it burning differently.
10. When shaktipath is done, it is upon the individual how he takes it. Do not suppress your emotions, let go, but at the same time don't lose control over the emotions. Don't encourage those emotions to overtake.
11. If you are persistent in your sadhana and in burning your negative karmas then a day will come when everything suddenly opens up and your path will be clear and quicker. Sometimes people quit when there are just very close to the goal.

Om Mulanji

Overall, we need to do more and more sadhana to know the answers for all our questions, including who we are and why we are here.

Srividya Sadhana – Experience of the Divinity

by Puneet

I have interest in exploring spirituality and so I started searching for a true Guru who would give the path for both spiritualization and materialization. I had been to many places and read a lot of books, the one that appealed to me the most was “A Search in Secret India” by Paul Brunton. I have read this book many times since I was 16 years and each time I finished reading it gave me a different kind of enlightenment. One thing that was very clear was that it was only by fate that you get a true Guru as Paul had got his Guru Ramanarishi.

I started searching for online Deeksha as this was the most convenient form of sadhana that I could do if a Guru who would be willing to do so. I found only one reference that was srividhyasadhana.com. This is how I found Sivapremanandaji and my life has completely changed after he gracefully accepted to give Deeksha. Srividhya sadhana requires a discipline by following this discipline the bad karmas do not come into the aura of our bodies. This I have practically seen happening as I know astrology and found some of the events that were to happen were almost nullified and dissolved due to regular sadhana. This sadhana is the best way to communicate with the Divine mother Maa Lalithaambika Rajarajeshwari MahaTripurasundari.

Each Sadhak has unique experience based on what progress they have made in the past lives but the journey is wonderful. I felt this very truly when Guruji gave Deeksha at the designated time saw various spiritual energy light forms and the Golden pink energy envelope my body and soul and was feeling blessed. This was a unique experience and the bliss experienced was

Om Mulanji

so great that I could not open my eyes for at least 1-1/2 hours after the Deeksha and was completely drenched in the wonderful energy.

Immediately after Deeksha as I started Level 1 meditation Kundalini cleansing started taking its affect. To understand this one must remember the Ksheer Samudra Manthana process that Lord Vishnu had done. First what came out was Poison and Lord Siva had to drink it and was called Neelkhantha. This was Tamsic aspect, then came out 14 Gems including Goddess Lakshmi which is the Rajsik aspect and then the Amrit the Satvik aspect. So also with Kundalini Jagaran when a Siddha Guru does this to a disciple then the first thing that would come out is the pent up emotions and such aspects which have been giving negative emotions inside you and to people around you. The affect you can see is with your life partner and people around you as they reflect what you have given to them over the years. You may have serious fights. But a true Sadhak should take this as part of the process of Kundalini cleansing. Once you go past this difficult phase of Tamsik rising you would get to the next blissful phase of Rajsik rising where you may experience sudden wealth or wishes being fulfilled very soon. One must not stop here and should continue Sadhana as this is the stage where you may gain Siddhis and you may get distracted by them. As Guruji says we must enjoy them but not get entangled in them only then the 3rd Satvik stage can be reached.

Some of my experiences are given below:

Appearance of Divine Mother in dream. Initially I was worried if Lalitha Ambika Maa would come to me in Havan which I used to do daily during Level 1 Sadhana. She came in my dream, and said if you call me with joy I will surely come. I did not know her Avahan or invocation mantra so I called her name and asked her three times to come in the Havan and bless us. After this I started chanting her name 108 times on a rudraksha mala. In between me and my wife got to smell such sweet fragrance from the havan

Om Mulanji

that we went around the windows and doors to see where it was coming from but it was surely coming from the Havan kund and we felt blessed. Divine Mother is so kind and so great Lalitha Ambika Maa takes care of her devotees always and does not leave them in any circumstances whatsoever. She is the true Divine Mother Devi Maa.

Maa appeared during meditation once with her big graceful beautiful eyes. Now I know why they call her Meena Lochani.

This Sadhana is so potent and powerful that the experiences which we used to have during Havan have started happening every day during Sadhana. Srividhya Sadhana is really the best method in Kaliyug to get both Materialization along with Spiritualization.

Balatripurasundari Maa arrives and protects. During Sadhana Balatripurasundari Maa is so kind and divine and so graceful that she is indescribable. She is playful sometimes she is very caring of her devotees. Devi Maa Balatripurasundari appeared on the Shahrara chakra and sat there on the Lotus and smiled one day. I requested her to come into my life and be with me. Every day I go to office in my vehicle but this has never happened to me, on the same day a young girl of about 10 years asked for stopping my vehicle for a lift. I immediately obliged and she came in. A sweet smell filled the vehicle immediately. I understood this is a divine being. After about a kilometer she asked me to stop and came out of the vehicle. I have a photo of Maa in the altar and in the night there was a thud sound and we immediately could smell the very sweet fragrance which we had smelled in the havan inside the meditation room. She is so kind and caring she fulfills the desires of her devotees.

Guruji's workshop is an experience which our family cannot forget. The presence of Siddha Guru Sivaremanadaji ensured Divine Mother's presence.

Om Mulanji

The methods given in the workshop are so effective that we are able to utilize them in our everyday life and reap the benefits of Siddha Healing.

I have healed some of the roads in Bangalore using Siddha Shakti. Somebody living in Bangalore will be familiar with the big potholes around the Whitefield road which used to be there and now suddenly after sending healing to the road and the politicians, the repair work started. This is a very unique application that I found which can be used for Public service. At home siddha healing power we are using to heal sick plants and they are showing signs of revival. Efficacy of Siddha methods lies in their practical application which Guruji stresses during the workshop.

How Divine Mother Teaches Her Children: My Experiences With My Mother by Simha

On one occasion while accompanying my friend to a bookstore, though I don't like reading books, I accidentally took a book "Raja Yoga" by swami Vivekananda. This book inspired me and I felt an urge to seek the divine. I immediately understood that, the way that suits my attitude and circumstances is yogic way of worship. After that I read lot of spiritual books by divine gurus. One of the most inspiring was "Auto biography of a yogi". But I did not know how to start, or where to start.

I would like to share little bit about myself. I am an introvert, shy and sceptical guy & I believe only after experimenting. I spend about 8 to 9 hours in office and 2+ hours in travelling from home & office. So it was very difficult for me to find a guru to start my spiritual journey. But I dint lose hope. I was praying to the divine to bless me with a guru or to show me a path which suits my current busy lifestyle. And one day while trying to solve a technical problem at my office, I accidentally came across "Sri Vidya Sadhana" (<http://Srividhyasadhana.com>) and I immediately realized that it was no accident & its pure grace of the divine mother. I could not believe it!

Om Mulanji

it exactly suited to my requirement. I felt as if this was specially designed for me.

From my experience and the experiences that I read here, I understood that divine mother teaches the same thing in different ways depending on the attitude and the understanding capacity of the sadhak. I would like to share many such incidents here,

1. Before starting this sadhana (before initiation) I do not know anything about this, and as usual I had lot of faith and also little hesitation somewhere. Because most people say that you need to be physically present near to the guru. On the day of initiation I felt amazingly great experience and I was 99% satisfied, and remaining 1% I felt something missing, but I was hesitant to convey the same to Guruji. So I replied saying everything was good. But I was really surprised to see Guruji's mail saying that we need to do it again as there is a little block. We completed it again and am fully satisfied. I understood that this was just how mother wants to teach me on the greatness of the guru. And I found the love of a mother and patience of a teacher in my Guru Sivaremanandji.

2. I had a very good experiencing while doing the sadhana. Divine mother started appearing and I could feel the love and warmth of Divine mother. All my past desires and wishes started realising.

3. Then when the second level started, Lord shiva started appearing and I could clearly feel the difference, when mother appears its like standing near a ocean with big tides and lot of fun & energy. But when Adhi yogi appears it like the sky full of calmness and static. During my free time I go through different mantras and deities and was inspired to worship one of those and during my sadhana, I felt as if Adhi yogi shiva asked me to approach my Guru for clarity. I conveyed the same to my Guru. And Sri Sivapremanandji was so

Om Mulanji

patient and loving, he asked me what I wanted and understood what is best for me. And blessed me with a mantram on “Sri Mahaavathar Babaji ”.

4. I do my regular sadhana in home daily, and also do meditation while travelling between home & office and to my surprise even while I am travelling I am able to concentrate and meditate irrespective of the crowd and road condition. One day while meditating in the bus suddenly “Jesus” appeared in my aagya chakra. I was surprised and understood that this sadhana is beyond the geographic boundaries and is really a global level sadhana for all mankind irrespective of their religion or other distinctions.

5. Most interesting part of my sadhana is during my Bala mother sadhana. During the first week of Bala mother sadhana, I was expecting something and was confirmed to happen in my office. But suddenly it was cancelled. All my colleagues thought I would be very disappointed but I was surprised (actually forgot the meaning of this word, because of so many surprises), to see I am normal not at all disturbed by this news. I continued my sadhana ignoring the things that are happening to me. And at the end of the 6 weeks sadhana, what I thought was cancelled in my office was not cancelled and they are going to have it again. Now I understand when someone says Bala mother is playful.

6. On one occasion, I had to take an exam in my office as part of Organizational initiative. And because of some miss-communication I was informed about it just 8 hours before the exam. I dint have the time to prepare and also do not know what to prepare. I had other commitments so had to go to the exam without even knowing what it is all about. In the exam hall I understood that 60% is the pass mark, so even if I guess, I had to guess 60 out of 100. Everyone in the hall is pretty tensed and are cursing the management and are preparing with lot of material. I was very cool and thought for a moment things like this will happen in life, where we have to take up the challenge unprepared and how to overcome this? Then I started

Om Mulanji

my experiment, I prayed to Bala mother asking her to show me how to handle this situation and this is not about passing but these kind of things often happen in life. So I started taking the exam on faith and not on knowledge / logic. To be very frank I probably know the answers to 2 to 3 questions. And heard of at least 10 questions but don't know the answer. And the rest, I have never heard about the questions. I answered all of them by mere faith. And again to my (no)surprise I was the only one who passed the exam on that day in my entire organization. This brings us to the point can we have blind faith? "Faith is always blind. Has faith an 'eye'? Why say 'blind faith'? Either simply say 'faith' or say 'Jnana' " – Sri RamaKrishna Paramahansa.

7. My job is to find technical solutions, so I will be dealing with problems all my professional life. Most of the time it's very difficult to solve them because if its easy it will not come to me. Many a times I had to stretch/struggle in the office. And I found a best way to resolve them, rather than solving it on my own intelligence. If I say this is going to be solved by mother and I am just an instrument in her hand, they will be solved pretty fast. But if I say I (with ego) am going to solve it even the simple thing will take a lot of time.

I believe all these experiences are just the tip of the iceberg and the ultimate goal of this sadhana is self-realisation and god-realisation. So am eagerly waiting for the grace of my Guru and my Mother to dissolve into the divine consciousness and leave no traces of I.

Om Mulanji

Testimonials

Sadguru Sivapremanandaji has given us the vidya which we cant get it anywhere else!

Received ultimate treasure of Life. My experience to be here and learn from Guruji, can't be expressed in words.

SadguruSivapremanandaji has given us the vidya which we cant get it anywhere else. I am in different world and sad to go back. It is her will, she brought me here and to guide me on the path of her blessing with self realization&liberataion. These 4 days are real bonus of my life. Thank you Guruji for guiding me to Divine Mother's Lap.

**-Dr. Vasudha,
India**

ॐ ह्रीं ॐ

While practicing level-1 of Srividya Sadhana, I was immensely happy without any reason!

Dus MahaVidya Sadhana solved my relationship problem. While practicing level-1 of SrividyaSadhana, I was immensely happy without any reason. I found myself as Shiva, when I was practicing level 2. I could find more happiness in my life, I feel I am happy forever. I could find a lot of improvements in my financial status. I am feeling proud to be a part of Sri SadguruSivapremanandaji's teachings. I'm very thankful to Divine Mother, Guruji& Thirumoolar Parampara for giving an oppurtunity to get these blessed Divine teachings.

**-Sri Sunil,
India**

Om Mulanji

Sadguru Sivapremanadaji has cleared my doubts in many ways. especially on the mind power,method of surrendering to my Divine Mother!

Sadguru Sivapremanandaji has cleared my doubts in many ways especially on the mind power, method of surrendering to my Divine Mother and the method to connect to a deity in a temple. I would say a big thank you to divine mother and Guruji for all this 4 days workshop. Indeed, I am a blessed soul to have got this knowledge today. Whatever teachings is definitely going to rise me up to merge with divine.

**-Sri Eswari,
Qatar**

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Guruji's profound knowledge of the subject, his simplicity, his humility & easy to understand way of teaching is something to fall in love with!

Guruji's profound knowledge of the subject, his simplicity, his humility & easy to understand way of teaching is something to fall in love with! I am completely bowled over by Guruji. The Deeksha experience was real and made me feel oneness with the Divine Mother. In showing thanks I feel like giving Guruji many gifts, but the one gift I promise Guruji is that I will be sincere to Siddha Parampara and practice well for my spiritual upliftment in complete gratitude to Guruji and Divine Mother.

**-Sri Satish,
India**

Om Mulanji

One Friday early morning around 2-3am, I found this website and was immediately dragged towards it. I think Mother showed me her in this form!

I've experienced the below points in these 4days of Srividya Sadhana workshop:

a. I attended a silence program last month, after which something happened to my energies. I started feeling irritated, angry and impatient for the same old situations. This effected my work as well as personal relationship, After I attended level-1 of SrividyaSadhana, I became calm like before. It was a sudden change.

b. Self acceptance : Accepting myself and others is a great lesson that I want to remember & apply in my life.

c. I have a habit of listening to DurgaSaptashati audio everyday for more than 2.5 years now. One Friday early morning it was around 2-3am, I found this website and was immediately dragged/ pulled towards it. It happened while I was listening to DSS. I think Mother showed me her in this form.

d. I want to show my gratitude towards Divine Mother and SivapremanandaGuruji by practicing the given meditation and principles regularly.

e. I realized that just by doing this meditation, we can easily reach to higher meditation status.

- Sri Swaroop,

India

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The Deeksha of the 7 levels given by Gurujiwill give change in spirituality which have not seen else where.

a. Had a very Good Spiritual Experience in all these 4 days of Srividya Sadhana by Sri Sadguru Sivapremanadadji.

Om Mulanji

b. The Deeksha of the 7 levels given by Guruji will give change in spirituality which have not seen else where.

c. I feel gratitude to each Beeja mantra given by Sadguru Sivapremanadaji.

-Sri Babu,
India

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This Guru Parampara is free of any ritualistic practice and more focused on attaining divinity inside your own self!

The Esoteric approach of the SrividyaSadhana has given me enough realization and established a Strong belief system to take right actions for achieving a self-realized life. Some subtle benefits have already started manifesting in me during these 4 days workshop. Also, unlike other Parampara, this Parampara is free of any ritualistic practice and more focused on attaining divinity inside your own self.

Also, through Sadguru Sivapremanandaji knowing Divine Mother in her totality was like half-battle-war in life. I offer my immense gratitude and appreciation to Divine Mother, Thirumoolarji and Sadguru Sivapremanandaji for being the guiding force in my life for Self-Realization.

- Sri Rohit,
India

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Guruji, it is my heartfelt pranam to you for bringing me back to my Mother who is the Mother of this world!

Deeksha experience: Peaceful, Ecstasy, & sometimes I felt myself so light. My identity with Divine mother which was lost, because of that all the problems we were facing in the life. Many of my problems related to entities and black magic got solved on their own. I got power and ways to tackle them which was

Om Moolanji

bothering me for many years. Gururji, it is my heartfelt pranam to you for bringing me back to my Mother who is the Mother of this world! Poojya Gururji, it is my grateful blessing in my life that I have got Gurur Moolanji in my life. For the past four days, I have been living under the protection and guidance of gurur which has given me complete security and courage to lead rest of my life(both material and spiritual).

- Sri Premakumari,

India

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Level 4 & 5 initiations created an intense experience within me, especially when seeking Divine Mother on Sahasrara chakra!

Key points for me from SadgururSivapremanandaji's teachings:

- a. Have been plagued with problems of growth and sustainability in business. Blue print shared by Gururji on Siddha Mind Power has performed effect on how I should not have negativity and negative patterns of thoughts! How to identify blocks and clear them?
- b. Clear all negativity within (in terms of thoughts) & manifest externally.
- c. Universal laws and acceptance of self.

Level 4 & 5 initiations created an intense experience within me, especially when seeking Divine Mother on Sahasrara chakra.

Thank you Gururji for this wonderful experience. Blessed to be here!

-Sri Nagaraj,

India

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Om Mulanji

I thank you Guruji for blessing me by coming in to my life and guiding me to the Truth of life!

a. The Sadhana techniques, Mind power, Siddha healing & SrividyaHavan are some of Guruji's techniques which I believe can solve my problems and also lead me in my transformation.

b. I would like to thank Guruji for showing me the way to receive the grace of the Divine Mother. I thank you Guruji for blessing me by coming in to my life and guiding me to the Truth of life.

- Sri Kavitha,
India

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Guruji teachings made me realize how important is being positive to overcome any issues!

Since last 2 years, I've been growing through many financial, health & family issues. After trying everything in my capacity but failed again & again. I've realized I need some Divine power to pull me out & guide me out. In March, I was so lost searched for Khadagamala & I found Sadguru Sivapremanandaji's Video. The best part that struck my heart was Self-Realization/Devotion without any conditions. I've always believed that how is Body important when I'm praying with my heart & mind. So, I started reading & browsing more about Sri Sivapremanandaji & the more I fell in love with his techniques and teachings. Some Divine made it possible. I was able to put on hold from all issues, find resources and came here. That itself is a great feeling of connection to mother.

Guruji teachings made me realize how important is being positive to overcome any issues, till now I thought only positive thoughts are enough, but I have learnt how to train our sub-conscious mind to make it real.

Gratitude: I feel & owe my whole life to Divine Mother and Sadguru Sivapremanandaji for making me realize lot of valuable things about life & Srividya

Om Mulanji

Sadhana. Now I know that where I was going wrong and I will correct them. And every time I do that, I owe that result to Divine Mother & Sivapremananda Guruji.

-Sri Girish,

India

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Felt so much at peace. I was very grateful to connect with Siddhar Thirumoolar especially and Divine mother.

- a. Felt so much at peace. I was very grateful to connect with Siddhar Thirumoolar especially and Divine mother.
- b. I love the fact that basic requirements of life – food, water, sleep & sex are ok for a person on the path of Self-Realization.
- c. I like all his teachings. The teachings which allows or encourages us to find God and Guru in us & not to be attached to a personality Guru outside.
- d. Very appreciate about Guruji's clarity and his simplicity.
- e. Very Grateful & blessed to be able to get his Deeksha& feels overwhelming, blessed about receiving Deeksha which can lead to self-realization in this life.

|| Jai Guru || || Om Divine ||

-Sri Dr. Chetana,

India

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Guruji helps me a lot & he always answer my doubtsat visions or examples to help me understand them!

First thing I want to express my heartfelt gratitude to Guruji & Divine Mother for the life changing experience. I took distance Srividya Deeksha 2 years ago. After feeling a performed call towards Srividya and Divine mother, I was very lucky that for 2 years I have seen myself to dedicate to the Sadhana. Also I feel very confident because Divine mother is always here to guide me and my life is totally

Om Mulanji

changed. My life is pure bliss and only good things happens to me. My Siddhis by doing this Sadhana have developed a lot. Then I wanted to attend the SrividyaSadhana workshop in Bangalore, especially because I wanted to learn Siddha healing. On the first day I was doing meditation before Guruji arrives, & I did not see Guruji entering the hall. Then I saw a Buddha in my meditation and the Buddha took the form of Guruji. This is how I understood but Guruji was gently informing me of his presence and also I understood Guruji is a Buddha.

The workshop Srividya level 1-7 in live is very important, especially Deeksha. I love Guruji's teachings. He is a simple person, he is not posing his energy on people, he does not try to control the people. His videos are very enlightening. He is so patient to reply all students doubts. He explain things in an easy but very profound way. I completely accept his philosophy and methodological posture. He helps me a lot & he always answer my doubts at visions or examples to help me understand them. I am so grateful that I cannot explain. May all the team who is helping this centre, be blessed and thanked too!

-Sri Catherine,
Mauritius

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I have better understanding about SrividyaSadhanapath which is especially made for house holders.

- a. I had learnt some mantra on 1st day & I repeated that mantra 3 times before going to bed. The result has been, not able to close my eyes for 3 Hours & cannot find the gate to sleep.
- b. I have better understanding about the SrividyaSadhana path which is especially made for house holders.
- c. My heartfelt thanks to SivapremanandaGuruji for showing me the right way & the truth of life.

I feel more connected with Divine Mother, now than ever before. I've learnt a lot of new & interesting things about life that before this I've never paid attention to!

Om Mulanji

So all in, I'd like to thank Guruji for helping me realize & showing the truth of my inner self for a better quality of life.

- Sri Brives,

France

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Deeksha experience was good, I could feel the transfer of energy sensation in my body!

Deeksha experience was good, I could feel the transfer of energy sensation in my body. I feel gratitude towards Divine mother and Guruji for giving us a platform to learn the Sadhana. Through the Sadhana I got a chance to burn all my Past karmas.

Thank you for teaching us the Siddha healing, so that we can heal ourself and others too. Gives an opportunity for us to serve the supreme. Thanks to Thirumoolarji for the wonderful techniques.

- Sri Sindu,

India

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I learnt the different aspects of Srividya Sadhana which made my spiritual path more interesting & easier!

I have very good experience in these 4 days of Srividya Sadhana organised by Sivapremananda Self-Realization Centre. It was my keen desire to learn and take deeksha of Srividya Sadhana. Now finally I got right Guru for this life changing Sadhana& teachings. I learnt the different aspects of Srividya Sadhana which made my spiritual path more interesting & easier.

I convey my heartfelt thanks to Divine Mother & Sri Sadguru Sivapremananda Guruji for these sacred & Divine teachings. I learnt how to lead a happy life & how

Om Mulanji

to overcome any problems or sorrows in our life. I am taking full positive energy and full knowledge from this Guru parampara. My gratitude to Divine Mother Sri Rajarajeshwari-Maha Tripura Sundari-Lalithambika& Sri SadguruThirumoolarji for giving me a chance to learn these great Sadhana from SivapremanandaGuruji.

-Sri Vineet,

India

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The thought “Divine mother takes care of me” makes me so confident which was learnt from Sadguru Sivapremanandaji!

Learnt great things in these 4days of Srividya Sadhana workshop. And the thought “Divine mother takes care of me” makes me so confident which was learnt from Sadguru Sivapremanandaji.

Forgiveness(self & others) is important. This makes me feel comfortable. The science of praying Divine Mother is taught very nicely. The feeling of Divine Mother within me makes me very happy. The beejaksharas are taught with Deeksha made me blissful.

Thank you so much Guruji.

-Sri Vijayalakshmi,

India

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I am very thankful to Divine Mother for bringing me here and introducing me to Srividya Sadhana which would help me to transform my life!

Within these 4 days, I feel better and feel positive changes in my mind. I am very thankful to Divine Mother for bringing me here and introducing me to Srividya Sadhana which would help me to transform my life. At Sivapremananda Self-

Om Mulanji

Realization centre, I feel a great sense of peace, joy & I can feel the presence of Divine Mother. Guruji's teachings on Srividya mantras & about Mind power have given me the confidence that I can overcome my health and mental issues to lead a happy life.

-Sri Vaishnavi,
India

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After these 4 days of Srividya Sadhana session, there is a lot of clarity in my approach towards life!

The initiations were very powerful for me. After these 4 days of Srividya Sadhana session, there is a lot of clarity in my approach towards life. Self-Analysis has been reinforced into me from Guruji's teachings.

Confidence-in creating what I want, is something that I take to home from here. Direction towards spiritual practices & overall perspective of life are what I'm grateful to Sadguru Sivapremanandaji & Siddha Thirumoolarji!

My heartfelt thanks to Siddha Guru Parampara for these precious teachings!

-Sri Usha,
India

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We came here with empty hands & now we are going back with full of happiness & inner satisfaction!

This workshop not only helped me but completely changed my life in only 4 days. There is a peace in my behavior after attending this workshop. However spiritually I had a faith in god before but now I got connected with the real Mother of everyone in my istadevatha form.

From Guruji we have received so much of blessings. Divine Mother Lalithambika is

Om Mulanji

my real mother, & I'm so happy that I got this thought from Siddha Parampara! We came here with empty hands & now we are going back with full of happiness & inner satisfaction. I'm not able to express my feeling in words. Thank you very much to Sri Sadguru Sivapremananda Guruji for giving these great teachings.

- Sri Sunanya,
India

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My sincere thanks to Sri Sadguru Sivapremanandaji & this Guru Parampara for giving these sacred teachings & Siddha techniques!

I thank Guruji for giving this opportunity to attend SrividyaSadhana workshop. I had something new to learn in these 4 days workshop. Also I got a different perspective on looking into spiritual practices! Overall the experience was profound and blissful. My sincere thanks to Sri Sadguru Sivapremanandaji & this Guru Parampara for giving these sacred teachings & Siddha techniques!

-Sri Ram,
India

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Understanding the nature of people - Thamo, Rajo & Sathvik & dealing them in our day to day life was a unique thing I learnt in my life!

Deeksha experience of 6th level for me was very profound. Felt Divine Mother's being presence & I was hearing her bangle sound continuously.

Understanding the nature of people - Thamo, Rajo&Sathvik& dealing them in our day to day life was a unique thing I learnt in my life. Allowance, acceptance & surrenderance to create what we want & the way Guruji explained it was amazing.

Om Mulanji

My longtime dream of getting into SrividyaSadhana, that too without any complicated

rituals was fulfilled in Siddha Parampara by Sri Sadguru Sivapremanandaji. Such a Divine precious gift shared in a these 4 days workshop was wonderful. Level-1 to 7 connection and initiation was so blissfull. Thank you very much Guruji for everything you have given us!! I feel blessed. Pranams to Guruji's feet!

- Sri Nirmala,

India

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My body was vibrating involuntarily, where I experienced the true energy of Divine Mother & Sadguru Sivapremanandaji!

Firstly I thank to my friend who told me about & introduced to Thirumular Siddha Parampara. Thank you Guruji for all the great teachings you have taught us in these 4 days. I am very surprised & happy about the experiences I got in this workshop. My body was vibrating involuntarily, where I experienced the true energy of Divine Mother and SadguruSivapremanandaji. I was searching for these great teachings from long time, & finally I reached the right place where everyone can get Self-Realized about the truth of life, true happiness & where Divine Mother really present. I learnt Self-Awareness where I was getting struck in my decision making ability. Also learnt to forgive, where we will get real peace of mind. I'm very grateful to my Sharadambe or Lalithambika who showed me the right place & person like you Guruji.

I am thanking Divine Mother Lalithambika, Siddha Thirumoolarji, & to Sri Sadguru Sivapremanandaji for such an unbelievable experience I got in this session!

- Sri Roopa,

India

ॐ ह्रीं ॐ

Felt Divine Mother's feet at my Sahasrara Chakra during the intiation!

Om Mulanji

Namaste Guruji,

In today's workshop, I felt tremendous energy in Golden color. Felt like it was releasing blocks from my chakras & spreading the Shreem mantra in Golden light form through my nervous system and my organs. I am so much happy and was in the bliss through the energy flow. Felt Divine Mother's feet at my Sahasrara Chakra during the initiation! Thank you so much Guruji for your blessings & teachings.

-Sri Prashanthi,
India

ॐ ह्रीं ॐ

Cleared all my doubts so that now I can focus on my Sadhana without any distractions!

I felt very blessed attending Sadguru Sivapremanandaji's Srividya Sadhana workshop. Had a lots of Divine experience in these 4 days. I learnt how to manifest desires in real world & how to contact Real-Self. Guruji is very loving and caring. Cleared all my doubts so that now I can focus on my Sadhana without any distractions. I bow down to lotus feet of Sadguru Sivapremanandaji & Siddha Thirumoolarji. Thank you so much Guruji for giving me this greeat opportunity to be a part of this great teachings. Thank you Divine Mother & Siddha Thirumoolarji.

Om Tat Sat

- Sri Paras,
India

ॐ ह्रीं ॐ

It is a life time experience of Guruji's preachings about the way to take life & also a powerful Deeksha experience makes us so blissful!

Om Mulanji

I was a seeker not knowing what I want. I was so lucky to be guided to Thirumoolar Siddha Parampara! Now I know what exactly I need in my life. It is a life time experience of Guruji's preachings about the way to take life & also a powerful Deeksha experience makes us so blissful. Guruji made us to focus on what we want to do for our soul peace. Guruji taught us like he himself became Mother and for each child he guided what one should look into for lifetime happiness. It is a simplified & profound method of teaching where one can learn to lead his life happily. I'm very happy and lucky to experience this.

Thank you very much Guruji for the great Siddha teachings & for your compassion towards the world.

-Sri Mangala,
India

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Guruji taught us Siddha Mind power where I learnt how we can manifest anything in our life using simple techniques in our day to day life!

Deeksha experience were very vast! Each level's Deeksha was better the level before. I could experience the energy in my crown and third eye in all levels from Guruji's grace and Divine Mother's blessings.

I learnt from Guruji that how to be a friend to your mind & use it for you. Guruji taught us Siddha Mind power where I learnt how we can manifest anything in our life using simple techniques in our day to day life. Also learnt how to dissolve any negative thoughts or feelings. I will put these techniques in my daily life so that I'll attract only positive in my life! I am very grateful to Divine Mother Srimata for blessing me with these workshops. Lot of thanks to Sadguru Sri Sivapremanandaji for answering any doubts and sharing this sacred knowledge, his experience & giving us these Divine hidden teachings! Thank you Guruji, Siddha Thirumoolarji and Sri Mata!

Om Mulanji

-Sri Kumar,
India

Life transformative experience. I feel verylucky & blessed to have this opportunity!

I thank Guruji for providing these 4 days workshop on Srividya Sadhana. Guruji Sivapremanandaji's teachings are unique and outstanding. This is a life transformative experience and I feel very lucky and blessed to have this opportunity.

My Sincere gratitude to Sadguru Sivapremanandaji, Thirumoolarji & Divine Mother.

-Sri Jayashankar,
India

ॐ ह्रीं ॐ

The abundance experience in my life was the Deeksha experience of Srividya Sadhana from Sivapremananda Guruji, which happened in few seconds was so blissful!

Mother connection and love has always been in my life after I got introduced to her in Sivayoga by Thirumoolar Siddha Parampara. The urge to know her more has been my passion. Siddha Thirumoolar and Divine Mother presence has always been felt and guided. Her unconditional love and help has filled my life with miracles, joy and bliss. I am getting intention messages, knowledge from Divine Mother. And my life is completely planned by her.

The abundance experience in my life was the Deeksha experience of Srividya Sadhana from Sivapremananda Guruji, which happened in few seconds was so blissful. Divine Mother's immense love for me has made me fall for her. I learnt the Universal laws from Guruji which helps me to lead a happy life. I'm very grateful to Guruji for giving these beautiful teachings to all of us.

Om Mulanji

And the questions were answered in such a clarity that I don't have any doubts to reach my higher self in my life time Spiritual practice! I show my immense gratitude to Sri Sadguru Sivapremanandaji by sincerely practicing these teachings.

Siddha healing and Siddha Mind power are 2 beautiful gifts to humankind! I feel gratitude to Mother, Siddha parampara for these knowledge. Having a Siddha Guru (Sadguru Sivapremanandaji) in my life is an ultimate Gift of Divine Mother. I feel his blessings and presence all the time in my life!

Thank You Guruji and Divine Mother!

- Sri Jayalakshmi,
India

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I feel myself blessed for coming in contact with Thirumoolar Siddha parampara to realize Divine Mother Lalithambika in myself!

I would like to thank Divine Mother & Guruji for helping me getting into the path of Self-Realization and God-Realization. Guruji's explanation about the Universal laws were awesome. It eliminated all the doubts I had in my spiritual path. I feel myself blessed for coming in contact with Thirumoolar Siddha parampara to realize the Divine Mother Lalithambika in myself.

-Sri Geetha,
India

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My new life has started with Srividya Sadhana. Miracles are happening & I feel lucky to have this initiation of Srividya mantras!

My new life has started with Srividya Sadhana. Miracles are happening & I feel lucky to have this initiation of Srividya mantras. Feeling calmness in my regular duties and activities. I am lucky to have Deeksha from a great enlightened master.

Om Mulanji

I'm so inspired from Sri Sadguru Sivapremanandaji teachings and his thoughts on real spirituality.

-Dr. Raghavendra,

India

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Deeksha experience was like Mother feeding you delicious food to your soul, which was hungry from long time!

Deeksha experience was like Mother feeding you delicious food to your soul, which was hungry from long time! Universal law of attraction, law of stillness, power of Soul mantra, forgiveness exercise were so beautifully structured which is so essential for reaching a higher self in Spiritual path.

I believe that everything in my life is taken care by Divine Mother, Sri Sivapremananda Guruji & Siddha Thirumolarji.

Om Tat Sat!

- Sri Divya,

India

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The experience of Deeksha was very different & felt the energy passing into my body!

These 4 days, I was having very deep Spiritual experience & knowledge of awareness. The knowledge of Spiritual practice and the path to Self-Love & Self-Realization resonated me. The understanding of surrendering, transformation and transition made a very powerful meaning on SrividyaSadhana to me. The experience of Deeksha was very different & felt the energy passing into my body! The giving and accepting from the higher energy was a beautiful inner feeling.

Om Mulanji

I'm very thankful to Sri Sadguru Sivapremnandaji and Divine Mother for giving such a life changing sadhana!

-Sri Anuradha,

India

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In Level-6 Deeksha, I was able to see the Peak-Golden glow of Sri Lalithambika. It was a definitive clarity that was unlike other things I visualize!

Dear Guruji,

Thank you for your generosity, understanding, patience, compassion & humour. The Srividya Deeksha experiences were all very deep for me. During Deeksha process, I went back depth into within. There would be stillness and wholeness in this depth. In Level-6 Deeksha, I was able to see the Peak-Golden glow of Sri Lalithambika. It was a definitive clarity that was unlike other things I visualize! I felt very deeply grateful and humbled to Sri SadguruSivapremanandaji! Your teachings helped to dispel a lot of contradiction and misconception I had picked up about Hinduism.

This was very important to me to surrender first, and then need to understand & intellectually accept it. I am grateful for the Q&A sessions that these 4 days you devote to these teachings.

Just learning about this Guru Parampara is a humbling experience. Highly evolved souls have taken the pains of simplifying a complex path into a simple technology. Thank you Sadguru Sivapremananda Guruji for this life changing experience!

-Sri Anjana,

Newzealand

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Om Mulanji

Most important lesson from Guruji is– “Don’t worry; Divine Mother is here to take care, protect me and to take me back to the source!”

Guruji’s simple, humorous and profound way of teaching made me so inspired. These teachings made me to understand the importance of how I look at the life, people and myself in such a way that I find new meaning in every aspect of my life! I also learnt a great lesson - “to accept everything & myself positively”.

During Deeksha I made it possible to fill the Divine Mother within me which I thought impossible. Most important lesson from Guruji is–“Don’t worry, Divine Mother is here to take care, protect me and to take me back to the source!” All these 4 days we learnt the great teachings about Mother and surrenderance.

All these realization was possible because of Guruji & the way he teaches us like a Mother. At the same time I feel deepest affection towards Divine Mother in his eyes.

Thank you Guruji& Thirumoolar Siddha parampara for giving such a great opportunity!

-Sri Ananya,

India

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All points learnt in this workshop are in accordance with the Universal Truth & very helpful in day to day application for different life situations!

Deeksha experience was very smooth and profound. These 4 days of Srividya Sadhana was very helpful to gain confidence and connection to Divine techniques. All points learnt in this workshop are in accordance with the Universal Truth & very helpful in day to day application for different life situations. This is a long awaited technique which I feel so rare to get these teachings in this 21st century.

Om Mulanji

And I feel immensely grateful towards Divine mother and Thirumoolar Siddha parampara. Lots of gratitude to Sri Sivapremanandaji & Sadguru Thirumoolarji!

- Sri Ananda,
India

One of Guruji's teachings- "the problem is me and solution is in me" made my life so change that I can overcome any type of problem in my life now!

It was a totally new experience for me. I felt tingling on my palms and a warmth fill me during the deeksha. I even felt scared, but a thought that Divine Mother & SivapremanandaGuruji were here was making me so strong & away from all fears!

One of Guruji's teachings- "The problem is me & solution is in me" made my life so change that I can overcome any type of problem in my life now! After this workshop, I feel empowered to take decisions regarding my children and home with so much of confidence.

I feel a great gratitude towards Lalitambika as she will always be with me and thankful to Thirumoolar Siddha parampara for bringing these Divine teachings to my life.

-Sri Alankika,
India

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Learnt a lot more tools that I wasn't aware of, which I can implement in my daily life!

Had an online deeksha of Sivayoga Sadhana 3 years ago & it was a blissful journey. But I felt coming & attending the Srividya workshop is so powerful, empowerment & very joyful.

Learnt a lot more tools that I wasn't aware of, which I can implement in my daily

Om Mulanji

life. I personally feel that Divine Mother and Siddhas call me again with my family for this deeksha again. Because this was much needed to progress my journey.

I felt so much power in 4th level of Srividya Sadhana i.e Bala Tripura Sundari mantra deeksha which can't be described in words.

My gratitude to SivapremanandaGuruji, Divine Mother & all Siddhas.

-Sri Vasant,

USA

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Acceptance is one of the amazing lesson taught byGuruji which will allow me to accept myself as I am!

Lot of healing has taken place in these 4 days of Srividya Sadhana workshop. And also I have experienced lot of beautiful spiritual experiences during Srividya Sadhana deeksha.

Acceptance is one of the amazing lessons taught by Guruji which will allow me to accept myself as I am. Awareness is another experience which will allow me to be aware of everything yet not to attach with anyone or anything. Also learnt how to focus for sometime on chakras before moving from one to another will allow me to meditate better.

Gratitude for everything you have given me Guruji! This has helped me realize things which I don't think anything in this world could ever do this. Even gratitude is a small word! I feel thankful beyond any words.

-Sri Sumita,

USA

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Om Mulanji

Felt more blissful where my mind became calm & stable during level-4 initiation.

I would like to thank Divine Mother, Siddha Thirumoolarji & SivapremanandaGuruji initiation. The feeling of happiness can't be expressed in words. Felt more blissful where my mind became calm & stable during level-4 initiation. The universal laws taught by Guruji can be applied in my day to day life to solve problems.

The most important point by Guruji which I liked was, "Spirituality is freedom & there is no restriction of any type to practice Srividya Sadhana" which clears the confusion & eases the path of Sadhana. Once again I would like to thank Divine mother, Siddha Thirumoolar Guruji & Sivapremananda Guruji from the core of my heart.

-Sri Sumeet,

India

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We are very fortunate to have Sri Sivapremananda Guruji as our Guru!

I always feel my gratitude towards Divine Mother. We are very fortunate to have Sri Sivapremananda Guruji as our Guru, because without him we couldn't get all these secret knowledge of universe & powerful techniques.

This is my first experience with Srividya Level 1 to 7. From now I will practice it regularly as guided by Guruji. Thank you so much Guruji for your love and grace on us! Pranams Guruji

-Sri Subramaniam,

Malaysia

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Om Mulanji

Even if the day starts with laziness, the practice of Srividya Sadhana gives energy for the whole day & we don't feel fatigued!

I attended SrividyaSadhana level 1, 2 & 3 last year in August month & has been practicing regularly till now. Initially started with level 1 for 3 months, then started 2nd level & practicing 3rd level now. But before somedays, I felt like I should get deeksha for all 7 levels of Srividya Sadhana & practice.

Even if the day starts with laziness, the practice of SrividyaSadhana gives energy for the whole day & we don't feel fatigued! I feel SrividyaSadhana meditation is must to sustain whole day with positive energy. Evening meditation helps in disturbance free or peaceful sleep.

Highest gratitude to Sri Sadguru Sivapremanandaji for giving this connectivity & opportunity to learn Srividya Sadhana.

- Sri Sridhar,
India

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Guruji's teachings are very simple without any pre-conditions, just like a father who leads the child into spiritual world!

1. I wish by the grace of Sri Lalithambika I will be able to do my Sadhana with out any obstacles.
2. Guruji's teachings are very simple without any pre conditions, just like a father who leads the child into spiritual world!
3. Feel grateful to Divine mother and Thirumoolar Siddha Parampara which heads with their Divine blessings.

-Sri Shanthi,
India

Om Mulanji

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Felt the presence of Divine mother all the time during these 4 days of SrividyaSadhana workshop.

Deeksha experience were very powerful. Helped me to not hold anything inside. Felt the presence of Divine mother all the time during these 4 days of Srividya Sadhana workshop. All these 4days motivated me to meditate & know the importance of Srividya Sadhana.

I felt like Divine Mother is showing me the path to moving forward & leave the Karmic baggage back. And also forgiving others gave me more joy & happiness.

I am very, very thankful to Guruji for helping me to learn these techniques like forgiveness exercise, Siddha healing & Siddha Mind Power.

- Sri Shamala,
India

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I learnt that whatever comes in your life just accept it happily in all circumstances!

I have been running ill since the day 1 of the workshop & still suffering from fever. What kept me on is, Guruji's & Mother's grace!

I found the whole program enchanting. I learnt that whatever comes in your life just accepts it happily in all circumstances and of course, I also learnt the boundless ocean of spirituality. It definitely changed my perspective towards life & it was an eye opener for me.

|| Om Lalithambika Rajarajeshwari Mahatripura Sundari Sharanam Mama ||

- Sri Rahul,
India

Om Mulanji

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Regular practice of 3 levels of Srividya Sadhana actually settled a lot of disturbances

Before attending Srividya Sadhana workshop I was having a lot of questions, confusions on what's right & what's wrong? Regular practice of 3 levels of Srividya Sadhana actually settled a lot of disturbances. It helped me in being more focused & easy to flow with the flow of life.

Siddha Mind Power helped me a lot! I was using Mind power techniques such as telling to my inner self that "in my inner reality or in my imagination" helped to convince my mind while I have something to make it happen. Thank so much for the presence of Divine mother and Thirumoolarji supporting me for being with me each & every moment. Thank you so much Guruji for taking me in the right path & to be one with the ultimate. I am so blessed to be here. Its hard to express in words about the blessings I received!

-Sri Princy,
India

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I really experienced that my mouth had so much of energy while chanting mantras of the 1st & 2nd level of SrividyaSadhana!

1. During Srividya Sadhana deeksha, I could feel some pressure on the top of my head which I felt like Divine Mother's blessings! And also I could get the images of Sri Shirdi Sai Baba which I have never experienced before.
2. I really experienced that my mouth had so much of energy while chanting mantras of the 1st & 2nd level of Srividya Sadhana, where I had to reduce my voice in order to make it stop/reduce.
3. I have learnt so many new techniques like rolling the tongue & touching the roof of the mouth (Kechari mudra) for concentration, one solution for all

Om Mulanji

the problems i.e Siddha healing procedure & also Siddha Mind power which I can use to have only positive thoughts throughout the day.

4. I am so grateful to Siddha Parampara for being a channel & introducing me to Divine Mother. I am so grateful to Sri Sadguru Sivapremanandaji for giving me this knowledge & making my life so simple.

- Sri Nehali,
India

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No words to express about the blissfull experience I had in these 4days workshop!

My pranams to the lotus feet Divine Mother & Sri Sadguru Sivapremananda Guruji. No words to express about the blissfull experience I had in these 4days workshop! Each moment I spent was like new birth. Also I felt like “I got solutions for all my problems”.

A lot of cleansing has happened to me in these 4 days of Srividya Sadhana workshop which I could feel it. I feel happy, peaceful from inner self after 16 years.

Guruji thank you so much for transforming me and my thoughts. And my highest gratitude for Divine Mother for showing such an ultimate path!

-Sri Mynavathi,
India

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Thanks to my Gurudev as, such a hard subject he is explaining in such a manner that it has become a very easy task to attain Self-Realization!

Om Mulanji

However I was having so many obstacles from 2 months, only 1 thing that continuously I was thinking in my Sub-conscious mind was “I have to reach on time. Wake up early in the morning & present physically in front of Sri Sadguru Sivapremananda Guruji”.

Thanks to my Gurudev Sri Sadguru Sivapremanandaji as, such a hard subject he is explaining in such a manner that it has become a very easy task to attain Self-Realization! Thank you Gurudev thousand times!

-Sri Mahesh,
India

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All mantras are very powerful & experienced verydeeper level of meditation which inspires me to practice these techniques daily!

During deeksha session, I was in deeper level of meditation & felt the following experiences:

1. So many times I have experienced white divine light on Sahasrara chakra.
2. I experienced different forms of Bhagawati Lalitambika during deeksha.
3. All mantras are very powerful & experienced very deeper level of meditation which inspires me to practice these techniques daily.
4. Guruji's teachings are excellent! He is so down to earth so that we get inspired from him which helps us for betterment of life. He is so simple, humble & joyful person. He is a real Sadguru. I am thankful to Divine Mother for bringing me at right Guru.
5. This Siddha Parampara is the best Guru Parampara where we can surrender ourselves to achieve Self-Realization as well God-Realization.

Thank you so much Guruji for giving these sacred teachings to this humanity.

-Sri Jayesh,
India

Om Mulanji

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The meditation was very deep & on first 2 days I had a strong smell of camphor in my meditation

Srividya Sadhana workshop was the best gift I gave myself! I am very thankful for Sivapremanandaji for making us experience Divine mother. The meditation was very deep & on first 2 days I had a strong smell of camphor in my meditation. I was able to release lot of emotional baggage and also I felt a deep sense of compassion towards some people whom I was not able to forgive before.

I have been to places and gurus where spirituality was judged based on bindi you wear, bangles you wear but never as being self-aware. I feel very thankful to Divine Mother for sharing me a Guru who is beyond all these. A Guru who took us on a journey within & taught us about Self-awareness & Self-care. I have no words to express my gratitude for everything I learnt here.

My heartfelt gratitude towards Sri Sadguru Sivapremanandaji for giving such a great & secret teachings to mankind!

- Sri Janaki,
USA

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I had lot of physical & emotional issues at that time. Cried a lot & felt cleansed at the end of the workshop.

Srividya workshop I have experience lot of things in my life & Divine Mother grace because of that I come to RajarajeshwariKriya. I had lot of physical & emotional issues at that time. Cried a lot & felt cleansed at the end of the workshop.

After learning Srividya from Sri Sadguru Sivapremanandaji & practicing since from day 1, I am very happy. Single day I have not miss the meditation practicing Srividya.

Om Mulanji

-Sri Ganesh,
India

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The techniques that are taught in Sivapremananda Self-Realization Centre are showing results at level 1 itself!

I surrender to the feet of Sadguru Thirumoolarji & Sivapremananda Guruji who showed me the path to realize myself as not the limited body & as the Universal awareness.

The techniques that are taught in Sivapremananda Self-Realization Centre are showing results at level 1 itself, when we practice with devotion. The teachings that are taught here are very unique and the results are conscious mind changing. Final truth is that we are the same Divine as the Universal Divine.

Thank you Guruji for giving such an amazing techniques to us for leading a happy life!

-Sri Chaitra,
India

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After Srividya Sadhana workshop, my perspective on facing the life has been changed!

These 4 days of Srividya Sadhana is the best thing happened in my life. After Srividya Sadhana workshop, my perspective on facing the life has been changed! Thanks to Sri Sivapremananda Guruji & all Siddhas for providing the path to Self-realization in such a simplest and easy to do method. Now its our efforts, which should be put in place & release our 100% baggage of past karma, ego & many more blockages which are the hurdles in fulfilling the materialistic desires before achieving the Self-Realization.

Om Mulanji

Thanks to Guruji for revealing us the path to success!

- Sri Brijesh,
India

Earlier meditating for even 10 minutes was a challenge, but now with Srividya the experience is Divine and beautiful!

Srividya Sadhana has changed me as a person. Having been practicing for past 10 months, Divine Mother blessings can be felt so vividly. Earlier meditating for even 10 minutes was a challenge, but now with Srividya the experience is Divine and beautiful!

Thank you very much Guruji for giving such a great & sacred teachings.

-Sri Bindu,
India

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Before my mind was looking for idol worships but now I know what is real god & how to worship it within?

It was great a experience during deeksha. Guruji's commands, mantras, background music took me to deep meditative state which was one of the wonderful experience in my life.

In all these 4 days I felt the experience of true teachings. I follow Guruji's guidance in my life to attain Self-Realization. Understood the higher part of knowledge about Divine Mother & this Siddha Parampara principle. Before my mind was looking for idol worships but now I know what is real god & how to worship it within?

Om Mulanji

I will practice this real science daily that would be my gratitude towards Mother & Guruji!

-Sri Bhaskar,

India

ॐ ह्रीं ॐ

I have learnt a lot in these 4 days & especially the Siddha Mind power was standout learning for me!

I have been on the Spiritual path for many years and doing different kinds of Tantra, Yantra, Mantra, Homa & Yogas. I had various types of experience in the Spiritual path but the experience I had in these 4 days of Srividya Sadhana from Sri Sadguru Sivapremanandaji was amazing, extraordinary & unexplainable.

I found that the approach & teachings from Guruji were easy to follow & most suitable to today's time. I have learnt a lot in these 4 days & especially the Siddha Mind power was standout learning for me. Personally I am very happy & fully satisfied that I found this path and I am able to follow it. I can already feel my thought & energy levels changing & look forward to my journey with Sivapremananda Self-Realization Centre.

-Sri Balvir,

India

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I had lot of physical & emotional issues at that time. Cried a lot & felt cleansed at the end of the workshop.

I felt very light & stress free on the 1st day Deeksha of Srividya Sadhana. I had lot of physical & emotional issues at that time. Cried a lot, but felt cleansed at the end of the workshop. Unlimited lessons I've learnt from these 4 days workshop.

Not 1 or 2 changes, entire life has changed after this workshop especially after

Om Mulanji

listening to power of creation, law of attraction & other universal laws!

My entire life is a gratitude to Divine Mother & Sri Sivapremananda Guruji! She has blessed me with Srividya Sadhana & that itself is a humongous gift or blessing. I thank to Sri Sivapremananda Guruji heartfully for bringing this 'Divine wisdom' into layman territory.

- Sri Asha,
India

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I have learnt to trust Divine power & allow Divine to take ahead or steer my life. Surrender to Divine Mother & let go!

I have been practicing Srividya meditation over 10 months now along with Varahi & Rajamatangi meditation. I have seen drastic changes in my life. Divine Mother's love and blessings are always around me. I am a better & confident person now!

I have learnt to trust Divine power & allow Divine to take a lead or steer my life. Surrender to Divine Mother & let go! I am thankful to Guruji and Siddha Parampara for aligning me with Divine Mother. I was in a conflict with myself & not recognizing the Mother for years! After doing Srividya meditation with guidance of Sri Sadguru Sivapremanandaji, I am more aware & realized that whatever happened in my past was a lesson to me given by Divine Mother to make my life simple. Thank you Guruji!

-Sri Arshleen,
India

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The tools like Siddha mind power, Siddha healing & Srividya havan are so useful for a successful life.

Om Mulanji

I used to be very restricted regarding food. I was thinking as normal food lowers my vibration. But after this 1-7 levels of Srividya Sadhana workshop, I feel I must not restrict myself. Thank you very much Guruji for teaching us these secret teachings. And the tools like Siddha mind power, Siddha healing & Srividya havan are so useful for a succesful life.

I am thankful to Divine Mother &Guruji for guiding me to come here & experience the Divine bliss and love!

-Sri Arjun,
India

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I really feel gratitude to Gurudev for giving me such a sacred teachings & showing the truth!

I'm very blessed to recieve these secret teachings. I felt calm & silent once I enter Sivapremananda Self-Realization Centre itself. During workshop whenever I think to ask doubts to Gurudev, he was explaining the same topic & was clearing all my doubts before I ask.

I really feel so gratitude to Gurudev for giving me such a sacred teachings & showing the truth!

-Sri Anket,
India

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Kundalini activation was felt for the first time!

These 4 days workshop of Srividya Sadhana was very useful for day to day life. I think whole life proces is in Srividya Sadhana. There are so many new things to learn everytime I come here. Simple & powerful techniques taught by Guruji leads us to the path of spirituality. Kundalini activation was felt for the first time!

Om Mulanji

Again many thanks to Guruji for giving me this experience. Guruji's knowledge on everything makes us so proud to be a student. I sincerely practice & follow the guidance & teachings given by Sri Sadguru Sivapremanandaji.

Ultimate thanks to Divine Mother for choosing me as one on this path.

-Sri Anjeesh,

India

ॐ ह्रीं ॐ

Divine Mother has initiated me to get Srividya deeksha under Sri Sadguru Sivapremanandaji!

I was doing Maa Durga Puja since many years without a Guru. Upto a time it was alright, but slowly I realized that I should have a Guru who can take me to Divine Mother & truth consciousness. Then I asked Maa Durga to give me a Guru. Divine Mother has initiated me to get Srividya Sadhana deeksha under Sri Sadguru Sivapremanandaji!

During this workshop, I felt a sense of getting merged with Divine Mother in level 4, 5 & 6. This feeling was something which cannot be expressed in words. Thank you so much Guruji. I always wanted to do Mansik puja and thanks to our Siddha Parampara, whose principles are based on inner self meditation. Once again thank you Guruji!

-Sri Anand,

India

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During Bala initiation, I could feel Bala installed in my Sahasrara. Lot of vibration throughout my body!

Om Moolanji

This course was a beautiful experience. The explanation of Srividya concepts was very beautiful. The initiation were powerful & I could feel it during initiation. Specifically, during Bala initiation, I could feel Bala installed in my Sahasrara. Lot of vibration throughout my body. It was strange because I fall under the category who doesn't fall in visual, auditory or kinesthetic.

The Siddha Mind Power will be useful as it's a powerful tool with the ability to manifest certain aspects which have been eluding me for years. I first saw Guruji's website in 2013/14. Since then I have been regularly visiting it, but constrained by leave availability at work. Finally mother felt it was time to call and initiate me during the holy period of Dussehra.

My undying gratitude goes to Sri Sadguru Sivapremanandaji, Moolanji & Divine Mother.

-Sri Venkat,
USA

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My initiation into Bala mantra was very intense & meditation experience of Srividya level-1 had experienced strong energy.

My initiation into Bala mantra was very intense & meditation experience of Srividya level-1 had experienced strong energy.

Every word from Guruji was filled with full of wisdom, practical knowledge, humour& compassion. Guruji is wonderful being in his presence & listening to him everyday is a blessing to us!

Gratitude to Divine Mother & Sri Thirumoolarji for bringing me here. Thank you so much Sri Sadguru Sivapremanandaji for your love towards humanity!

-Sri Vanaja,
India

Om Mulanji

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Most of the issues will be taken care by Srividya Sadhana itself & we don't have to keep worrying about everything. We just need to practice Srividya Sadhana regularly!

Universal Laws knowledge are the one where I felt very much important to follow in our daily life especially during difficult times of our life. That's a profound insight Guruji has shared with us how Divine Mother works.

Most of the issues will be taken care by SrividyaSadhana itself & we don't have to keep worrying about everything. We just need to practice Srividya Sadhana regularly. Guruji said that we have to accept our desires & live it, instead of avoiding it. If we avoid it, it may not be helpful in our Spiritual progress. That's valuable insight.

Thank you so much to Sri Sadguru Sivapremanandaji for his grace & teachings!

-Sri Thinakar,
India

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I was so blessed to feel the presence of Divine Mother & I was able to hear the sound of anklet chains while taking initiations!

Deeksha experience was so powerful and different where I could feel the Divine Mother energy flowing in me. At some point I felt asleep but it was a great relaxation after I woke up. I was so blessed to feel the presence of Divine Mother & I was able to hear the sound of anklet chains while taking initiations!

Guruji taught us several powerful techniques to apply in our daily life to have a Divine life. I'm thankful to Divine Mother & Sivapremanandaji for giving us these secret teachings. Thank you Thirumoolar Guru Parampara!

Om Mulanji

-Sri Tewarie,
Netherlands

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It's a very precious knowledge & I'm very confident that it helps me out in all situations of my life!

I'm grateful & thankful to God for having brought me to this Sadhana. I'm also gratefully thankful to Guruji for providing this immensely powerful knowledge in a very simplified way. Also Guruji is extremely patient in answering all one question & giving us so much clarity & educating us about all this Sadhana & other universal aspects of Spirituality. The deeksha and meditation sessions were simply great & blissful.

It's a very precious knowledge & I'm very confident that it helps me out in all situations of my life. I'm just blissfully thankful to Divine Mother and Guruji for this wonderful experience. Many thanks to Divine Mother. Many thanks to Sri Sadguru Sivapremanandaji.

-Sri Swetha,
India

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The practical experience that one attain from Guruji's grace is what will bring transformation in us!

All the knowledge I got from my dearest Guru Sri Sivapremanandaji are very deep truth which are so simple to understand. The practical experience that one attain from Guruji's grace is what will bring transformation in us!

I'm very thankful to the Divine will that brought me here. I take this wonderful opportunity to thank Sri Sadguru Sivapremanandaji for your efforts & time in making us realize our true self. With respect & gratitude, thank you Guruji & Divine Mother.

Om Mulanji

**-Sri Surendharan,
India**

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The other night when we were at Kollur, I saw Mother in my dream on lion. The next day I saw her in the temple, then my eyes filled with tears as it was her where I saw in dreams!

I don't even know how I found the Sivapremananda Self-Realization Centre. Somehow I stumbled upon the website & registered for the program-the ways of the higher force. Each initiation/deeksha had been very intense. Class program is very nicely organized & established. The experiences that I have gone through, I wouldn't have imagined before that these things are possible in the existence. One day I could hear anklet sounds of Devi during night. Though it was scary to be in that moment, it was an experience to be hold.

The other night when we were at Kollur, I saw her in my dream on lion. The next day I saw her in the temple, then my eyes filled with tears as it was her where I saw in dreams. Wow!! What an experience? One of the best moments in my life!

Many a times, I feel I'm the mother to this whole humanity. I try to become very conscious with such feelings & see if these are mere thoughts or I'm experiencing it. Having these tools to heal & empower is all I wanted to fulfill the long living desires.

I'm truly, honestly with all my heart & each cell in the body is grateful to Sri SadguruSivapremanandaji for making this a possibility in my life or else I would come back again just to experience Mother in 'me'. I guess I found the true "purpose".

**-Sri Surabi,
India**

ॐ ह्रीं ॐ

Om Mulanji

Siddha Healing helped me to save one of my relative from Coma stage!

- Learning SrividyaSadhana is a very interesting aspect of my Life. Learnt the aspect of inner Pooja that we need to perform instead of outside objects.
- Able to get what exactly I wanted. As I was looking for the truth & real knowledge, I felt like the same when Guruji was explaining about the Siddha Mind power.
- Siddha Healing is a very great & secret technique which is really powerful in this 3rd dimension world. Siddha Healing helped me to save one of my relative from Coma stage!
- My wife when she was 7months pregnant, the water level was very low. Again with help of mantras, I passed the energy & next few days it all became normal.

Thank you so much Guruji for giving this great teachings to humanity!

-Sri Sridhar,

India

ॐ ह्रीं ॐ

I could experience the higher states of consciousness & especially in Bala Tripura Sundari initiation!

These 4 days of Srividya Sadhana Workshop were really exhilarating, wonderful & uplifting. It is the Divine Mother who has really guided me to join this workshop. The initiations from the 1st level itself, I could experience the higher states of consciousness & especially in Bala Tripura Sundari initiation! I cannot really explain the experience & blessing I received from the Mother. It is serving the humanity in a great way. I feel deep gratitude for Guruji for giving these precious teachings for the upliftment of humanity.

-Sri Shivakumar,

India

Om Mulanji

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I was able to use Srividya Sadhanato fulfill my desires but I was not able to continue that bliss in day to day life. Today's Siddha mind power technique was an answer to that question!

I was able to use Srividya Sadhana to fulfill my desires but I was not able to continue that bliss in day to day life. Today's Siddha mind power technique was an answer to that question. I would be applying all those techniques in my life & I'm sure that I'll be successful.

I would like to thank Divine Mother for sending me a Guru in the form of Maha Siddhar Thirumoolar & Sri Sadguru Sivapremanandaji. I was desperately searching & praying to Mother for a Guru who can give Deeksha in any kind of Pooja that I can do to pray Divine Mother.

It is indeed a miracle, after wishing for a Guru at Jogulamba Temple in Kurnool, I saw a youtube video of Guruji on SrividyaSadhana& immediately registered for it. Before this I never heard of SrividyaSadhana or Srichakra Pooja.

Innumerable questions that I had in my mind & problems I have been trying to solve were answered by Guruji in this Deeksha time & through Youtube Videos. Thank you Guruji!

**-Sri Sathya,
India**

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I can clearly see that by comparing myself to last year after starting Srividya Sadhana practice, I have evolved as an individual!

I cannot point to any 1 experience that helped me but I can clearly see that by comparing myself to last year after starting Srividya Sadhana practice, I have evolved as an individual.

Om Mulanji

I don't hold on to any grudges or get disappointed easily, as I have started to accept everything as Divine will.

My life has become more peaceful & I am much happier & see Mother's grace in everything that I currently experience. I owe everything to her & the great Masters.

Thank you very much for Thirumoolar Siddha Parampara & Sri Sadguru Sivapremanandaji for all his great teachings.

-Sri Saravana,
India

ॐ ह्रीं ॐ

I'm so confident that any problem can be solved by just practicing Srividya Sadhana!

Srividya workshop was a wonderful experience. These teachings & Srividya practices have brought lot of miraculous changes in my life.

While practicing 4th level of Srividya Sadhana, I feel lot of vibration in my Manipura chakra. I had lot of problems before attending Srividya Sadhana. But now after starting to practice Srividya Sadhana, there are no problems in my life. And I'm so confident that any problem can be solved by just practicing Srividya Sadhana.

I'm really very thankful to Sri Sadguru Sivapremanandaji for teaching these great techniques to us. Thank you Guruji & Divine Mother.

-Sri Roopavathi,
India

ॐ ह्रीं ॐ

Om Moolanji

Laws of universe were explained with clarity by guruji which reinforced my conviction & confidence in Spirituality

- It had been long awaiting indeed my thoughts & intention got manifested with grace of Divine Mother in the form of holiness Master Moolanji & Sri Sadguru Sivapremanandaji for showing me the way to liberation.
- Laws of universe were explained with clarity by Guruji which reinforced my conviction & confidence in Spirituality.
- No words can measure my soul's gratitude to Divine Mother who led me to Thirumoolar Siddha Parampara to learn ways & tools to reach her soon.

**-Sri Rohit,
India**

ॐ ह्रीं ॐ

The Divine Mother has taken me into her loving hands.I would like to remain with her as long as I have a body!

- I feel that this was a long awaited and life changing experience. Guruji was generally preaching everyone but answering everyone's personal queries. Felt it was a personalized Deeksha.
- The simple, no-frills approach allowed complete focus on the learning. I believe it was extremely effective.
- From a feeling of being lost to finding an anchor in the teachings of Thirumoolar Guruji is joyous. I look forward to my Sadhana converting this to unending exhilaration of bliss. Needless to say it will change my approach towards Life & Life's approach to me.
- The Divine Mother has taken me into her loving hands. I would like to remain with her as long as I have a body! Thanks to Sivapremananda Self-Realization Centre for this beautiful initiation. My gratitude to Divine Mother & good wishes to Sivapremananda Self-Realization in their endeavors.

Om Mulanji

-Sri Ram,
India

I feel as this is the only path where humans can take shelter & do not harm themselves!

Thirumoolar siddha parampara teachings are amazing, speechless & divine. It can't be explained, it can only be felt. The Deeksha experience was very blissful & divine. I feel as this is the only path where humans can take shelter & do not harm themselves! These teachings has taught us the right perspective of Dharma which should be followed by everyone in this world. It is speechless & can't be explained in words.

Thank you Gurujī for giving such a great & secret teachings!

-Sri Pooja,
India

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I had a wonderful experience attending the workshop. I had amazing meditation experience & feel lot happier!

I had a wonderful experience attending the workshop. I had amazing meditation experience & feel lot happier. The whole SrividyaSadhana was a bliss I would love to do this over my life time.

I feel immense gratitude to Sri Sadguru Sivapremanandaji & the Divine Mother for showing me this path. It was an experience to end all the questions for the objective of Life. I feel blessed. My sincere pranams to Gurujī.

-Sri Monarch,
India

ॐ ह्रीं ॐ

Om Mulanji

A funnel shaped energy started from Mooladhara & travelled upwards spreading it till Sahasrara!

I thank Guruji for all I gain in these 4 days which I actually don't have words to explain. I am going back as a new being & a positive being. It seems to me that I'm here not because of my own will, but some divine forces are working with my desires & to know about Spirituality. The same divine force has brought me here to learn these life lessons. Extremely beautiful experiences.

The 6th level of Srividya was an amazing experience. Whole body was shaking. A funnel shaped energy started from Mooladhara & travelled upwards spreading it till Sahasrara. It's an experience beyond explanation.

Thank you very much Guruji for giving such a great teachings to us with the right guidance.

-Sri Meera,
India

ॐ ह्रीं ॐ

Coming out of illusion into reality – Inner world must be trusted & drop what the outer world's strong hold on our mind has believed for these many days!

Divine Mother's blessings & energy helps to bring my own Shakti to manifest & creating new possibilities. Coming out of illusion into reality – Inner world must be trusted & drop what the outer world's strong hold on our mind has believed for these many days.

Divine Mother has sent me the message that I'm more powerful than my conscious world during these 4 days. I can use sub-conscious world now. Divine Mother is my real Mother to bring me to Siddha level. Mother is protecting & guiding me!!!

Om Mulanji

I've ocean of gratitude & love to Divine Mother & Sri Sadguru Thirumoolarji. I feel his sweet blissful eyes on me! Beautiful Divine experience!!!

I thank our Sri Sivapremananda Guruji for being frank & helping in understanding Srividya Sadhana & how to use it's applications in my daily life which enhances our Spiritual power.

**-Sri Lhamo,
India**

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The philosophy shared in these sessions are a excellent wisdom that are hard to separate!

My gratitude to Mother Lalithambika and Sri Siddha Guru Thirumoolarji for connecting me with Sri Sadguru Sivapremanandaji. It's been a delightful & soul nourishing experience. In my heart I was sure of it & experiencing the divine Deeksha from Guruji will always remain a cherished experience for me.

The philosophy shared in these sessions are a excellent wisdom that are hard to separate! Even the care taken to simplify these concepts & how to use them in daily life are very powerful & transformational. The level of openness with which this wisdom is shared is very refreshing. Ultimately, it's our own endeavor that will grow us in the spiritual journey.

My entire being is filled with gratitude & joy for the experience provided by Mother Divine & Sri Sivapremananda Guruji. My deepest regards to the Siddha Parampara for making this experience possible.

**-Sri Kuber,
Australia**

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Om Mulanji

The importance of selfcare was really practical & definitely will prove to be a definite attitude changer.

The Deeksha experience was enriching & blissful. The importance of selfcare was really practical & definitely will prove to be a definite attitude changer.

I had been having this desire to get initiated into Panchadasi Mantra for the past 12 years & hence yesterday & today was very important days in my entire life. Thank you very much to Sri Sadguru Sivapremanandaji for lighting up my life through Srividya Sadhana & Siddha techniques!

-Sri Kiran,

India

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The healing techniques were so powerful & I'll use it for the betterment of my life.

I feel that I have more clarity on my Spiritual path after taking the Deeksha. I believe that Mother will help me everytime when there is a need. I could feel Mother's presence in me!

An experience which can't be explained by words. All techniques taught by Sivapremananda Guruji was so helpful & such a secret path it is! The healing techniques were so powerful & I'll use it for the betterment of my life.

Mother thank you for giving me this chance to attend Srividya Sadhana taught by Sri Sadguru Sivapremanandaji. It is Divine Mother's blessing that guided me to this workshop. I believe it is a life time achievement! My gratitude towards Mother, Moolanji & Siddha Guru Parampara.

-Sri Jiju,

India

Om Mulanji

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I'm feeling more prosperous day by day! I'm more confident & capable that I can achieve anything in my life.

I feel my heartfelt of gratitude to all Siddhas, Guruji, Divine Mother & whole team of Sivapremananda Self-Realization Centre.

Many points I learnt from Guruji like Universal laws, techniques, proper education, proper guidance, thinking patterns & about surrender etc.,

I'm feeling more prosperous day by day! I'm more confident & capable that I can achieve anything in my life. I can come out of any bad situation with these powerful teachings with the help of my Mother & my Moolanji guru.

Thank you so much to you Guruji for showering light in our life.

**-Sri Hitesh,
India**

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I was feeling so blissful when all chakras were filled with Divine Mother's love during initiation!

Received the enlightenment of Divine Mother & her blessing through Srividya initiations from Sri Sadguru Sivapremanandaji. I feel so blessed to be a part of this workshop & to receive true knowledge of Siddhas.

I learnt so many things which one of them is about identification of Guru & alignment of belief system towards truth consciousness & oneness. Chakra cleansing was so powerful & could feel the Chakras.

I'm so happy that I learnt all 7 levels of Srividya Sadhana together & now I can start practicing it regularly from level-1. I was feeling so blissful when all chakras were filled with Divine Mother's love during initiation! I came to know about the

Om Mulanji

truth & understanding behind all the rituals.

Thank you Sivapremananda Guruji for teaching us these great teachings!

-Sri Harish,
India

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The whole body was completely energized & felt jerks & movements in different parts of the body!

Guruji was very knowledgeable in answering each & every questions from the students. The practice session & initiation was a wonderful experience. The whole body was completely energized & felt jerks & movements in different parts of the body! At some point while practicing Srividya Sadhana, also felt bodiless feel.

I thank Sri Sadguru Sivapremanandaji for all the wonderful experiences & looking forward to practice the sadhana on a daily basis.

-Sri Gopal,
India

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All these teachings learnt from Sri Sadguru Sivapremanandaji is very useful to reach goals of life!

Deeksha experience itself was very intense. I am confident with all Guruji teachings. He is very loving & took care of us & guided step by step in the whole process. These techniques are very powerful!

All these teachings learnt from Sri Sadguru Sivapremanandaji are very useful to reach goals of life. I feel connected with this parampara even more now with the same grace & love I received during this workshop. I will be putting into my practice.

Om Mulanji

I'm so grateful I finally found Divine Mother. This gratitude goes directly to Sadguru Sivapremanandaji, Divine Mother & Sri Thirumoolarji.

-Sri Giulio,
Italy

ॐ ह्रीं ॐ

I'm so sure that anyone can change their life by practicing these Srividya Sadhana & Siddha techniques given by Guruji!

First of all thank you very much to Sri Sadguru Sivapremanandaji for giving this beautiful teachings of Srividya Sadhana. This is my first experience of doing any classes on meditation.

I feel so blessed, happy & energy that I haven't experienced in years. Thank you Divine Mother. You are my life & my every being. Thank you for making me feel your presence. I'm so sure that anyone can change their life by practicing these Srividya Sadhana & Siddha techniques given by Guruji!

Sadguru Sri Sivapremanandaji's way of teaching & guiding us made it easy to understand all the levels & different techniques of Srividya Sadhana. Would love to come back & also send my kids. Thank you Guruji for your grace & love!

-Sri Davi,
Malaysia

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Guruji's teachings have always helped me to think openly, not binding myself with any rituals. His simple techniques & open thoughts are wonderful!

I'm blessed to take all 7 levels of Srividya Deeksha together. I thank Divine Mother & Guruji for such a bliss experience during Deeksha. I could feel the presence of

Om Mulanji

Divine Mother in my own self. As a part of Divine Mother I felt as I was flying in the sky. I felt as I'm Siva & Shakthi. As I was feeling both Shiva Shakthi in me, I felt out of the body experience. Also felt the oneness with Divine Mother & merging in Universe. Don't know how to express these feelings& experiences.

I learnt from Guruji to be simple, down to earth, joyful& have so much patience. I learnt how to live joyful & how to overcome any type of problems. His teachings have always helped me to think openly, not binding myself with any rituals. His simple techniques & open thoughts are wonderful.

The Siddha healing & Siddha Mind power techniques were so great teachings, where one can learn how to lead a happy life & it brings a lot of confidence towards the life. These teachings have changed my view on leading my life!

I've to say lot but not able to express in words! I bow down & pay my pranams to Divine Mother, ThirumoolarGuruji, Thirumoolar siddha parampara & Sri Sadguru Sivapremananda Guruji. I'm blessed to be a part of this workshop & I feel that my time has come to go back to my real home!

-Sri Arti,
India

ॐ ह्रीं ॐ

Daily myself I was taking shower of Divine energy while chanting mantra & taking initiation in these 4 days!

Divine Guruji, I'm writing here my experience which I have experienced before 4 days in the beautiful divine workshops! It was an amazing experience! I'm your online student for Srividya & practiced this sadhana for last 2 & half years. However I wanted to attend workshop physically & enjoy the blissful & direct listen your voice for my spiritual growth.

I really thankful to you & Divine Mother for guiding me & blessing me with this knowledge. I already got & saw many changes in my life. Even my family members

Om Mulanji

also said I became more intelligent, loving, caring & I got lots of transformation.

My experience with this workshop is blissfully joy & peaceful. Daily myself I was taking shower of Divine energy while chanting mantra & taking initiation in these 4 days!

I felt I'm soul oriented person who just experience happiness, joy, peaceful, calmness, slowly getting less thoughts & detachment as not easily affected by other people thoughts & believe. My sincere thanks & lots of respect to Sivapremananda Guruji! Please bless me always with Divine grace & guide me towards the ultimate truth & bliss.

-Sri Anju,
Australia

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While going up from Muladhara to Sahasrara chakra, I saw bluish color & a lotus in pond amidst mountainous area!

I felt something special during 3rd day deekshai.e "Bala Tripura Sundari" Deeksha. I visualized the following things:

- Yantras with Sanskrit letters meditating from Ajna to Muladhar chakra.
- While going up from Muladhara to Sahasrara chakra, I saw bluish color & a lotus in pond amidst mountainous area! At Sahasrara level, I visualized moon in the dark blue sky, that also amidst the mountainous region.
- Guruji's teachings were superb & cannot be expressed in simple words. Sadguru Sri Sivapremanandaji's way of teaching, approach to sadhana& explanation given during the workshop was extra ordinary.

Thank you very much Guruji for your great teachings & blessings!

- Sri Dayanand,
India

Om Mulanji

I see immediate effects in terms of better sleep, more clarity in thoughts, the feeling of the Shiva always being there for me & inside me!

I consider myself as truly blessed to be a part of this workshop. I had been deeply desiring for the Srividya Sadhana & a Guru to bring grace & real happiness to my life.

This experience has made me realize that my wishes have been granted as if the entire universe is working to make it all happen. My deepest gratitude to Shiva, the siddhas & especially Sri Sadguru Sivapremanandaji for granting my soul with this beautiful grace with the deepest purity & clarity. I see immediate effects in terms of better sleep, more clarity in thoughts, the feeling of the Shiva always being there for me & inside me!

My sincere thanks to Sivapremananda Guruji & the Guru Parampara for everything that has been granted & for changing my life forever.

- Sri Deepa,
U.K

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And the explanations of unconditional love & unconditional Pooja was ultimate realization to everyone of us!

Very good experience. Many experiences were beyond the words during Deeksha. Very grateful to Guruji for giving us all the explanations & deeksha. I've not met a Guruji like person! So compassionate, extreme patience & loving way. Felt extremely good to have been here.

All the points, several reinforcements were there. Universal laws in succinct way

Om Mulanji

was awesome. And the explanations of unconditional love & unconditional Pooja was ultimate realization to everyone of us!

Thank you very much Gurujī for everything, for also bringing me here & considering me eligible enough to take all the deekshas.

- Sri Vidhu,
India

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I've thoroughly enjoyed Siddha healing & could feel the healing energy during workshop!

I'm thankful to Gurujī for clearing all my doubts & myths about Srividya Sadhana. I'm actually surprised with the simplicity of teaching & making Srividya Sadhana very easy to understand & practice. The deeksha experience of all 7 levels were wonderful. I've thoroughly enjoyed Siddha healing & could feel the healing energy during workshop!

I offer my kotiPranams to Sivapremananda Gurujī , Siddha Thirumoolar Gurujī & my Divine Mother Lalithambika for this wonderful deeksha experience.

- Sri Venkat,
Australia

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It has been a wonderful journey to be with Gurujī & to receive such divine knowledge!

Very easy teaching of Gurujī.

One thing I could like to say is during the workshop whenever any question is raised in my mind, I never have asked question to Gurujī personally. Someone in the workshop will ask my question or Gurujī himself will take that topic & I always get my answers. It has been a wonderful journey to be with Gurujī & to receive

Om Mulanji

such divine knowledge!

Srividya Sadhana deeksha is very wonderful experience I had in my life. During level 4-5, you were saying that you used to get lot of question like why I'm doing this? Why I'm breathing? & all. Even I will get such questions daily but I think these all will be answered soon. Probably during my sadhana time!

-Sri Vedanshu,
India

ॐ ह्रीं ॐ

I'm only 17yrs old, but I can see myself wishing I'd found about Sivapremananda Guruji teachings much sooner!

I'm very grateful for my experience here because it has helped me to overcome my constant fear & doubts. Last year, I took the level-1 of Srividya Sadhana & I've completed all the levels now.

I've a lot of ambitious desires which I think it will be impossible to reach without a strong energy & support like Srividya Sadhana practice. That was my reason to attend this workshop.

I'm only 17yrs old, but I can see myself wishing I'd found about Sivapremananda Guruji teachings much sooner! Other reason that I have attended this workshop is because I wanted to enhance my creative field. I believe with a clear mind & with the guidance of devi, it is not only possible to enhance abilities but also to become a better person. For all this I sincerely thank Sivapremananda Guruji!

- Sri Vaishnavi,
India

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Om Mulanji

Negative situations can be easily solved by the inner changes & by using the tools given by Sivapremananda Guruji!

I personally never thought Srividya Sadhana workshop will be so wonderful. Now I'm confident that I can overcome any problem in my life. One important thing I understood was I'm creator. I'm creator for my positive thoughts & I'm creator for my negative thoughts also! Negative situations can be easily solved by the inner changes & by using the tools given by Sivapremananda Guruji.

I'm taking Siddha tools, Srividya techniques & Universal laws which will definitely help me to grow on both my spiritual & materialistic life. I'm grateful to Sadguru Sivapremanandaji, Srimata & Guru Thirumoolarji for all the knowledge & blessings.

A very big thank you!

- Sri Suraj,
India

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I realized that I had more unwanted thoughts in my spiritual path & changed these negative belief system after receiving Guruji's teachings!

I thank & my pranams to all the Gurus & Sri Sivapremananda Guruji. It's a great experience I got here. Before I didn't get those experience & it's not able to explain in words. Thanks to the Divine power, Divine Mother Lalithambika & our Thirumoolar Guru Parampara.

I realized that I had more unwanted thoughts in my spiritual path & changed these negative belief system after receiving Guruji's teachings! Thank you Guruji for your love & grace. During deeksha, I felt more energized especially in level-4 deeksha. Bala Tripura Sundari gave more blessings & love to me. No words to

Om Mulanji

express that experience. I sincerely thank to SivapremanandaGuruji who brought light in our lives & showed the truth.

-Sri Senthil,

India

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I didn't had to question anything about the practice, preaching &so on as it kept revealing to me at the right time when it was suppose to!

My heartfelt thanks to Sivapremananda Guruji for giving an oppurtunity to learn these great teachings. I have been at the right place & right Guru! I didn't had to question anything about the practice, preaching &so on as it kept revealing to me at the right time when it was suppose to! I consider this & acknowledge it is the blessings through my elders, gurus, parents where I got this great opportunity to experience this practice.

I bow down to Sivapremananda Guruji& my sincere gratitude for blessing me with the powerful deeksha of Srividya Sadhana.

- Sri Sachindra,

India

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I'm very confident that from these teachings I can improve my both materialistic & spiritual life!

Very thankful to Sivapremananda Guruji for giving these sacred teachings to man kind. His higher knowledge & the way of teaching itself has a power to transform one's life! Guruji's teachings gave me a new understandings & changed my belief system. Now I'm very confident that from these teachings I can improve my both materialistic & spiritual life!

Om Mulanji

Finally I would like to tell that this workshop is very essential for our future guidance, peaceful health & moksha sadhana.

Thank you very much Guruji for your guidance & secret teachings.

**-Sri Rajanna,
India**

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Deeksha session was so blissful & I could feel the energy vibrations flowing in my entire body after the deeksha!

I have heard about this workshop through a friend in Chennai & was eager to attend this workshop & get deeksha from SivapremanandaGuruji. I came with an open mind.

On the 1st day, I experienced a very different experience as soon as the workshop started. I had prayed to the deity & sat down. A lot of sweating & heat was all over my body. The whole day later went off very well. The mantra chant gave me a very peaceful inner feelings. It gave me a lot of concentration also. I have learnt a lot from Guruji's teachings about Self-Realization. I feel I should do all the 7 levels of what I have learnt in a disciplined way. If I do so, all my life's crucial worries/ sorrows will be reduced or completely gone.

The chakra meditation deeksha has helped me to show love and gratitude to mother. Guruji's talks have made to become more spiritual & feel gratitude to Mother Lalithambika. I'm really lucky & very happy to attend this workshop. I hope to follow all what was taught here to the best of my ability. With Mother's &Guruji's blessings, hope to come here again. Now I'll focus more inward, rather than outward.

**-Sri Rajalakshmi,
India**

Om Mulanji

Deeksha session was so blissful & I could feel the energy vibrations flowing in my entire body after the deeksha!

It is a true blessings to attend Srividya Sadhana workshop. Deeksha session was so blissful & I could feel the energy vibrations flowing in my entire body after the deeksha!

I had attended Srividya level-1 last year, & now I got the chance to attend level 2-7 by the blessings of Divine Mother & Sri Sivapremananda Guruji. I'm very much thankful for attaining the Srividya Sadhana. Experiencing peace of mind & I'm very confident to face all the problems of my life easily by practicing Srividya Sadhana. From today I will follow the teachings of Guruji & change the understanding of life style spiritually.

**-Sri Radha,
India**

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I've learnt a lot of new & interesting things about life that before this I've never paid attention to!

I personally never meditated! I've felt very peace & calm by meditating daily during this Srividya Sadhana course, although I cannot meditate & focus for long. It made me feel very good & connected with my soul. I know with consistent meditation I can reach the point at enlightenment & self-realization.

I feel more connected with Divine Mother, now than ever before. I've learnt a lot of new & interesting things about life that before this I've never paid attention to! So all in, I'd like to thank Guruji for helping me realize & showing the truth of my inner self for a better quality of life.

**- Sri Prathib,
Malaysia**

Om Mulanji

Loved the way Guruji taught us the complicated topics in a very simplified manner.

By meeting Guruji & attending workshop, I've found much better way to liberate myself! I can see I will attain moksha/Samadhi very soon. For that I'm always grateful to Sri Sivapremananda Guruji, Sri Thirumoolar Guruji, Divine Mother Lalithambika & all other Siddhas.

May be for me coming to Bangalore & learning this was all divine plans. Loved the way Guruji taught us the complicated topics in a very simplified manner. There are feelings which can't be described in words or shown any way just I can be grateful to you Guruji! My prayer to Divine Mother is to bring all people here, who really want to uplift themselves. Thank you very much Guruji!

**-Sri Parth,
India**

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On Bala Tripura Sundari Deeksha, I felt very happy & I can't express the joy which I felt during that time!

I feel so blessed to attend this workshop as I learnt very secret knowledge from Sivapremananda Guruji. This workshop is needed to all age groups where they can lead their life happily in a right way! I really bow down to my Divine Mother & Sri Sadguru Sivapremanandaji for giving me an opportunity to learn these amazing teachings & techniques which will lead you to Self-Realization.

Deeksha experience was very blissful for all the 4 days. Especially on Bala Tripura Sundari Deeksha, I felt very happy & I can't express the joy which I felt during that time. Now I'm very confident that I can solve any problems of my life by practicing Srividya & surrendering it to Divine Mother. I also felt like somebody came & touched me while receiving deeksha!

Om Mulanji

My sincere gratitude to Divine mother, all Siddhas & Sivapremanandaji Guruji for giving such an immense knowledge of truth.

- Sri Pallavi,

India

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I'm extremely grateful to Divine Mother for coming into my life and showing the right path where I can reach to the truth!

Namaskaram Guruji, I'm extremely grateful to Divine Mother for coming into my life and showing the right path where I can reach to the truth. Extremely blessed to be here! Initiations on the Bala Tripura Sundari was very beautiful every chakra I could feel silence & in the end, I felt a glimpse of small child. It was very beautiful experience. During Panchadasi mantra deeksha, in the end I saw the Rajarajeshwaridevi whom I worship in my city. She was so live & felt her presence. Clarity & removing fear on travel during this period was strong for me and you have helped me to realize that Devi is pouring her Grace & taking care. I take my sankalpam of following all the levels sincerely. Guruji I'm very sincerely seeking as my life burning desire of who am I should be so strong & I should be only concentrated & see devi in everything & every breathe. I want this to be reality that every move I make & do is HER. My sincere gratitude to Guruji!

-Sri Nandini,

USA

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On Bala Tripura Sundari Deeksha, I felt very happy & I can't express the joy which I felt during that time!

I had many queries regarding Srividya Sadhana, which were answered by Guruji before I ask. I felt like Mother Lalithambika was with me while receiving Srividya deekshas! Siddha healing was one of the best type of healing I've learnt so far as I can heal my family anytime & I'm so confident that I can solve any type of

Om Mulanji

problems by using Siddha healing. Siddha healing is a great tool taught by Sadguru Sivapremanandaji which can be used to heal not only health conditions but also negative blockages & astrological doshas too.

One more powerful tool taught by Guruji is “Siddha Mind Power”, which has changed my life & my perspective towards life into a positive way. I feel more bliss & positive after practicing Siddha Mind power techniques. It helps me to be in a blissful & peace state for whole day. I think Siddha mind power plays a very important role to hold the same energy for whole day which we will receive from Srividya Sadhana meditation.

I felt I was complete (poornathva) when I received deeksha from Guruji for Srividya Sadhana. I never experienced these things other than in Srividya Sadhana. To experience this completeness, I need not to go anywhere. I can practice Srividya meditation from anywhere, connect to Divine Mother, receive her blessings & feel complete bliss!

My gratitude to Divine Mother for showing me the right Guru & the path of truth. My heartfelt thanks to Sri Sadguru Sivapremanandaji for giving such an amazing experience in this life.

-Sri Nageshwari,
India

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Everything in one SRIVIDYA SADHANA workshop & all the techniques are very well designed for this age busy house holders!

I'm worshipping Goddess Mata Lalithambika from past 10yrs. I didn't knew much about her. I always wanted to know more about her. I used to ask her about this. Unexpectedly, I was guided by an unknown person about Sivapremananda Self Realization centre. Sivapremananda Guruji has cleared all the queries I had about different forms of diety, mantras, scientific reasons behind rituals, when to use what procedure & mantras. Thanks & gratitude to Divine Mother for showing me the right Guruji.

Om Mulanji

The deeksha experience for me was very vivid for different levels. I could feel the Divine positive energies during the deeksha. The best & powerful deekshas, I had in my life was from Guruji. Guruji has always encouraged all of us to start from mantras, rituals & move towards formless inner/Divine consciousness worship. Guruji has very nicely co-related many of our scriptures with formless Divine consciousness, & how to reach Divine state, through Self-Realization & God-Realization.

I came to know my true purpose of human life from Sivapremananda Guruji! Guruji has also explained very well about how to clear all negative karmas by mantras, Siddha mind programming techniques & become successful in life through Self-awareness & detachment. Overall I learnt the importance of religious practice, scientific purpose & subconscious mind programming. Everything in one SRIVIDYA SADHANA workshop & all these techniques are very well designed for this age busy house holders!

My heartfelt thanks once again & gratitude to Guruji for teaching us Srividya in a Scientific way. All over India, only here in Bangalore SrividyaSadhana is taught in the way required for this generation people.

**-Sri Lavanya,
India**

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I have had so many experiences of Divine Mother guiding me in my daily life after starting Srividya Sadhana!

Deep deep faith in the God within! No matter how tough time gets, always believing in the fact– whatever is happening is for my highest good. Always happy (except some exceptional times – which make me connect better to divine within the net minute). Feel so clear & strong about the goals that I came earth to experience. Hence now I don't like to lose focus from those goals because I don't want to come back! I speak less now– not because I don't like, but since also thoughts have reduced speaking as much required & I'm liking this change by

Om Mulanji

myself. I have had so many experiences of Divine Mother guiding me in my daily life after starting Srividhyasadhana! Your grace has changed my existence not just life. Thank you very much Guruji for blessing my life with the beautiful Divine energy!

-Sri Komal K,
India

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I had no idea behind the teachings of sacred Srividya by Sri Sivapremananda Guruji, but now this is nothing but a blessing to me!

I'm very grateful to Divine for giving an opportunity to attend such a spiritually wakening workshop. I had no idea behind the teachings of sacred Srividya by Sri Sivapremananda Guruji, but now this is nothing but a blessing to me! I felt things & had experiences like never before it is certainly giving me the motivation to go down this path of life.

Guruji's universal laws is definitely helping me. I had a lot of negative thoughts, but now I'm slowly getting aware of them, trying to avoid them & be more positive.

Sivapremanandaji will definitely be having a big impact on my life as he instilled more faith of the DIVINE in me by telling us to surrender, trust & now by believing we can create anything. Now my faith in Divine "Lalithambika" has become a million folds more. Now I have more confidence to face life & with that I certainly know that I'll grow in life. I thank Guruji & all Siddhas for giving this opportunity.

- Sri Komal N,
India

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Lot of clarity regarding the mantras & even our scriptures. Many wrong beliefs were cleared!

Om Mulanji

The very intention of mine to attend Srividya Sadhana workshop was to find a way for my Self-Realization! I felt that I have chosen the right path or rather I can say that, was guided by Mother to find this!

All the teachings were so meaningful & helpful. Without even the need of asking questions, so many questions were answered. Lot of clarity regarding the mantras & even our scriptures. Many wrong beliefs were cleared! All the 7 levels deeksha experience were amazing! Many of the things, I cannot express in words.

Lots of gratitude for Divine Mother & Guruji for everything.

- Sri Kiran,
India

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If you have any problem– you must change your inner world (Sub-conscious mind), then the problem wil automatically solve in your outer world!

Very blessed to attend this SrividyaSadhana workshop & to receive deeksha from Sri Sadguru Sivapremananda Guruji. I can feel my energy level is increased after receiving deeksha from Guruji.

Lot of points learnt :

- Universal Law – How it works?
- Inner world – how to create outer world
- Guru is Thatvam not limited to human body!
- All are Shiv Sakthi-explained &teached very well about it.
- If you have any problem– you must change your inner world (Sub-conscious mind), then the problem wil automatically solve in your outer world– One of the universal law clearly explained by Guruji.

Om Mulanji

Finally I have Guru Parampara “love you, Thank you” Guruji

-Sri Karthikeyan,

India

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The bliss / joy which I experienced during the Srividya meditation is indescribable because it is something we have never experienced before!

I’m very grateful to the Divine Mother for guiding me back to the spiritual path- a path I was introduced 20yrs ago.

The bliss / joy which I experienced during the Srividya meditation is indescribable because it is something we have never experienced before! I’m also blessed & thankful to the Goddess Lalithambika for being with all my family members & leading them all on this spiritual journey.

Thank you SivapremanandaGuruji for all your knowledge & grace!

- Sri Karthik,

India

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Every level I felt more deeper experiences! Especially in level–7, meditation was prolonged presence & silence was for longer time!

Deeksha experiences was very pleasant, blissful, feeling empowered. Every level I felt more deeper experiences! Especially in level–7, meditation was prolonged presence & silence was for longer time.

I had attended lot of ashram, spiritual programs & read books, but the conviction & awareness was less. 5 life lessons & 5 laws explained by Guruji helped me a lot.

Om Mulanji

Looking for more blessings from Sri Sadguru Sivapremananda Guruji & all Siddhas, so that I can apply & learn all the teachings given.

Body level, mind level, soul level over all it was fulfilled with happiness & heartfelt gratitude to Sivapremananda Guruji & Guru parampara!

- Sri Ishwar,
India

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I've a strong belief that Goddess Mother Lalithambika has showed right Guruji to me!

First thing I don't know how I came to level-1 session in 2015. I've a strong belief that Goddess Mother Lalithambika has showed right Guruji to me! Many things learnt on how our cosmic universe, universal laws, birth & death works was an amazing experience to change our wrong belief systems. I also learnt how to overcome any problems in our life by practicing SrividyaSadhana, true meaning of the oneness & Aham Brahmasmi.

Gratitude to Sadguru Sivapremanandaji, Sri Thirumoolarji & Sri Lalithambika can't be explained in words. Most of the questions are answered in Youtube videos too.

My humble pranams to lotus feet of Guruji for everything he is doing for us!

- Sri Kumar,
India

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These teachings are very sacred & very much needed for this 21st century generation!

Firstly heartfelt thanks to Sri Sivapremananda Guruji for giving such a secret & rare knowledge to us. These teachings are very sacred & very much needed for this 21st century generation! And also teachings have been divided in a very profound

Om Mulanji

manner where anyone can easily learn & apply these teachings along with the given tools such as Siddha healing & Siddha mind power.

I attended Srividya level-1 last year & now learnt all 7 levels in these 3days. I'm very proud to say that this is fortunate occasion for me to attend these divine classes&Guruji generated a marvelous atmosphere through his divine teachings which is very worthful. I'm praying to divine mother for the good health of Guruji to benefit the mass.

Thank you Guruji!

**-Sri Gopalakrishnan,
India**

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While starting initiation of Srividya level-7, I felt a lot of energy flow to my Sahasrara!

I'm very thankful to Sri Sivapremananda Guruji for giving this life changing Srividya Sadhana! I want to share my day wise experiences as follows:

On day 1:

- As soon as I came & sat in workshop, I could feel lot of energy in my Agna chakra.
- After initiation, I felt a lot of energy on my ajna.

On day 2:

- Navakkari initiation time , I felt shock hitting my head.

On Day 3:

- While Bala Tripura Sundari initiation, I could hear "Payal" sound & suction in my ajna chakra.

On day 4:

Om Mulanji

- While starting initiation of Srividya level-7, I felt a lot of energy flow to my Sahasrara.
- During initiation time, I saw the eyes forehead, nose of an unknown body, I felt shocked.
- And during Shreem meditation, I could feel the whole Shreem in my body my hands, legs were extremely energetic.
- During universal healing I could literally feel like energy house & a lot of energy emitting from me, my nerves were literally vibrating especially head.

-Sri Mihir,
Dubai

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These teachings have opened my mind to a different dimension of thinking!

During Srividya Sadhana deeksha, I was lost & went into deeper states of meditation & blankness. I was feeling sleepy at some times. Post deeksha, I could feel more flow of energy in my hips & thighs which were weaker areas in my physical body.

There were many teachings & techniques shared by Sri Sadguru Sivapremanandaji during these 4 days of Srividya workshop. These teachings have opened my mind to a different dimension of thinking. I'm thankful to Divine Mother Lalithambika, Lord Thirumoolarji & Sri Sivapremananda Gururji for giving this opportunity to learn the Divine secrets of Srividya Sadhana & helping further to my growth both materially & spiritually.

-Sri Navin,
India

Om Mulanji

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The change in my thinking is how easy Guruji makes the understanding of human mistakes!

I'm grateful for the work Sri Sivapremananda Guruji is doing. I'm feeling blessed to have deeksha & one can easily make out when the deeksha is being given. For every deeksha body feels differently, even in 4th day of Deeksha I felt so blissful.

The change in my thinking is how easy Guruji makes the understanding of human mistakes. It's refreshing to see he is not frightening the seekers with rules. He is very encouraging & gives guidance to do the practice & we will be able to experience the bliss ourselves.

I feel, I will be able to build a close relationship with Divine Mother. She will bring action to my life, guided & led by her. I know my life will be blessed!

-Sri Gitanjali,

India

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My learnings about spirituality has reached wider dimension by attending Sri Sadguru Sivapremanandaji's workshop!

Deeksha was a blissful experience – could feel the energy. All teachings are valuable. Especially everything starts from yourself is the most valuable point. My learnings about Spirituality has reached a wider dimension by attending Sri Sadguru Sivapremanandaji's workshop.

I'm so grateful to Sri Sivapremanandaji for opening up the greatest vidya to attain Self-Realization. May the Divine shower his blessings on you & whatever you associate with.

Thank you Guruji

Om Mulanji

-Sri Preetha,
India

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I felt vibration sensation at Sahasrara during deeksha & I felt lost inside me deeply while receiving deeksha!

I'm very grateful to Guruji for arranging this Srividya Sadhana workshop & giving deeksha of such a Divine path in a very simplified way & with scientific explanation. I'm very grateful to Divine Mother & Sadguru Thirumoolarji for blessing with beautiful healing experience & connecting with my soul & making me understand of searching who I am with unconditional Love! I felt vibration sensation at Sahasrara during deeksha & I felt lost inside me deeply while receiving deeksha. I saw green color at my Ajna chakra when I focus during healing sessions. I'm feeling healed with some digestion issues.

I'm grateful & deeply express my gratitude to Sri Sivapremananda Guruji, Divine Mother & Sadguru Thirumoolarji for selecting me for this sadhana.

-Sri Sujatha,
India

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When I started meditating even for few seconds, I'm connecting to different world where I see peace which i have been missing from few years!

Firstly, I would like to say I'm not a pooja doing person. I was going through lot of troubles, some of my relative took me here where I came with "zero knowledge".

When I started meditating even for few seconds, I'm connecting to different world where I see peace which I have been missing from few years! I'm realizing how our Siddha Gurus reached to that stage. I myself realized so many myths. The confidence from Guruji, the explanation which is so realistic & convincing way. I

Om Mulanji

don't see any difficulty following his path. Guruji taught me the confidence which I was losing & now I can control my life in my own way. I can control my mind!

Especially these days in 21st century, many people going through peace of mind problems. I can only say thank you Guruji for showing me the path to achieve what I wanted.

-Sri Sweta,
India

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With the blessings of Sivapremananda Guruji & Mother Lalithambika, I could practice all the 7 levels of Srividya Sadhana & connect to Divine Mother.

I had great blissful experience during all the levels of Srividya Sadhana. During Initiation of mantra, I could experience some sort of energy in & around me. The knowledge which Sri Sadguru Sivapremanandaji has shared is invaluable. With the blessings of Sivapremananda Guruji & Mother Lalithambika, I could practice all the 7 levels of Srividya Sadhana & connect to Divine Mother.

Thank you Sri Sivapremananda Guruji for the Srividya Sadhana initiation to all of us! Thanks a lot Guruji!

-Sri Chaitanya,
India

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It is only by the grace of divine mother, I'm in this workshop conducted by Sri Sivapremananda Guruji!

I have no words to express my Spiritual experience in this Divine workshop. With regards to gratitude towards Divine Mother, I would like to confess that I realized I'm one of the blessed being on this planet. The experience in the workshop made me realize that I'm also one of the happiest being on the planet. All my life I have

Om Mulanji

been dwelling in depression & negative thoughts. I realized from bottom of my heart that what ever I'm today as to my happy family, health, wealth & all I have around me is from the grace of Divine Mother. It is only by the grace of Divine Mother, I'm in this workshop conducted by Sri Sivapremananda Gurujī!

I bow down to him for his patience, knowledge & dominant will to bring the awareness of Srividya Sadhana to public at large. He is very grounded which made me very comfortable in understanding the course & Life.

-Sri Anuradha,
India

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Now I'm sure that I will communicate with Siddha Thirumoolar Gurujī & I'm happy about it!

My heartfelt gratitude to Sri Sivapremananda Gurujī for guiding us all towards the universal truth!

I received full energy during all 7 levels of Srividya Sadhana which I had never experienced in my life! Till now I never practiced Swadhyaya (Self-Analysis), but now I will practice it to improve myself towards the path of reaching truth.

The techniques to reach Thirumoolar Gurujī by Siddha healing made me very happy. Though he always protected me everywhere, I only felt his presence but was not knowing to communicate with him. Now I'm sure that I will communicate with Siddha Thirumoolar Gurujī & I'm happy about it!

During Bala Tripura Sundari deeksha, Mother communicated to me that there is no use of judging anyone in life because everyone reaches her, even the vehicles & all the non living things reaches her one fine day. So, I have decided to change myself in life to not judge anyone but to love everyone!

I also was lost during meditation & at the same time I saw many incidents (probably my karmas) which happened & finished in my meditation but I don't remember any incidents in my waking state.

Om Mulanji

I sincerely thank Divine Mother, Sadguru Thirumoolarji, Sri Sivapremananda Guruji for blessing me with such an ancient & divine teachings into my life.

-Sri Mridula,

India

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The way Sri Sivapremananda Guruji explains, very much touching, technically, lovingly & with minute details!

I have come across almost all the masters in India & rest of the world. But the way Sri Sivapremananda Guruji explains, very much touching, technically, lovingly & with minute details. Many more techniques are opened. I think Guruji's knowledge & wisdom has to be spread all over the globe.

A big thanks to Sri Sadguru Sivapremanandaji!

-Sri Shivakumar,

India

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Guruji, by your deeksha & teachings I can manifest any of my desires & fulfill in this life only.

My heartfelt namaskaras to Sri Sadguru Sivapremanandaji,

In this deeksha I could feel the stillness, calmness & my desire was not to be born again! Guruji, by your deeksha & teachings I can manifest any of my desires & fulfill in this life only. I feel so gratitude towards Divine Mother, Siddha Guru Thirumoolarji & Sadguru Sivapremanandaji for these 4 days Srividya Sadhana deekshas.

-Sri Padmaja,

India

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Om Mulanji

I'm confident enough that, all these negative situations are going to change henceforth with the help of Srividya Sadhana.

Some of the main tools I learnt from Sri Sadguru Sivapremanandaji which is very helpful to lead my life with great peace & happiness are:

- The protection shield – the most beneficial tool I felt that helped me.
- The “ Siddha healing process”
- The main process – level 1-7 is definitely going to be helpful in my life.

Srividya Sadhana is itself the blessing from Divine Mother & Thirumoolar Guruji as such I feel highest gratitude for the same.

I came to this workshop at such a point of time in my life where I'm in a “do or die” situation. I wasted half of my life due to lethargy, without putting my thoughts into actions. I'm confident enough that, all these negative situations are going to change henceforth with the help of Srividya Sadhana.

**-Sri Pradeep,
India**

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I was so happy to be in the workshop as everyday I was suppose to learn the life lessons which leads to truth!

- I felt energized, my intake of food which I take has dropped a bit I think. I was so happy to be in the workshop as everyday I was suppose to learn the life lessons which leads to truth.
- Guruji's teachings are amazing! I experienced purity in his words. His teachings are at very high level & broad, will be very useful for my future spiritual practices.

Guruji said that I can do Aathma Vichara also along with Srividya Sadhana. I'm so happy for that. Thank you Guruji!

**-Sri Ramakrishna,
India**

Om Mulanji

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During Srividya level 6 & 7 initiation, I saw meru Sriyantra in my Mooladhara chakra!

My heartfelt pranams to Sri Sadguru Sivapremanandaji, thank you very much for your simple yet powerful teachings & blessings & guidance. I feel heart connection with you. I feel blessed to have you as my Guru in my life.

Deeksha experiences:

- While chanting Dus Maha vidya mantras, I saw Divine Mother in my third eye chakra & Lord Shiva in my heart chakra & Paduka of Divine Mother also in heart chakra.
- During Srividya level 4 & 5 initiation, felt Divine Mother blessings. Also saw Lord Shiva, & Maa Durga removing all negativity from my abdomen & lastly saw Siddha Thirumoolar Gururji giving me healing.
- During Srividya Level 6 & 7 initiation, I saw Meru Sriyantra in my Mooladhara chakra, some different yantra in my navel chakra! Also I saw Divine Mother in my 3rd Eye chakra & while chanting "Sohum", I saw Lord Shiva in my heart chakra.

-Sri Vishal,
India

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Siddha Mind Power & Siddha Healing techniques really makes me feel to get connect with Siddha energy!

Deeksha experiences:

- I could feel the flow of energy/vibration/sensation during Srividya deeksha. And I could see divine Mother without visualization in level-1 deeksha.
- Improved my conscious level after starting Srividya Sadhana.

Om Mulanji

- Siddha Mind power & Siddha Healing techniques really makes me feel to get connect with Siddha energy!

I feel gratitude to attend Srividya workshop & learn these techniques to have clear spiritual path. Easy solutions to all life problems. I'm very thankful to Sivapremananda Guruji for giving such a simplified life changing techniques.

**-Sri Anuraj,
India**

ॐ ह्रीं ॐ

I took deeksha from the eyes of Divine Mother Idol & Thirumoolar Guruji during initiation of Srividya!

My sincere gratitude towards Sivapremananda Guruji, Divine Mother & Siddha Thirumoolarji for being in my life & guiding me towards the path of Self-Realization!

I took deeksha from the eyes of Divine Mother Idol & Thirumoolar Guruji during initiation of Srividya Sadhana. In last 2 days, I had a very great healing & I felt so real when I just looked into Thirumoolar Guruji's eyes in the picture.

Taking a distance deeksha & attending the workshop has a lot more difference in where I was missing & I'm glad that I completed them now!

**-Sri Isara,
USA**

ॐ ह्रीं ॐ

Om Mulanji

Sadguru Sri Sivapremanandaji



After experiencing higher states of Samadhi, Sivapremanandaji willing to share Sri Vidya teachings for the benefit of those who aspire for Self-Realization but don't know where to begin, or their worldly responsibilities are too great to allow them the time to pursue in-depth studies or attend lengthy retreats.

Now Sivapremanandaji helping sincere spiritual seekers through Thirumoolar Siva Yoga and Srividya Sadhana Online. His Professional Education is as follows,

- M.S. in Biochemical Science from Germany.
- PhD in Biomedicine from Spain.
- Post-Doctorate in Cancer Biology in from USA.

Om Mulanji

Srividya Sadhana

If you are interested in **Srividya workshop/shivir** conducted by guruji then please visit following link: <http://srividhyasadhana.com/srividya-workshop/>

If you are interested to **buy Sri Yantra Meru** then please visit the link: <http://srividhyasadhana.com/sriyantra/>

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